



The Parish of the Holy Family



Holy Ghost Church, Exmouth EX8 2JH
St Peter, Prince of Apostles, Budleigh Salterton EX9 6RZ

www.holyghostexmouth.org.uk
exmouth@prcdtr.org.uk

Registered Charity 213227

The Parish Office	The Presbytery, 11 Raddenstile Lane, Exmouth EX8 2JH	
The Parish Priest	Fr. Philip Austen	01395 263384
The Parish Office Manager	Jane Cheyne	01395 263384 fax 263594
The Deacon	Rev. Terry Enright	07977 446479
St Joseph's School		01395 264875
Chaplaincy Team Exeter Hospitals	Exeter	01392 642389

WEEK 17 Ordinary Time A2 P1		
Friday 24 July	2.00 pm	Charles & Dinah McNamee RIP (F)
Saturday 25 July	5.00 pm	Parish
Sunday 26 July	10.00 am	Harry & Millie Morrell
Tuesday 28 July at St. Peter, Prince of Apostles	11.00 am	Sr Consuelo RIP
Wednesday 29 July <i>SS Martha, Mary and Lazarus</i>	11.00 am	David
Friday 31 July <i>St Ignatius of Loyola Pr</i>	2.00 pm	James Margaret Kilcoin RIP
Saturday 1 Aug	5.00 pm	Mick Leavy RIP

WEEK 18 Ordinary Time A2 P2		
Sunday 2 Aug	10.00 am	Parish
Tuesday 4 Aug at St. Peter, Prince of Apostles <i>St John Mary Vianney Pr</i>	11.00 am	Em & Ron Elcock RIP (F)
Wednesday 5 Aug	11.00 am	Sr Elise Pradelles RIP
Thursday 6 Aug <i>The Transfiguration of the Lord</i>	11.00 am	Sr Paulette Boisseal RIP
Friday 7 Aug	2.00 pm	Sr Maria Antonia Jerero RIP
Saturday 8 Aug	5.00 pm	Guild of St Lawrence

WEEK 19 Ordinary Time A2 P3		
Sunday 9 Aug	10.00 am	Parish
Tuesday 11 Aug at St. Peter, Prince of Apostles <i>St Clare</i>	11.00 am	Guild of St Clare
Wednesday 12 Aug	11.00 am	Kazimierz Kazimierowicz RIP
Friday 14 Aug	2.00 pm	Edward Robert Gudgeon RIP (F)
Saturday 15 Aug	5.00 pm	Parents & deceased relatives of Margaret Gerry RIP (F)

WEEK 20 Ordinary Time A2 P4		
Sunday 16 Aug <i>The Assumption of the Blessed Virgin Mary</i>	10.00 am	Parish
Tuesday 18 Aug at St. Peter, Prince of Apostles	11.00 am	James Stephen Joseph Perry RIP (F)
Wednesday 19 Aug	11.00 am	John Branston Rodwell & Louisa Mary Josephine Rodwell RIP (F)
Friday 21 Aug <i>St Pius X Pp</i>	2.00 pm	Alex Morrell
Sat 22 Aug	5.00 pm	Lindsey Best



WELCOME TO OUR PARISH



“The Spirit of the Lord is upon me, because he has anointed me to proclaim good news to the poor.” Luke 4:18

A very warm welcome if you are visiting Exmouth and welcome back if we have not seen you for some time. Do pop into the hall after mass on Sunday for a complimentary cup of coffee. Fr. Philip

Please pray for parishioners, family & friends, especially those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times. Please let me know if you are aware of anyone that would like to receive Holy Communion at home

The Sacrament of Reconciliation (Confession) is available by making an appointment with me, via the Parish Office.

Sacramental Preparation in our Parish – Baptism, First Communion & Confirmation. Please speak to Fr. Philip if you and your child is ready to take the next step of their Sacramental journey. My thanks to those catechists who give their time & support to our young people.

Anyone wishing to receive the Blessed Sacrament at home, due to illness, should in the first instance please contact the Parish Office. Thank you.

COME AND MEET OUR GOSPEL SHARING GROUP... *‘You are invited to join us at Gospel Sharing in which we read through the readings for the following Sunday Masses and then share our thoughts on what “these readings say to us”. The discussions that follow are friendly and informal and very helpful to our understanding of the scriptures. We meet in St. Anne’s Cloister on **TUESDAY AFTERNOONS at 2.00pm** for about an hour.*



Coffee is being served! Do join us after mass on Sundays and at St. Peter, Prince of Apostles on the first Tuesday of the month. We are working hard towards being a coin-free parish so on the occasions where refreshments are paid for, a pre-paid loyalty card (costing £10.00.) will provide for coffee-tea-biscuits for 6 occasions. Thank you to our hospitality team for welcoming you each week

The Opening Prayer reminds us that God protects those who hope in him and that, **without God, nothing has firm foundation, nothing is holy.** We hear in the First Reading (1 Kings 3:5,7-12) how King Solomon asked God for the wisdom to discern between good and evil. He valued the gift of wisdom, above fame and fortune. Wisdom – *the holy foundation* – is based on the keeping of God's law and that was the '**firm foundation**' on which he wished to construct his reign. This same desire is clearly recited in the Responsorial Psalm (Psalm 118(119):57,72,76-77,127-130) that he would have prayed: **"Lord, how I love your law!"** The 'Law' here is not the same as The Law of Moses (the Ten Commandments) but '*a much wider concept embracing all Divine revelation as the guide for life*'. Each verse of the psalm contains an element of God's divine wisdom - e.g. your *word* (v.57), *decree, precept* (v.128), *statute, commandment* (v.127), *promise, judgement* and *way*. This psalm has been called a '*dialogue of friendship*'. It shows us the needs of man and the generosity of God.

The law from your mouth means more to me than silver and gold.....

The unfolding of your word gives light and teaches the simple.

Lord, how I love your law!



The sentiment in verse 127, '*The law from your mouth means more to me than silver and gold.....*' is developed by Jesus in his two parables about finding treasure and selling everything else to acquire it. (Matthew 13:44-52)

The '*law that comes from the mouth of God*' is '*wisdom*'.

The *Treasure* (the Kingdom of Heaven) can be seen as the teaching of Jesus, the Word of God. In a similar way, the Pearl of Great Price can be seen as Jesus himself whom we are called to seek: "*seek, and ye shall find; knock, and it shall be opened unto you.*" (Matthew 7:7)

When we do find Christ, we need search for no other. As St Peter exclaimed, **"Lord, to whom shall we go? You have the message of Eternal Life."** (John 6: 68)

Believe there is a great power silently working all things for good, behave yourself and never mind the rest.



- Beatrix Potter



Jesus, 'The Pearl of Great Price'

I take delight in your promise, like one who finds a treasure.

Ps.118 (119) v.162

Bread of Life art print by Hermel Alejandre



What's on in the parish?



The Knit & Natter group invite you to join them on 3rd August and 7th September. All very welcome to come and see, and have a cuppa & cake as well! The group are currently knitting **baby clothes** to support the **Plymouth Catholic Children's Society**.

Even if you can't come to the group but would like to make a baby garment,

please contact the office. They have made a very impressive start!!

Please come and help our little cleaning team for an hour. They meet after the 11.00 mass and the next dates are 5th August and 2nd September.

The Holy Family Ladies Group meet on the 1st & 3rd Thursday of each month in the parish hall between 2.00 pm and 4.00 pm. Why not drop in and have tea with them. All welcome.

The Men's lunch group meet monthly in a local pub together and chat, have lunch in an informal setting. If you would like to join them please contact the office for more details



Please contact your MP to oppose assisted suicide

The Terminally Ill Adults (End of Life) Bill is back in the House of Commons and seeks to legalise assisted suicide. It will have its Second Reading and vote on Friday, 11 September 2026. Please write to your MP to make your voice heard and oppose the Bill.

"This bill is wrong in principle," says Archbishop Richard Moth, President of the Bishops' Conference, "It is also deeply flawed and, if passed, could lead to vulnerable people feeling pressured into ending their lives. The Bill has a serious lack of protection for health and social care staff and risks putting many wonderful hospices and care homes in the position of no longer being able to operate. I urge you to write to your Members of Parliament to petition them to vote against the Bill at Second Reading."

You can support the Archbishop's call and contact your MP now as a matter of urgency. Even if you have already done so in the past, please speak up and voice your opposition. The charity Right to Life UK has a simple online mechanism to do this. It takes little more than a few minutes to enter your postcode, make sure the suggested text suits your viewpoint and submit your message to ask your MP to stop this flawed Bill progressing through parliament.

*For more information and resources, visit: cbcew.org.uk/opposing-assisted-suicide
righttolife.org.uk/Sept11vote Or contact your MP via the Right to Life UK website.*

ARE YOU GOING INTO HOSPITAL? The Hospital Chaplaincy telephone number: 01392 402024. A message can always be left there. The Blessed Sacrament Presbytery number can also be used: 01392 274724. It is now more difficult for members of the clergy to request information regarding your stay in hospital, including which Ward you are in. This is now regarded as confidential information and will not readily be supplied to any caller without the specific permission of the patient. If you are admitted to hospital and would like a member of The Chaplaincy Team to visit you –



DO Please inform the Chaplaincy Department which ward you expect to be on and when you will be there, if you know in advance that you are going into hospital. Specifically inform a member of the ward staff that you would like to be visited by a chaplain ensuring that you state which denomination you belong to. Inform your relatives about your wishes concerning visits from a chaplain if you are taken into hospital unexpectedly. Your relatives can then notify the Chaplaincy Department

DON'T.... Just presume that the chaplains will hear about your stay in hospital – they probably won't. DON'T expect ward staff automatically to let the chaplains know you are in hospital.

ACT..... If you wish to be visited by a member of The Chaplaincy Team during your stay in hospital, the Hospital Chaplaincy telephone number: 01392 402024. A message can always be left there. The Blessed Sacrament Presbytery number can also be used: 01392 274724.

Marriage support - Does your relationship need some TLC? Need help with deeper issues?
Next programme starts 17th October www.retrouvaille.org.uk Tel: +44 7887 296 983

An invitation to survivors We have two survivor groups in the diocese that have now been running for over a year, which provide an opportunity for anyone with lived experience of abuse to share their thoughts and ideas about survivor support work in our diocese. We are grateful to all those who so generously give of their time to attend these meetings. The diocese would welcome the opportunity to hear from others who have a lived experience of abuse, so that we can involve them in the work we are doing to support survivors. If you would like to help us with this work, or you would like to find out more, please contact: Sophie Scagell (Survivor Support Caseworker) on 01364 645436 / sophie.scagell@prcdtr.org.uk

Following the most recent instructions from the Diocesan Safeguarding Team and in line with the CSSA 'Creating a Safer Environment', entry to the Sacristy from the Church must be recorded. In our situation, only liturgical ministers and servers have the right of access and regrettably, passage to the Presbytery via the Sacristy is no longer available to anyone else, when there are servers present.

Here is the link to our diocesan newsletter for July/August

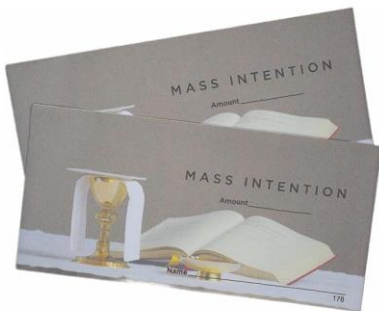
<https://email.workwithgusto.co.uk/t/t-47E6F88D98A22DCD2540EF23F30FEDED>

Health & Safety Notice When you are in church, or on parish premises, please make sure that you are aware of the exits. In the unlikely event of having to vacate the church unexpectedly, during a service, please follow the instructions of the priest and our stewards. They will direct you to the nearest exit. Please vacate promptly. Thank you for helping us keep you safe

As a Parish, the safety of our children is paramount. Please accompany your children at all times. Sad though it may seem to have to point out, there could be dangers when children are left unsupervised in the parish grounds. Sad though it seems to have to draw attention to this, there is not only the risk of a traffic accident if a youngster were to run into the road but we must also be aware that there are individuals who do not have the wellbeing of children as a priority.

Thank you for your support of our parish through your monthly donations. If you give regularly by bankers order, please can you consider increasing your donation - at the moment our income from monthly donations does not cover our outgoings and just a small increase from everyone would make a huge difference to meeting our costs. If you are a taxpayer, please speak to Wendy Davis who will be happy to explain how your donation can be boosted, at absolutely no extra cost to yourselves. If you would like a copy of the end of year accounts please contact the parish office. Thank you for your support.

The Diocesan June Newsletter is out now: <https://email.workwithgusto.co.uk/t/t-5EF9A62E5613824F2540EF23F30FEDED>



Mass Intention Envelopes now available in the Cloister. Please complete the details on the reverse of the envelope and drop into the office with plenty of notice of your preferred date.

It is customary to include a donation for the support of the priest.

Thank you



Open Gardens
for Hospiscare

1st August
10am - 4pm

Aldborough Court Gardens

Three main ponds, seven linking ponds, two bridges, and a small orchard create a distinctive, water-led garden landscape

WHERE: 21 Douglas Avenue, Exmouth, EX8 2HA

ADMISSION: £2 admission, no children under 10
Wheelchair access on the tarmac paths

Refreshments available
Dogs on leads please

CONTACT: 07711 506806

For full details please visit www.hospiscare.co.uk/gardens

Because every day matters
www.hospiscare.co.uk
Registered charity no. 297798

 **Hospiscare**
Your local hospice

Our third National Eucharistic Congress will take place in **London** on Sat 10th Oct. Mass at St George's cathedral and procession across the Thames to Westminster Cathedral, followed by a vigil of adoration until 6am. **If you would like to be one of our 50 diocesan delegates, please contact Fr Chris at Poole : (01202) 746539**

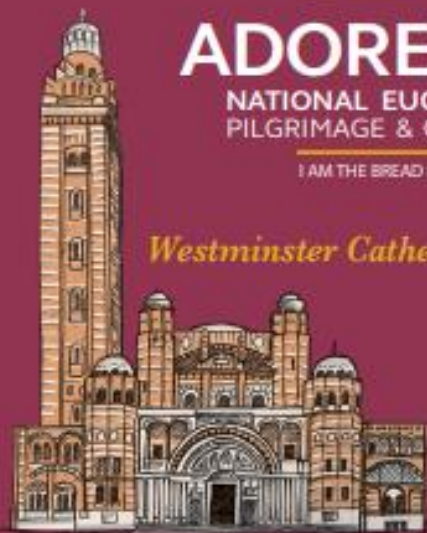
There is a day-return coach for the Congress in London 10th October. It will leave Plymouth at 5am and pick up at Exeter Services - and possibly Taunton or Wincanton. **Please contact Fr Chris at Poole : (01202) 746539**



ADOREMUS

NATIONAL EUCHARISTIC
PILGRIMAGE & CONGRESS

I AM THE BREAD OF LIFE



Westminster Cathedral

St George's Cathedral



The 2026 National Eucharistic Congress

ADOREMUS

Saturday, 10 October 2026

Adoremus is the Bishops' invitation to renew our devotion to the Eucharistic Lord and has two aspects:

- A representative gathering of the Church in London with Bishops, priests, and people
- All parishes are encouraged to unite local events with the national gathering from which footage will be available to enable remote participation

For delegates from the Dioceses of England and Wales

St George's Cathedral Southwark

10.30 Presentations on Eucharistic Art and Life for those able to arrive early, with refreshments available and some information stands around the campus

12 noon The Adoremus Mass, Archbishop John Wilson
Followed by keynote address: Cardinal Timothy Radcliffe
OP 'The Eucharist: Our sacrament of hope in dark times'
Time for packed, picnic lunches

15.00 Eucharistic Procession to **Westminster Cathedral of the Most Precious Blood**, with the representative group of the Church

17.00 Solemn Benediction led by Bishop James Curry

For all there will be space to watch the start of the Procession at St George's, to follow on line, to watch the Procession as it passes (Stop and Pray) and to join the delegates for Benediction either in the Cathedral or the grounds of the Cathedral for which a live sound stream will be provided.

There will then be Mass at 18.00 open to all, followed by Holy Hours at 19.30, 20.30, and 21.30 led by the Youth Ministry teams of Westminster, Southwark and CYMFed.

These will be followed by an all-night Vigil from 12 midnight to 06.00.

All of these times can be booked at
www.westminstercathedral.org.uk/adoremus/
to secure places.

Further information will be posted at
www.cbcew.org.uk/adoremus-2026/

Program subject to change.

Catholic Children's Society (Plymouth)



We are a small Diocesan charity helping families of all faiths and none living in Devon, Cornwall and parts of Dorset. We do this through our ESSENTIAL GRANTS PROGRAMME, our RAINBOWS Bereavement & Loss service and our GOOD SHEPHERD programme.

WHO WE'VE HELPED SO FAR IN 2026

126 families have received an Essential grant in the first six months, compared to 90 families this time last year, from:

many parts of Plymouth and Devon including Exeter, Holsworthy, Okehampton and Totnes. However, we are now receiving more applications from Cornwall – in particular from Bodmin, Bude, Callington, Camborne, East Taphouse, Falmouth, Launceston, Liskeard, Penryn, Penzance, Saltash, St Austell and Wadebridge. We are also receiving more applications from Dorset including Bridport, Dorchester, Poole and Poundbury.

WHAT IS OUR ESSENTIAL GRANTS PROGRAMME?

This programme aims to relieve the urgent material needs of children, young people and families by providing essential household items and clothing, such as cookers, washing machines, beds and school uniforms.

This support is offered, as many families can not afford to purchase these items themselves. This can be due to a variety of reasons, such as unemployment, ill health, fleeing domestic abuse or trying to set up a new home with nothing.

CRIB APPEAL UPDATE

Thank you to every parish who supported our Crib Appeal. So far, we have received £8,300.53 from 47 parishes.

Our 2026 Annual Appeal theme is 'GRATEFUL HEARTS – SERVING OTHERS'. Look out for appeal envelopes over the August bank holiday weekend – Sat 29 and Sun 30 August.

COULD YOU JOIN OUR BOARD ?

We are looking for 2 or 3 trustees with an interest in CCSP, as following retirement, we now only have 7. Our trustees have a wealth of experience but would love some new people to join them, especially if you have some HR experience. We meet quarterly on Mondays at St Boniface House in Ashburton, although these could be attended via video link and if you would like to come along to our next meeting in July or October, please email ccs@ccsplymouth.org.uk or call 01364 645420.



TO DONATE TODAY, please scan this QR code using your mobile phone to be taken directly to our Give a Little Campaign page - [THANK YOU !](#)

RECENT FEEDBACK

We recently helped a mother and her two sons who had fled domestic abuse and were starting over from scratch. We received this feedback

"I want to thank you so much for organising the funds to buy our lovely fridge freezer. We received the delivery and installation by two lovely gentlemen from HBH Woolacotts. What a difference this has made to myself and my two boys! We now have fresh food, fruits and vegetables and no more food waste 🥬 It is a perfect fit for our kitchen and just enough for our needs. I am overwhelmed with gratitude for your kindness and generosity. May God richly reward you 🙏🙏"

Catholic Children's Society (Plymouth)
St Boniface House, Ashburton, Devon, TQ13 7JL
01364 645420 www.ccsplymouth.org.uk

MARRIAGE IN A RUT? Or need help with deeper issues? Retrouvaille has helped thousands of couples find hope and healing in their marriage. Next dates: 2nd - 4th Oct. www.retrouvaille.org.uk/info Tel: 0788 7296983

CAFOD-DEC Venezuela Earthquake Appeal

You can help our neighbours affected by the 24 June earthquakes in Venezuela with emergency shelter, water and food. CAFOD is already working with local Church partners to support people who have lost their homes, but we need your support to help more survivors.



Your donation will provide essential supplies and help families rebuild their lives.

Donate to the CAFOD-DEC Venezuela Earthquake Appeal today: cafod.org.uk/Venezuela or call 0300 999 0030 or scan the QR code.

Prayer of Intercession for our neighbours in Venezuela

***We pray for people affected by the earthquake in Venezuela and for CAFOD's church partners who are helping provide emergency shelter, food and water.
Lord hear us.***

CAFOD-DEC Petición de Ayuda para Venezuela Tú puedes ayudarnos a ayudar a tus hermanos venezolanos afectados por el doble terremoto del pasado 24 de junio, ofreciéndoles refugio, agua y comida.

CAFOD está trabajando en alianza con organizaciones católicas dentro de Venezuela apoyando a quienes lo perdieron todo, pero para lograrlo, te necesitamos a ti. Con tu ayuda Podemos ayudar a más sobrevivientes que quedaron sin un techo.

Con tu donación podemos hacer llegar los suministros esenciales y ayudar a más familias a rehacer sus vidas.



The Holy Land, whilst it has the roots of Christianity steeped deep in the region, the modern reality tells a story of misery and hardship for the Christians who live there.

- The Christian population in Bethlehem, the birthplace of Christ, continues to fall.
- There is a healthcare crisis with Christian hospitals and clinics reporting shortages of medicine, clean water, and electricity, in Gaza and the West Bank.
- 48% of Christian youth in the Holy Land are considering emigration, citing fear, discrimination, and lack of opportunity and future in the Holy Land.

Please pray for our brothers and sisters in Christ in The Holy Land.

Also, your generosity will give urgent assistance to Christian families in Jerusalem, the West Bank, northern Israel, and Jordan. A gift today will provide immediate relief as well as offer support to long-term projects so that Christian families may continue to remain in the homeland.

Aid to the Church in Need (ACN) has an emergency appeal for Christians in The Holy Land.

acnuk.org/holy-land-appeal

And if you want to support ACN and take action as a volunteer, in support of suffering Christians, contact Steve Riedlinger, Community Fundraiser for ACN at steve.riedlinger@acnuk.org or 07939362479.



It saddens me to have to ask but, like everything else, the cost of votive candles has risen quite considerably. May I now suggest that a reasonable donation would be 2 for £1. As a reminder, it is enormously helpful to me if you do not put coins in the box.

PLEASE USE A CREDIT SYSTEM

A £5 NOTE BUYS 10 VOTIVES

£10 COVERS THE COST OF 20

Thank you

Fr Philip



DIOCESE OF PLYMOUTH, Youth Events

For further information contact Saskia: youth@prcdtr.org.uk

Dates for your diary



Further information and booking forms about the events listed in the diary, will feature in E-Newsletters nearer the time. If you require information before then please contact Saskia.

Dates for our young people

Summer Camp -27-31 July 2026

Online Youth Volunteers Training- 23 September

Chocolate Making Day for 9-16 year olds- 3 October

Youth Volunteers Training Day Event- 24 October

Online Safeguarding Training- 28 October

Chocolate Making Day for 9-16 year olds- 7 November

Online Youth Volunteers Training- 18 November

Young Adult Retreat, Buckfast Abbey- 20-22 November

Teens Residential- 22-24 January 2027

If you know someone that would like to be added to the mailing list email Saskia at youth@prcdtr.org.uk.

youth@prcdtr.org.uk.