



The Parish of the Holy Family



Holy Ghost Church, Exmouth EX8 2JH
St Peter, Prince of Apostles, Budleigh Salterton EX9 6RZ

www.holyghostexmouth.org.uk
exmouth@prcdtr.org.uk

Registered Charity 213227

The Parish Office	The Presbytery, 11 Raddenstile Lane, Exmouth EX8 2JH	
The Parish Priest	Fr. Philip Austen	01395 263384
The Parish Office Manager	Jane Cheyne	01395 263384 fax 263594
The Deacon	Rev. Terry Enright	07977 446479
St Joseph's School		01395 264875
Chaplaincy Team Exeter Hospitals	Exeter	01392 642389

The Sacred Triduum & Easter Octave		
Friday 3 April GOOD FRIDAY CELEBRATION OF THE LORD'S PASSION	3.00 pm	
Saturday 4 April THE EASTER VIGIL	8.00 pm	Private intention
Sunday 5 April EASTER SUNDAY	10.00 am	Parish
Tuesday 7 April at St. Peter, Prince of Apostles <i>Easter Tuesday</i>	11.00 am	Matthew Upham RIP
Wednesday 8 April <i>Easter Wednesday</i>	11.00 am	Victor RIP
Friday 10 April <i>Easter Friday</i>	2.00 pm	Sr. Kathleen O'Donnell 60 years religious life
Saturday 11 April <i>Easter Saturday</i>	5.00 pm	Parish

WEEK 2 Easter A PS2		
Sunday 12 April	10.00 am	Fr. A.T. Parsons RIP (F)
Tuesday 14 April at St. Peter, Prince of Apostles	11.00 am	Sr. Shirley Dobbins RIP
Wednesday 15 April	11.00 am	Sr. Margaret O'Riordan 60 years religious life
Friday 17 April	2.00 pm	
Saturday 18 April	5.00 pm	Parish

WEEK 3 OF EASTER A PS2		
Sunday 19 April	10.00 am	Sr Clare Hookway 60 years - Diamond Jubilee
Tuesday 21 April at St. Peter, Prince of Apostles	11.00 am	
Wednesday 22 April	NO MASS	
Friday 24 April	NO MASS	
Saturday 25 April	5.00 pm	

WEEK 4 OF EASTER A PS4		
Sunday 26 April <i>World Day of Prayer for Vocations</i>	10.00 am	Parish
Tuesday 28 April at St. Peter, Prince of Apostles	NO MASS	
Wednesday 29 April	NO MASS	
Friday 1 May	2.00 pm	Archibald Dominic & Eliza Smith Sligo RIP (F)

WELCOME TO OUR PARISH



“The Spirit of the Lord is upon me, because he has anointed me to proclaim good news to the poor.” Luke 4:18

A very warm welcome if you are visiting Exmouth and welcome back if we have not seen you for some time. Do pop into the hall after mass on Sunday for a complimentary cup of coffee. Fr. Philip

Please pray for parishioners, family & friends, especially those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times. Please let me know if you are aware of anyone that would like to receive Holy Communion at home

The Sacrament of Reconciliation (Confession) is available by making an appointment with me, via the Parish Office.

Sacramental Preparation in our Parish – Baptism, First Communion & Confirmation. Please speak to Fr. Philip if you and your child is ready to take the next step of their Sacramental journey. My thanks to those catechists who give their time & support to our young people.

Anyone wishing to receive the Blessed Sacrament at home, due to illness, should in the first instance please contact the Parish Office. Thank you.

COME AND MEET OUR GOSPEL SHARING GROUP... *‘You are invited to join us at Gospel Sharing in which we read through the readings for the following Sunday Masses and then share our thoughts on what “these readings say to us”. The discussions that follow are friendly and informal and very helpful to our understanding of the scriptures. We meet in St. Anne’s Cloister on **TUESDAY AFTERNOONS at 2.00pm** for about an hour.*

Diocesan Newsletter

<https://email.workwithgusto.co.uk/t/t-EE999F4145FB3F0F2540EF23F30FEDED>

The Blessing of Easter Breakfasts is a tradition we have marked for many years at Holy Ghost. **Święconka** meaning "the blessing of the Easter baskets", is one of the most enduring and beloved Polish traditions on Holy Saturday during Easter.

The tradition of food blessing at Easter, which has early-medieval roots in Christian society is said to date from the 7th century in its basic form, the more modern form containing bread and eggs (symbols of resurrection and Christ) are said to date from the 12th century.

Baskets containing a selection of Easter foods are brought to church to be blessed on Holy Saturday. The basket is traditionally lined with a white linen or lace napkin and decorated with sprigs of boxwood the typical Easter evergreen. Families take special pride in preparing a decorative and tasteful basket with crisp linens, occasionally embroidered for the occasion, and boxwood and ribbon woven through the handle. **All welcome at 11.00 am on Holy Saturday 4th April**

Are you planning a Baptism this year? Please contact the Parish Office for ‘what to do next’. I am particularly grateful to Jacqui Doak for her help in preparing parents to bring their child for Baptism.

Thank you to the Knit & Natter Group and the Craft Club members for their donation to the Food Bank. They regularly raise money from their cake sales at the meetings. You are all welcome to join them – and eat cake for a great cause!



Congratulations to Sr. Clare who is celebrating 60 years of religious life. We thank her for her many years of witness and keep her in our prayers.

Sr. Clare would like to invite you all to join her after mass on Sunday 19th April for a slice of her celebration cake and a glass of bubbly.

Thank you to our wonderful Cleaning Team – if you would like to help them once a month the next date is on Maundy Thursday morning at 11.00 am. Please come and help if you can spare an hour.

Marriage support - Does your relationship need some TLC? Need help with deeper issues? Next programme starts 17th October www.retrouville.org.uk Tel: +44 7887 296 983

Dates for the Craft Club is March 7th. 10.00am start - - coffee and cake available. All most welcome



The Knit & Natter group invite you to join them on 6th April and 4th May. All very welcome to come and see, and have a cuppa & cake as well! The group are currently knitting **baby clothes** to support the **Plymouth Catholic Children's Society**. Even if you can't come to the group but would like to make a baby garment, please contact the office.

The Holy Family Ladies Group meet on the 1st & 3rd Thursday of each month in the parish hall between 2.00 pm and 4.00 pm. Why not drop in and have tea with them. All welcome. The next dates are: 9th April - 'The Pelican', The Christian message -with Richard Strannack, 23rd April - Cream Tea (details to follow)



Coffee is being served! Do join us after mass on Sundays and at St. Peter, Prince of Apostles on the first Tuesday of the month. We are working hard towards being a coin-free parish so on the occasions where refreshments are paid for, a pre-paid loyalty card (costing £10.00.) will provide for coffee-tea-biscuits for 6 occasions.

Thank you to our hospitality team for welcoming you each week.

An invitation to survivors_We have two survivor groups in the diocese that have now been running for over a year, which provide an opportunity for anyone with lived experience of abuse to share their thoughts and ideas about survivor support work in our diocese. We are grateful to all those who so generously give of their time to attend these meetings. The diocese would welcome the opportunity to hear from others who have a lived experience of abuse, so that we can involve them in the work we are doing to support survivors. If you would like to help us with this work, or you would like to find out more, please contact: Sophie Scagell (Survivor Support Caseworker) on 01364 645436 / sophie.scagell@prcdtr.org.uk

Following the most recent instructions from the Diocesan Safeguarding Team and in line with the CSSA 'Creating a Safer Environment', entry to the Sacristy from the Church must be recorded. In our situation, only liturgical ministers and servers have the right of access and regrettably, passage to the Presbytery via the Sacristy is no longer available to anyone else, when there are servers present.

Catholic Children's Society (Plymouth)

RISE TO OUR CAUSE on Ascension Thursday, 14 May 2026
at the Assumption of Our Lady in Torquay

Please join us for mass at 12noon followed by a two course lunch in the church hall. Our Guest Speakers this year will be John and Myfanwy Quine who live in the Peak District. Over the last two decades, they have witnessed incredible movements of God in their lives and in the lives of many others. They are eager to share how God has responded to their prayers, revealing some truly amazing miracles.

Tickets cost **£15** and can be ordered by emailing vicki.dunstone@ccsplymouth.org.uk, by calling the office on 01364 645420 or by visiting the **parish office at the Assumption of Our Lady.**

LOOKING FOR REGULAR DONORS

A number of our supporters kindly donate a regular amount of money each month by standing order, which we are really grateful for. Setting up a regular donation makes a considerable difference and enables us to help vulnerable families within the Diocese.

If you would like to join them by setting up a standing order with your bank, our bank details are –

NAME: CATHOLIC CHILDREN'S SOCIETY (PLYMOUTH)
S/C: 56-00-49 A/C NO: 00585548

2026 DIARY DATES –

- Great Big Diocesan Quiz – **Friday, 8 May**
- 'Rise to Our Cause' Ascension Day fundraiser – **Thursday, 14 May** at The Assumption of Our Lady in Torquay
- Annual Mass – **Thursday, 4 June** at St Mary's in Axminster
- 2026 Annual Appeal – **Saturday 29 & Sunday 30 August**

SPRING 2026



Catholic Children's Society (Plymouth)

St Boniface House, Ashburton, Devon, TQ13 7JL

01364 645420 www.ccsplymouth.org.uk

ccs@ccsplymouth.org.uk

Registered Charity No [282803](#). Registered in England No 1546053

ANNUAL MASS – Thursday,
4 June 2026

Everyone is welcome to come !

1.30pm at St Mary's in Axminster

To express an interest, please email ccs@ccsplymouth.org.uk or call the office on **01364 645420.**

Do you know how much difference a small legacy of £250 could make ?

It could pay for a washing machine or a cooker. **£2,500** could support applications to our Essential Grants programme for a month.

Think what a difference a legacy of **£25,000 could make !**

Thank you to everyone who supported our **Christmas Crib Appeal** which has raised **£3,730.47** from 23 parishes so far. You can still donate using your phone – just scan this QR code, to take you to our 'Give a Little' campaign.



HAVE YOU LIKED OUR FACEBOOK PAGE ?

If you are a Facebook user, please give our page a like as this is where you can read all the latest updates and news from CCSP.

STEPPING INTO STILLNESS



'Be still and know that I am
God'

*An Introduction to Contemplative
Praying and Living and to
the Jesus Prayer*

**Contemplative Retreat
St. Rita's Centre, Honiton.
20th – 24th April 2026**

Contact for further details and booking form:
paddyrylands@gmail.com

An Introduction to the *Gries Path of Prayer* as well as an opportunity for a short retreat for those familiar with this way of prayer. For further details: Contact the retreat co-ordinator Paddy Rylands paddyrylands@gmail.com

**Contemplative Retreats at
St. Rita's Centre August
18th – 27th 2026**

8 Day Contemplative Retreat for those familiar with this way of praying as well as introducing the Gries Path to those for whom it is new. The team will include the current director of Haus Gries, Fr Lutz Mueller SJ as well as Margaret Castro and Paddy Rylands. For further details: Contact the retreat co-ordinator Paddy Rylands paddyrylands@gmail.com

ONLINE CONTEMPLATIVE

RETREAT – STEPPING INTO STILLNESS September 22nd 2026

7 Session On-line (zoom) Introduction to the Gries Path of Prayer. Those for whom getting away from home is difficult find this to be a helpful introduction to stepping into a prayer of stillness with God. For further details: Contact the retreat co-ordinator Paddy Rylands paddyrylands@gmail.com

New Mass Intention Envelopes now available in the Cloister. Please complete the details on the reverse of the envelope and drop into the office with plenty of notice of your preferred date. It is customary to include a donation for the support of the priest. Thank you

Bishop Nicholas Hudson is coming to **Stay Awake on 2 May, 2026 @ The Thomas Hardye School, Dorchester!** The day runs from 10 am to **Mass with Bishop Nicholas** (celebrating early Saturday evening). Please get your tickets from www.stayawakejc.com (£12.50 for Adults and **FREE** for children). An all age event with appropriate children's streams (so that parents can engage), keynote speakers (**David Wells and Maria Heath**); workshops and **free**

pizza after Mass. Bring a packed lunch but there will be plenty of **free** refreshments throughout the day and plenty of spiritual nourishment for all. **YOU** are invited to celebrate and grow in your faith at Stay Awake, 2026!





Time for a Spring Clean ? It's that time of year when we start to look forward to the longer evenings and look to dust off the cobwebs of the Winter months by having a good old-fashioned Spring Clean.

Did you know that you can donate your unwanted items through the Catholic Children's Society (Plymouth)'s Orange Box recycling scheme and turn clutter into cash for a very good cause ?

In 2025, our Orange Boxes raised a staggering **£35,216.51** compared to the previous year's record-breaking total of **£5,970.51** in 2024 and **£5,534.00** in 2023.

Thank you to all parishes who maintain an Orange Box and to every generous donator who has contributed to this amazing amount of money raised for CCSP!

Items that can be popped into your parish Orange Box include -

- **Stamp collections**, first day covers or old envelopes and postcards pre 1950
- **Coins and banknotes** – any and all, old and new, from all over the world
- **Precious metals** including broken jewellery, old trophies, gold, silver etc
- **Metals including ornaments**, metal toys, keys and locks, metal cutlery
- **Costume jewellery**
- **Medals**
- **Small antiques and collectibles**
- **Watches** – digital, quartz or manual wind – working or not
- **Any Catholic religious memorabilia** such as rosaries, crucifixes, medals etc

..... **And don't forget you can recycle your old ink cartridges** through our ink cartridge recycling boxes which also raised almost **£400** for CCSP and saved 27.57kg from landfill last year.



Reflections for Holy Week – can you spend just one hour with the Lord? Tuesday 31st March at 7.30 pm – you are invited to come and pray, reflect and listen. All welcome

Heatree Residential 2026

'Go and make disciples of all nations' *Matt 28:19*



15th - 17th May 2026



Heatree residential is aimed at those in academic years 5 to 7 (aged 9 - 12).

During the weekend, young people will explore the scripture (Matt 28:19) through discussions, prayer and activities. £90 per person.

For further information contact,
Saskia or Ruby: youth@prcdtr.org.uk



The 'Fifth Gospel' - a cry from the Holy Land

The Latin Patriarchate of Jerusalem is calling for support for vital projects sustaining Christian communities in the Holy Land. We are asked to unite in a desire to keep the Faith alive in the cities, towns and villages where our Lord lived, preached and gave his life for us. Please take a Holy Land bulletin and letter, and a gift aid envelope.

Please pray for our suffering brothers and sisters in Christ and for the Church in the Holy Land and if you feel you can....please use the information on the gift aid envelope to donate to ACN's Holy Land projects.

You can also return envelopes with donations in the parish collection and Father Philip has kindly offered to pass these on to the ACN. Thanks you for not enclosing coins in the envelopes.

The Parish Finance Committee would like to remind you that Easter & Christmas offerings are for your parish priest as he doesn't receive a salary. If you would like to give this year, please put your donation into an envelope marked 'Easter Offering' and post it through the front door of the presbytery.

May God bless you for supporting our priest

Great West Run Sunday 24th May 2026 Half marathon



PARISHIONER FUNDRAISING APPEALS

Liz's story



*My son Dan and I are running the Great West Run half marathon. We are running in support of **Open Door Exmouth** - a local charity that has been caring for our community for over 30 year's. Open Door provides safe, welcoming spaces for people of all ages who need support, connection or simply someone to listen. Through services like the Community Cafe, Youth project, Support Service, Parent Hub, Craft Room and Men's Shed, they walk alongside people facing homelessness, loneliness, mental health struggles and those facing life's toughest moment's.*

As a volunteer, Open Door is an organisation close to my heart as I get to see all of the amazing work they do first-hand. EVERY donation helps them continue offering compassion, practical help and hope in Exmouth.

*Thank you for supporting our run and this amazing charity.
Liz McFadden*



<https://www.justgiving.com/page/elizabeth-mcfadden-1?newPage=true>

Elisabeth's story



Hi everyone!

*I'm running this half marathon to support **FORCE Cancer Charity**, a cause that is very close to my heart. Close family and special friends of mine have faced cancer, and throughout their journeys they received invaluable support that helped them through treatment and recovery. Seeing first-hand the difference that compassionate care and specialist services can make has inspired me to give something back.*

*By taking on this challenge, I hope to raise funds and awareness so that **FORCE** can continue helping individuals and families affected by cancer. Every mile I run is in honour of those close to me, and for everyone currently navigating their own cancer journey.*

Thank you so much for supporting Force and the tremendous work they do.

https://www.justgiving.com/page/elisabethforce?utm_medium=FR&utm_source=CL&utm_campaign=021



and even more fundraising....

Geoff's story



Rowcroft Hospice is an incredible charity, supporting those suffering from life-limiting illnesses and their families, at home or at Rowcroft itself free of charge. Staff dedicate themselves to supporting others, giving specialist nursing care to over 2,500 people each year.

Through my work at Buckfast Abbey, I have met many of these wonderful staff and heard stories from the loved ones of those who have benefited from everything Rowcroft has to offer. As I get older and begin to lose some of those dear to me, the efforts of Hospices like Rowcroft become even more of an inspiration.

As a keen runner, approaching my 50th birthday, I felt that I needed a special challenge to mark this milestone. An inspiring first competitive run abroad in Palma Majorca was the catalyst for this goal and if all goes well, I will be returning back to Majorca to compete in my 50th half marathon just days after my 50th birthday. In order to achieve this, I will need to run a half marathon nearly every week. A few of these will be competitive runs but the majority will be just me, Devon lanes



*and 13.1 miles (and this winter, a headtorch!) **THANK YOU***







Geoff Pring, Director of Visitor Experience, Buckfast Abbey
[Geoff Pring is fundraising for Rowcroft Hospice](#)



By supporting CAFOD's this Lent, you're being the good neighbour Jesus calls us to be – loving others as we love ourselves

Ways to give hope ...

You can.....

-  Donate by post
-  Donate by phone
-  Donate by bank transfer
-  Donate by direct debit
-  Text to donate
-  Please see cafod@cafod.org.uk

Tel +44 (0)303 303 3030

CAFOD Romero House 55 Westminster Bridge Road London SE1 7JB (Please make cheques payable to CAFOD)



We can help with fundraising ideas! Reach out to learn more

GROUP TOUR



7 DAYS

Pilgrimage to Lourdes

TRIP 1
Fri 25 Sep - Fri 2 Oct '26

TRIP 2
Fri 16 Oct - Fri 23 Oct '26

£1,695* pp, includes volunteer support

£1,270* pp, no volunteer support required

*single supplement applies if applicable

INCLUDED

- All transport
- 5 nights' accommodation
- Breakfasts
- Dinners
- Activities as shown

ACTIVITIES

- Candlelight mass
- Visits to churches & surrounding town
- Day trip to Gavarnie

ADDITIONAL COSTS

- Lunch & drinks

SERVICE STATION PICK UPS CLOSE TO:

TRIP 1 LEEDS, BIRMINGHAM, MILTON KEYNES, NORTH LONDON, ESSEX

TRIP 2 EXETER, BRISTOL, READING, SOUTH LONDON, SUSSEX, KENT

scan for enquiry form



email
info@jumbulance.org.uk

call
01702 419 128

COACH FEATURES:

- Experienced driver assistance
- Can travel in wheelchair
- Lift access
- Accessible toilet
- Kitchen facilities

Health & Safety Notice When you are in church, or on parish premises, please make sure that you are aware of the exits. In the unlikely event of having to vacate the church unexpectedly, during a service, please follow the instructions of the priest and our stewards. They will direct you to the nearest exit. Please vacate promptly. Thank you for helping us keep you safe

As a Parish, the safety of our children is paramount. Please accompany your children at all times. Sad though it may seem to have to point out, there could be dangers when children are left unsupervised in the parish grounds. Sad though it seems to have to draw attention to this, there is not only the risk of a traffic accident if a youngster were to run into the road but we must also be aware that there are individuals who do not have the wellbeing of children as a priority.

Thank you for your support of our parish through your monthly donations. If you give regularly by bankers order, please can you consider increasing your donation - at the moment our income from monthly donations does not cover our outgoings and just a small increase from everyone would make a huge difference to meeting our costs. If you are a taxpayer, please speak to Wendy Davis who will be happy to explain how your donation can be boosted, at absolutely no extra cost to yourselves. If you would like a copy of the end of year accounts please contact the parish office. Thank you for your support.

ARE YOU GOING INTO HOSPITAL? The Hospital Chaplaincy telephone number: 01392 402024. A message can always be left there. The Blessed Sacrament Presbytery number can also be used: 01392 274724. It is now more difficult for members of the clergy to request information regarding your stay in hospital, including which Ward you are in. This is now regarded as confidential information and will not readily be supplied to any caller without the specific permission of the patient. If you are admitted to hospital and would like a member of The Chaplaincy Team to visit you –



DO Please inform the Chaplaincy Department which ward you expect to be on and when you will be there, if you know in advance that you are going into hospital. Specifically inform a member of the ward staff that you would like to be visited by a chaplain ensuring that you state which denomination you belong to. Inform your relatives about your wishes concerning visits from a chaplain if you are taken into hospital unexpectedly. Your relatives can then notify the Chaplaincy Department

DON'T.... Just presume that the chaplains will hear about your stay in hospital – they probably won't. DON'T expect ward staff automatically to let the chaplains know you are in hospital.

ACT..... If you wish to be visited by a member of The Chaplaincy Team during your stay in hospital, the Hospital Chaplaincy telephone number: 01392 402024. A message can always be left there. The Blessed Sacrament Presbytery number can also be used: 01392 274724.