



The Parish of the Holy Family



Holy Ghost Church, Exmouth EX8 2JH
St Peter, Prince of Apostles, Budleigh Salterton EX9 6RZ

www.holyghostexmouth.org.uk
exmouth@prcdtr.org.uk

Registered Charity 213227

The Parish Office	The Presbytery, 11 Raddenstile Lane, Exmouth EX8 2JH	
The Parish Priest	Fr. Philip Austen	01395 263384
The Parish Office Manager	Jane Cheyne	01395 263384 fax 263594
The Deacon	Rev. Terry Enright	07977 446479
St Joseph's School		01395 264875
Chaplaincy Team Exeter Hospitals	Exeter	01392 402024

FIFTH WEEK OF LENT YEAR C		
Saturday 5 April	5.00 pm	
Sunday 6 April	10.00 am	Parish
Tuesday 8 April	11.00 am	
Wednesday 9 April <i>Funeral Mass Lawrence Horn RIP</i>	2.00 pm	Lawrence Horn RIP
Friday 11 April	2.00 pm	Dawn Powell RIP
Saturday 12 April	5.00 pm	Lucy's intentions

HOLY WEEK YEAR C		
Sunday 13 April	10.00 am	Parish
Tuesday 15 April at St. Peter, Prince of Apostles	11.00 am	Edward Joseph Flanagan RIP (F)
Wednesday 16 April	Chrism Mass 12.00 at the Cathedral	
Thursday 17 April MAUNDY THURSDAY <i>Mass of the Supper of the Lord</i>	7.30 pm	
Friday 18 April Way of the Cross for children CELEBRATION OF THE LORD'S PASSION	11.00 am 3.00 pm	
Saturday 19 April THE EASTER VIGIL	8.00 pm	Private intention

THIRD WEEK OF LENT YEAR C		
Sunday 20 April EASTER SUNDAY	10.00 am	Parish
Tuesday 22 April at St. Peter, Prince of Apostles	11.00 am	
Wednesday 23 April	11.00 am	
Friday 25 April	2.00 pm	
Saturday 26 April	5.00 pm	

FOURTH WEEK OF ORDINARY TIME YEAR C		
Sunday 27 April	10.00 am	Parish
Tuesday 29 April at St. Peter, Prince of Apostles	11.00 am	Lily Savage RIP (F)
Wednesday 30 April	11.00 am	
Friday 2 May	2.00 pm	Archibald Dominic & Eliza Smith Sligo RIP (F)



LENT AND EASTER 2025 in the JUBILEE YEAR OF HOPE

WELCOME TO OUR PARISH

"The Spirit of the Lord is upon me, because he has anointed me to proclaim good news to the poor." Luke 4:18

A very warm welcome if you are visiting Exmouth and welcome back if we have not seen you for some time. Throughout the Jubilee Year we will light our Jubilee candle. Please look at the resources laid out for you on the table in front of the Lady Chapel. St Joseph's School has their very own beautiful Jubilee Doorway into the hall to remind them of the Year of Hope. Fr. Philip



Please pray for parishioners, family & friends, especially those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times. Please let me know if you are aware of anyone that would like to receive Holy Communion at home

The Sacrament of Reconciliation (Confession) is available by making an appointment with me, via the Parish Office.

Sacramental Preparation in our Parish – Baptism, First Communion & Confirmation. Please speak to Fr. Philip if you and your child is ready to take the next step of their Sacramental journey.



THE WAY OF THE CROSS FOR CHILDREN ON GOOD FRIDAY 11.00 am. I invite you to bring your children to walk 'The Way of the Cross' with Jesus. I am most grateful to a dedicated parish team who have spent a lot of time preparing an engaging and meaningful introduction to the Stations of the Cross. The story will be told in a simple way and each family group will be able to collect something memorable to take home at each Station to help them remember Jesus' journey

The Blessing of Easter Breakfasts is a tradition we have marked for many years at Holy Ghost. **Święconka** meaning "the blessing of the Easter baskets", is one of the most enduring and beloved Polish traditions on Holy Saturday during Easter.

The tradition of food blessing at Easter, which has early-medieval roots in Christian society is said to date from the 7th century in its basic form, the more modern form containing bread and eggs (symbols of resurrection and Christ) are said to date from the 12th century.



Baskets containing a selection of Easter foods are brought to church to be blessed on Holy Saturday. The basket is traditionally lined with a white linen or lace napkin and decorated with sprigs of boxwood the typical Easter evergreen. Families take special pride in preparing a decorative and tasteful basket with crisp linens, occasionally embroidered for the occasion, and boxwood and ribbon woven through the handle. All welcome at 11.00 am on Holy Saturday

HOLY WEEK & EASTER IN OUR PARISH

**JUBILEE OF THE SICK AND
HEALTHCARE WORKERS**
Friday April 4th.

**2.00.p.m. Mass with
Anointing of the Sick**

**PALM SUNDAY OF THE PASSION OF
THE LORD**
Sunday April 13th.

**Procession and Mass
10.00.a.m.**

REFLECTIONS FOR HOLY WEEK
Tuesday April 15th.

7.30.p.m.

**CHRISM MASS in PLYMOUTH
CATHEDRAL** Wednesday April 16th.

12 noon

**MASS OF THE SUPPER OF THE LORD
AND WATCH AT THE ALTAR OF
REPOSE**

7.30.p.m.

GOOD FRIDAY

**THE WAY OF THE CROSS FOR CHILDREN
CELEBRATION OF THE LORD'S PASSION**

**11.00.a.m.
3.00.p.m.**

HOLY SATURDAY

**BLESSING OF EASTER BREAKFASTS
THE VIGIL OF EASTER**

**11.00.a.m.
8.00.p.m.**

EASTER DAY

10.00.a.m.

Ministries during Holy Week & Easter.... There is a board in St. Annes' Cloister for you to sign up if you are available to help. This is an opportunity for as many of our parish family as possible to be involved at this special time

Reflections for Holy Week – can you spend just one hour with the Lord?
Tuesday 15th April at 7.30 pm – you are invited to come and pray, reflect
and listen to the Gospel read by Fr. Nicholas King S.J. All welcome

***Anyone wishing to receive the Blessed Sacrament at
home, due to illness, should in the first instance please
contact the Parish Office. Thank you.***



TAIZE THANK YOU *I would like to thank Bill, Frank, Stephen and all the team who worked incredibly hard to facilitate the Taize evening and welcome people from all over Exmouth. It was a memorable evening enjoyed by the many who attended, Thank you all. May God bless you*

Heatree 2025

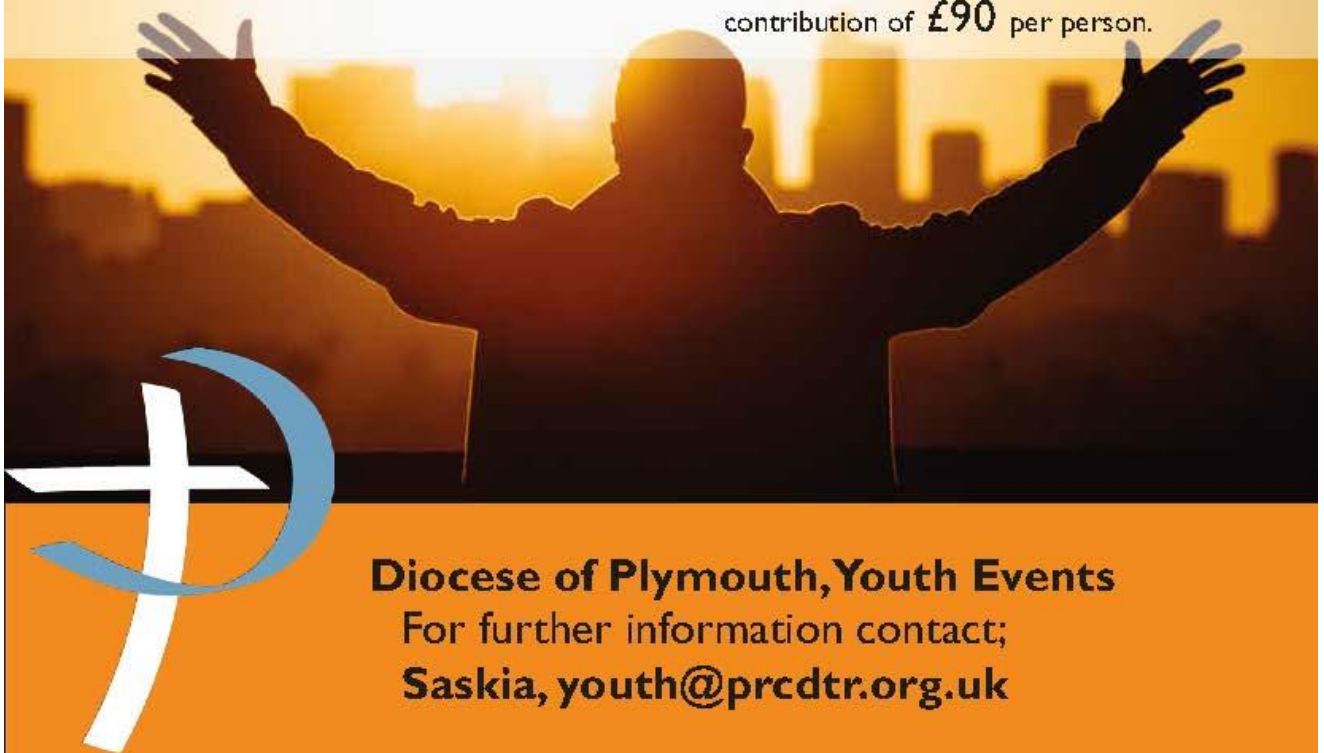
23rd to 25th May



'Anyone who loves me will obey my teaching' John 14:23

A residential aimed at young people aged 10 - 12 years old. It's a chance to meet other young people from parishes across the Diocese. The programme includes outdoor activities such as high ropes and raft building, along with opportunities to explore your faith.

This event is subsidised by the Diocese of Plymouth. Families are asked to make a contribution of **£90** per person.



Diocese of Plymouth, Youth Events
For further information contact;
Saskia, youth@prcdtr.org.uk



TIME FOR A SPRING CLEAN ? It's that time of year when we start to look forward to the longer evenings and look to dust off the cobwebs of the Winter months by having a good old-fashioned Spring Clean. Did you know that you can donate your unwanted items through the **Catholic Children's Society (Plymouth)**'s Orange Box recycling scheme and turn clutter into cash for a very good cause ?

In 2024, our Orange Boxes raised an amazing **£5,970.51** compared to the previous year's record-breaking total of **£5,534.23** and we would love to set another record again in 2025.

Thank you to all parishes who maintain an Orange Box and to every generous donator who has contributed to this amazing amount of money raised for CCSP !

Items that can be popped into your parish Orange Box include -

- **Stamp collections**, first day covers or old envelopes and postcards pre 1950
- **Coins and banknotes** – any and all, old and new, from all over the world, obsolete or otherwise
- **Precious metals** including broken jewellery, old trophies, gold, silver etc
- **Metals including ornaments**, metal toys, keys and locks, metal cutlery – any age and any condition
- **Costume jewellery**
- **Medals**
- **Small antiques and collectibles**
- **Watches** – digital, quartz or manual wind – working or not
- **Any Catholic religious memorabilia** such as rosaries, crucifixes, medals etc

And don't forget you can recycle your old ink cartridges through our ink cartridge recycling boxes which also raised a fantastic **£532.50** last year, having raised since the scheme was first started in July 2008. In 2024 alone, we have kept 42kg of cartridges from going to landfill.

Thank you to every individual, parish and school who continues to support these recycling schemes.



The Catholic Children's Society (Plymouth) has once again teamed up with Tozers Solicitors who have a long history of being legal advisers to the Diocese of Plymouth and CCSP and will be holding another Wills Week during w/c 28 April 2025 following the success of their inaugural event year.

Tozers have offices in Exeter, Newton Abbot and Teignmouth and they have kindly offered CCSP 10 appointments for parishioners to make a simple will to provide security for themselves, their loved ones, and the children of the future. Tozers have suggested a small donation be made to CCSP and they will then waive their usual fee which is considerably more. They have suggested a donation of £300 and this payment would be made to Tozers during the appointment and then they will ensure the payment is sent to CCSP.

To request more information, or to book an appointment to make a simple will with a member of the team from Tozers, please email enquiries@tozers.co.uk or call **01392 207020**. Appointments during Wills Week will be offered on a first come first served basis although if you are unable to make w/c 28 April 2025, Tozers can offer a little flexibility in their appointment schedule. Thank you.



Thank you to our wonderful Cleaning Team – if you would like to help them once a month the next date is 7 May & 4th June. Please come and help if you can spare an hour.

Dates for the Craft Club are as follows; 5th April, 3rd May, 7th June. 10.00am start
- coffee and cake available. All most welcome



Coffee is being served! Do join us after mass on Sundays and at St. Peter, Prince of Apostles on the first Tuesday of the month. We are working hard towards being a coin-free parish so on the occasions where refreshments are paid for, a pre-paid loyalty card (costing £10.00.) will provide for coffee-tea-biscuits for 6 occasions.

Praying together ...there is an Ecumenical charismatic prayer group now meeting at Holy Trinity Church on the third Monday of the month at 2.30 pm (except August) All welcome

The Knit & Natter group invite you to join them on Monday 3 March at 2.00 pm & 3rd March in the parish hall.

COME AND MEET OUR GOSPEL SHARING GROUP... ‘You are invited to join us at Gospel Sharing in which we read through the readings for the following Sunday Masses and then share our thoughts on what “these readings say to us”. The discussions that follow are friendly and informal and very helpful to our understanding of the scriptures. We meet in St. Anne’s Cloister on **TUESDAY AFTERNOONS at 2.00pm** for about an hour.

Diocese of Plymouth newsletter

[https://email.workwithgusto.co.uk/t/- 2B9E82C9BE809D7E2540EF23F30FEDED](https://email.workwithgusto.co.uk/t/-2B9E82C9BE809D7E2540EF23F30FEDED)

The important vote for all MPs on the assisted suicide legislation, known as the *Terminally Ill Adults (End of Life) Bill*, is likely to take place on 25th April. The charity Right to Life UK has a simple online mechanism to allow people to contact their Member of Parliament and it only takes a few moments to submit a message to ask an MP to stop assisted suicide being rushed into law. It can be accessed here: <https://righttolife.org.uk/asvote>.

Parishioners can also sign the petition online at <https://carenotkilling.org.uk/petition/> and email their MP.

<https://www.cbcew.org.uk/bishops-urge-catholics-to-oppose-euthanasia-and-support-care-not-killing-alliance/>)

An invitation to survivors We have two survivor groups in the diocese that have now been running for over a year, which provide an opportunity for anyone with lived experience of abuse to share their thoughts and ideas about survivor support work in our diocese. We are grateful to all those who so generously give of their time to attend these meetings. The diocese would welcome the opportunity to hear from others who have a lived experience of abuse, so that we can involve them in the work we are doing to support survivors. If you would like to help us with this work, or you would like to find out more, please contact: Sophie Scagell (Survivor Support Caseworker) on 01364 645436 / sophie.scagell@prcdtr.org.uk

Following the most recent instructions from the Diocesan Safeguarding Team and in line with the CSSA 'Creating a Safer Environment', entry to the Sacristy from the Church must be recorded. In our situation, only liturgical ministers and servers have the right of access and regrettably, passage to the Presbytery via the Sacristy is no longer available to anyone else, when there are servers present.

Health & Safety Notice When you are in church, or on parish premises, please make sure that you are aware of the exits. In the unlikely event of having to vacate the church unexpectedly, during a service, please follow the instructions of the priest and our stewards. They will direct you to the nearest exit. Please vacate promptly. Thank you for helping us keep you safe

As a Parish, the safety of our children is paramount. Please accompany your children at all times. Sad though it may seem to have to point out, there could be dangers when children are left unsupervised in the parish grounds. Sad though it seems to have to draw attention to this, there is not only the risk of a traffic accident if a youngster were to run into the road but we must also be aware that there are individuals who do not have the wellbeing of children as a priority.

ARE YOU GOING INTO HOSPITAL? *The Hospital Chaplaincy telephone number: 01392 402024. A message can always be left there. The Blessed Sacrament Presbytery number can also be used: 01392 274724. It is now more difficult for members of the clergy to request information regarding your stay in hospital, including which Ward you are in. This is now regarded as confidential information and will not readily be supplied to any caller without the specific permission of the patient. If you are admitted to hospital and would like a member of The Chaplaincy Team to visit you –*

DO *Please inform the Chaplaincy Department which ward you expect to be on and when you will be there, if you know in advance that you are going into hospital. Specifically inform a member of the ward staff that you would like to be visited by a chaplain ensuring that you state which denomination you belong to. Inform your relatives about your wishes concerning visits from a chaplain if you are taken into hospital unexpectedly. Your relatives can then notify the Chaplaincy Department*

DON'T.... *Just presume that the chaplains will hear about your stay in hospital – they probably won't. DON'T expect ward staff automatically to let the chaplains know you are in hospital.*

ACT..... *If you wish to be visited by a member of The Chaplaincy Team during your stay in hospital, the Hospital Chaplaincy telephone number: 01392 402024. A message can always be left there. The Blessed Sacrament Presbytery number can also be used: 01392 274724.*



SUPPORTERS' EVENT

**WEDNESDAY 30TH APRIL 2025
4.00-5.00PM**

Join us at Open Door for tea and cake as a thank you for your work and the support you have given us over the last year. This is an opportunity to find out we've been up to and network with others in our amazing community.
All welcome!

RSVP info@opendoorexmouth.org.uk or call 01395 224218



Lived Experience of Catholic Families in England & Wales Survey

www.csan.org.uk/news/familysurvey

Caritas Social Action Network (CSAN), the official agency of the Catholic Bishops' Conference of England and Wales for domestic social action, is conducting this survey to assess the impact of the two-child benefit cap and the broader effects of the current economic climate on Catholic families in England and Wales.

The insights gathered from this survey will play a crucial role in our advocacy efforts to address child poverty and influence policy change. We are keen to hear directly from Catholic families about their experiences.

All responses will be kept completely anonymous and are optional to answer.
If you wish to withdraw your response at any time, please contact Daisy Vanderputt at daisy.vanderputt@csan.org.uk.

Thank you for sharing your experience and helping us advocate for change.

Complete the survey here:

www.csan.org.uk/news/familysurvey





Events for our Youth Diocese of Plymouth

2.04.2025

email Saskia at youth@prcdtr.org.uk.

Dates for our young people

Stay Awake - 5th April

Your faith journey through social media - April 2025

Heatree Residential, Dartmoor (10 - 12 year olds) 23rd - 25th May 2025

Proclaim (18+) deepening your faith in the South West. Scleder Abbey 20th - 22nd June 2025

Summer Camp 8 - 17 year olds, Grange Hurst, Buckfast Abbey 27th July - 2nd August 2025

Youth Rally, St Rita's, Honiton - Saturday 20th September.



***The Finance Committee** would like to invite you to put your Easter contribution to Fr. Philip into the envelopes that will be provided. Easter & Christmas offerings are part of his 'salary and we thank you for your kindness.*

Thank you for your support of our parish through your monthly donations. If you give regularly by bankers order, please can you consider increasing your donation - at the moment our income from monthly donations does not cover our outgoings and just a small increase from everyone would make a huge difference to meeting our costs. If you are a taxpayer, please speak to Wendy Davis who will be happy to explain how your donation can be boosted, at absolutely no extra cost to yourselves. Thank you for your support.



Lent Appeal As we celebrate Lent in this Jubilee year, let us all embrace the theme Pilgrims of Hope, chosen to inspire peace-building in a world threatened by climate change and ongoing conflicts. In this spirit, you can help families like Lokho's to get a safety net so they can get through times of crisis and begin to build a better future.



A Net of Hope

A shade net, sturdy enough to shield delicate plants from the blistering sun while allowing every precious drop of rain to reach the soil. This innovative "anti-greenhouse net" became their safety net, helping their community thrive.

Thanks to the generosity of people like you, our local partner was able to show Lokho and her neighbours how to use this tool, keeping their crops and their dreams alive.

With your support, more families can overcome challenges, build resilience, and plant the seeds of hope for generations to come.

Ways to give hope this Easter

You can..... Donate by post, Donate by phone, Donate by bank transfer, Donate by direct debit
Give as you shop, Text to donate

cafod@cafod.org.uk

Tel +44 (0)303 303 3030

CAFOD Romero House 55 Westminster Bridge Road London SE1 7JB (Please make cheques payable to CAFOD)

THANK YOU FOR YOUR SUPPORT

