



The Parish of the Holy Family



Holy Ghost Church, Exmouth EX8 2JH
St Peter, Prince of Apostles, Budleigh Salterton EX9 6RZ

www.holyghostexmouth.org.uk
exmouth@prcdtr.org.uk

Registered Charity 213227

The Parish Office	The Presbytery, 11 Raddenstile Lane, Exmouth EX8 2JH	
The Parish Priest	Fr. Philip Austen	01395 263384
The Parish Office Manager	Jane Cheyne	01395 263384 fax 263594
The Deacon	Rev. Terry Enright	07977 446479
St Joseph's School		01395 264875
Chaplaincy Team Exeter Hospitals	Exeter	01392 402024

FIFTH WEEK OF ORDINARY TIME YEAR C

Saturday 8 February	5.00 pm	Vincent Walsh RIP
Sunday 9 February	10.00 am	Parish
Tuesday 11 February Our Lady of Lourdes	NO MASS	
Wednesday 12th February	11.00 am	Fr. Anthony Parsons RIP (F)
Friday 14 February	NO MASS	
Saturday 15 February	5.00 pm	Canon Lawrence Costello RIP (F)

SIXTH WEEK OF ORDINARY TIME YEAR C

Sunday 16 February	10.00 am	Parish
Tuesday 18 February at St. Peter, Prince of Apostles	NO MASS	
Wednesday 19 February	NO MASS	
Friday 21 February	NO MASS	
Saturday 22 February	5.00 pm	Anne Goodman RIP

SEVENTH WEEK OF ORDINARY TIME YEAR C

Sunday 23 February	10.00 am	Parish
Tuesday 25 February at St. Peter, Prince of Apostles St Walburga	11.00 am	Michael Fagan RIP
Wednesday 26 February Funeral Mass	11.00 am	Neil Walker RIP
Friday 28 February	2.00 pm	Elizabeth, Joseph & Patricia
Saturday 1 March	5.00 pm	Lena Nardone RIP

EIGHTH WEEK OF ORDINARY TIME YEAR C

Sunday 2 March	10.00 am	Parish
Tuesday 4 March at St. Peter, Prince of Apostles	11.00 am	Aida Bellingham RIP (F)
Wednesday 5 March ASH WEDNESDAY	11.00 am 7.00 pm	
Friday 7 March	2.00 pm	Aoife Lynch



WELCOME TO OUR PARISH



“The Spirit of the Lord is upon me, because he has anointed me to proclaim good news to the poor.” Luke 4:18

A very warm welcome if you are visiting Exmouth and welcome back if we have not seen you for some time *Fr. Philip*

Please pray for parishioners, family & friends, especially those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times. Please let me know if you are aware of anyone that would like to receive Holy Communion at home

The Sacrament of Reconciliation (Confession) is available by making an appointment with me, via the Parish Office.



A Parish Day of Reflection for Lent Tuesday March 11th. 2025

**renewed in hope
'a God who thirsts for our love'**

“only through love do we become fully ourselves...”

*“..... the deepest part of us, created for love, will fulfil God’s plan
only if we learn to love.”*

Dilexit nos : on the human and divine love of the heart of Jesus
Encyclical Letter of Pope Francis : October 24th. 2024

<https://www.vatican.va/content/francesco/en/events/event.dir.html/content/vaticanevents/en/2024/10/24/enciclica-dilexit-nos.html>

TO BOOK YOUR PLACE, PLEASE CONTACT THE PARISH OFFICE
exmouth@prcdtr.org.uk

PLEASE RESERVE ADULT PLACES

NAME/S.....

I ENCLOSURE A CHEQUE PAYABLE TO PRCDTR HOLY FAMILY EXMOUTH FOR £29.00

Closing date for bookings is Monday 3rd March



Going into hospital ARE YOU GOING INTO HOSPITAL?

The Hospital Chaplaincy telephone number: 01392 402024. A message can always be left there. The Blessed Sacrament Presbytery number can also be used: 01392 274724.

It is now more difficult for members of the clergy to request information regarding your stay in hospital, including which Ward you are in. This is now regarded as confidential information and will not readily be supplied to any caller without the specific permission of the patient. Also, staff on wards will no longer be allowed to say who is on their Ward if people make a general enquiry. If you are admitted to hospital and would like a member of The Chaplaincy Team to visit you –

DO Please inform the Chaplaincy Department which ward you expect to be on and when you will be there, if you know in advance that you are going into hospital. Specifically inform a member of the ward staff that you would like to be visited by a chaplain ensuring that you state which denomination you belong to. Otherwise, it could be that you may not see a chaplain as you may be asleep, having treatment or they may not even know you are in hospital.

Inform your relatives about your wishes concerning visits from a chaplain if you are taken into hospital unexpectedly. Your relatives can then notify the Chaplaincy Department should such an event take place.

DON'T.... Just presume that the chaplains will hear about your stay in hospital – they probably won't. DON'T expect ward staff automatically to let the chaplains know you are in hospital.

ACT.... If you wish to be visited by a member of The Chaplaincy Team during your stay in hospital, the Hospital Chaplaincy telephone number: 01392 402024. A message can always be left there. The Blessed Sacrament Presbytery number can also be used: 01392 274724.

RESIDENTIAL RETREATS

Diocese of Plymouth 2025

INDIVIDUALLY GUIDED RETREATS ARE LED BY EXPERIENCED MEMBERS OF THE
PLYMOUTH DIOCESAN IGNATIAN SPIRITUALITY GROUP WHO HAVE RECEIVED
TRAINING IN IGNATIAN SPIRITUALITY

LENT - RESIDENTIAL SILENT RETREATS

March 7th – 9th (Fri – Sun) Weekend Retreat

March 7th - 11th (Fri – Tues) Extended Weekend Retreat

March 10th – 14th (Mon – Fri) Midweek Retreat

March 7th – 14th (Fri - Fri) 6-day retreat.

Venue: St Rita's Centre, Honiton, East Devon

Retreat cost includes full board & lodging.

Recommended donation: Weekend Retreat £160;

Extended Weekend Retreat £280; Midweek Retreat £275; 6 day Retreat £475

ST RITA'S CENTRE - a well - appointed retreat centre run by Augustinian Recollect Order with comfortable ensuite accommodation and suitable for those with some mobility issues. St Rita's Centre, Ottery Moor Lane, Honiton, Devon. EX14 1AP



These **SILENT RETREATS** in the Ignatian tradition are open to Christians of any denomination, who would like to step back from everyday life and review their journey in faith and be strengthened in their vocation as disciples of the Lord.

An Individually Guided Retreat offers each person the opportunity for space, **SILENCE** and prayer.

Each retreatant will meet a Spiritual Companion daily and together they will discuss how best to use the time of retreat. The Companion will help you to pray using scripture and your own experience of life. Together you will try to discern what God is saying to you at this time. The retreat will be made in **SILENCE** to help you to pray and to leave other retreatants equal opportunity for reflection.

Residential Retreats - for further information, to check availability, or to book telephone Wendy on: 01752 769164 or 07823447637 or email: [Plymouth Diocesan Ignatian Spirituality Group](mailto:Plymouth.Diocesan.Ignatian.Spirituality.Group@prcdtr.org.uk) diocesan-ignatian-retreats@prcdtr.org.uk

Caritas Diocese of Plymouth January Newsletter

To read more about love in action around the diocese please follow the link:

<https://tinyurl.com/29y8npba>

Diocese of Plymouth newsletter

<https://email.workwithgusto.co.uk/t/t- 2B9E82C9BE809D7E2540EF23F30FEDED>



Catholic Marriage Care is a national charity, with over 80 years' experience of working with couples as they navigate the marriage journey, both in preparation for their marriage and during the various challenges that occur

during a long relationship. All our work in the Devon and Cornwall region is online, with group 'Preparing Together Anywhere' courses, 'Foccus' which is an individual preparation course, and our counselling service for couples of any faith or none. To find out more or to access any of our services, please visit our website: www.marriagecare.org

You Can Help Your Marriage – Do you feel alone? Are you frustrated or angry with each other? Do you argue ... or have you just stopped because it only makes it worse? Retrouvaille has helped 10s of 1000s of couples experiencing difficulties in their marriage. For confidential information about the next programme which will be presented on Zoom ...27 February to 2 March 2025 Email:info@retrouvaille.org.uk Call or text 0788 7296983 www.retrouvaille.org.uk

A poster for the "Run for Open Door" event. It features the Open Door Exmouth logo at the top left, which includes a stylized runner icon, the text "OPEN DOOR" with a heart icon, and "Exmouth" below it. To the right of the logo is the text "CHARITY EVENT". The main title "RUN FOR OPEN DOOR" is in large, bold, teal letters. Below it, the text "SUNDAY ▶ 25 MAY, 2025" is in a smaller teal font. To the left of the main title, there is a teal box containing the text "10K & HALF MARATHON". At the bottom of the poster, there is a block of text in teal: "To celebrate our 30th anniversary, Open Door Exmouth is taking part in The Great West Run on Sunday, 25th May 2025. We have only 5 spots remaining out of 30! Help us spread the word to your family and friends so we can fill these final places. We kindly ask that all participants commit to raising £95 in support of Open Door."

UNBOUND – a practical guide to deliverance and true Freedom in Christ. In this Jubilee year where Pope Francis has asked us to be "Pilgrims of Hope" this day will offer practical guidance on the spiritual battle of life and how inner healing and deliverance can give us true freedom in Christ. The day is being led by Sue Wash the National Co-ordinator of Unbound Prayer ministry UK. This event will be held at Buckfast Abbey conference centre on Saturday 15th February 10am-3pm. (Dart View Room 4). There is an opportunity to go to the Abbey mass at noon.

Bookings need to be done through plymouth-crownhill@prcdtr.org.uk

Enquiries: 01752 701660. We look forward to seeing you.

Dates for our young people

24 - 26 January 2025, 13 + Residential, East Shallowford Farm.

15th March 2025 - Flame, Wembley Stadium.

Your faith journey through social media - April 2025

Heatree Residential, Dartmoor (10 - 12 year olds) 23rd - 25th May 2025

Proclaim (18+) deepening your faith in the South West. Scleder Abbey 20th - 22nd June 2025

Summer Camp 8 - 17 year olds, Grange Hurst, Buckfast Abbey 27th July - 2nd August 2025

Youth Rally, St Rita's, Honiton - Saturday 20th September.

For details of all Youth Events in the Diocese Email Saskia at youth@prcdtr.org.uk.



Can you help our school?

They are asking for donations of outdoor furniture, outdoor bean bags, boxes of lego, colouring books and washable felt tip pens.

Please call the school on 264875 if you are able to donate any of these items.

Thank you very much for your generosity.

Dates for the Craft Club are as follows; 1st February, 1st March, 5th April, 3rd May, 7th June.

10.00am start - coffee and cake available.

HOLY GHOST LADIES GROUP & FRIENDS- DIARY DATE: All parishioners are welcome. 2.00pm for 2.15 start....

- February 6th - Fun and Games and our new Programme.
- On Thursday 20th February Simon Giarchi will be coming to the Holy Family Ladies Group to give a talk about '*The Year of Hope*'... an introduction to the Jubilee Year with the Catholic Agency For Overseas Development.

Saturday 5 April 2025 | 10am - 6pm
£12.50 for adults | £10 for Y10-Y13 | Free for Y9 and under

Stay Awake

Adore  Abide  Arise



“Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. Do not quench the Spirit.”

1 Thessalonians 5: 16-19

More information at: www.stayawakejc.com



 stayawakejc19@gmail.com

 07531266224



TAIZÉ ECUMENICAL CANDLELIT SERVICE

HOLY GHOST CHURCH – TUESDAY 18TH MARCH 2025
7pm to 7.50pm
11 RADDENSTILE LANE, EXMOUTH EX8 2JH

Taizé, is a village located about 100 kilometres North of Lyon in France and is a Christian Ecumenical Community that has grown from one young man's inspiration and desire to serve God. In 1940 Brother Roger Schütz then aged 25 purchased a small farmhouse that would eventually become the home of the Taizé Community.

Brother Roger 1915 -2005 “*In my youth,*” writes Brother Roger, “*I was astonished to see how Christians - who nevertheless live from a God of love – use so much energy to justify their separations. So, I said to myself that it was essential to create a community where people search to understand one another and to be reconciled with one another always, and through this, to render visible a little parable of communion.*” What followed is well known: attracted by the simplicity of the prayer and the life of the community, touched by the trust of the Brothers, tens of thousands of young adults come to Taizé every year, to ask their questions, to cry out their suffering, share their hopes, discover that Christ loves them, learn to live in the communion of the Church and to become makers of peace.

Our service hopes to recreate a little of that sense of belonging and the love that God has for us all. Our focus is on young people and young adults in keeping with Taizé (aged 15 – 35) although all will be very welcome. The music will initially be distinctively meditative Taizé and will include short readings, short periods of silence, intercessory prayer and lighting candles. It will conclude with praise and worship singing and the opportunity for prayer ministry for those who would like it. Refreshments will be served in the church hall after the service.



A small team of Holy Ghost parishioners including several young people are working with representatives from the other churches in Exmouth to prepare the service. If you can pass this information to your children or grandchildren in the age bracket of 15 – 35 we would love to hear from them to help us with ongoing planning or perform some of the roles on the night. Please use this QR code or link to view a short video of Taizé.

Trailer about the Community https://www.youtube.com/watch?v=_4hyZV_abf0

Thank you and God bless you

Melba Babu

Lindsey Best

Fiona Tatchell

MORE DATES FOR YOUR DIARIES

- **Gather 2025 Jubilate** A weekend of faith, formation and friendship, Friday 28th - Sunday 30th March, Livermead Cliff Hotel, Torquay. Booking forms available - please email plymouthgather@yahoo.com for more information.
- **Tuesday 18th March 7.00 pm in Holy Ghost Church** - we welcome you and your friends to come to a Taizé evening
- **Stay Awake, 5th April, 2025** - a day conference for all the family (Mass, Children's streams, Praise and Worship, Speakers, Workshops and pizza!). Venue: All Saints School in Weymouth. More details later! ALL WELCOME! Please save the date!

The Knit & Natter group invite you to join them on Monday 3 March at 2.00 pm & 3rd March in the parish hall.

Thank you to our wonderful Cleaning Team – if you would like to help them once a month the next dates are Wednesday 5th February & 3rd March after morning mass.



Coffee is being served! Do join us after mass on Sundays and at St. Peter, Prince of Apostles on the first Tuesday of the month. We are working hard towards being a coin-free parish so on the occasions where refreshments are paid for, a pre-paid loyalty card (costing £10.00.) will provide for coffee-tea-biscuits for 6 occasions.

Praying together ...there is an Ecumenical charismatic prayer group now meeting at Holy Trinity Church on the third Monday of the month at 2.30 pm (except August) All welcome

As a Parish, the safety of our children is paramount. Please accompany your children at all times. Sad though it may seem to have to point out, there could be dangers when children are left unsupervised in the parish grounds. Sad though it seems to have to draw attention to this, there is not only the risk of a traffic accident if a youngster were to run into the road but we must also be aware that there are individuals who do not have the wellbeing of children as a priority.

Following the most recent instructions from the Diocesan Safeguarding Team and in line with the CSSA 'Creating a Safer Environment', entry to the Sacristy from the Church must be recorded. In our situation, only liturgical ministers and servers have the right of access and regrettably, passage to the Presbytery via the Sacristy is no longer available to anyone else, when there are servers present.

Health & Safety Notice When you are in church, or on parish premises, please make sure that you are aware of the exits. In the unlikely event of having to vacate the church unexpectedly, during a service, please follow the instructions of the priest and our stewards. They will direct you to the nearest exit. Please vacate promptly. Thank you for helping us keep you safe

An invitation to survivors We have two survivor groups in the diocese that have now been running for over a year, which provide an opportunity for anyone with lived experience of abuse to share their thoughts and ideas about survivor support work in our diocese. We are grateful to all those who so generously give of their time to attend these meetings. The diocese would welcome the opportunity to hear from others who have a lived experience of abuse, so that we can involve them in the work we are doing to support survivors. If you would like to help us with this work, or you would like to find out more, please contact: Sophie Scagell (Survivor Support Caseworker) on 01364 645436 / sophie.scagell@prcdtr.org.uk



MAKE A WILL, MAKE A DIFFERENCE – IT'S A GOOD IDEA !

Provide security for you, your loved ones and the
children of the future

CCSP WILLS WEEK - w/c 28 April 2025

We have teamed up with Tozers Solicitors, who have three offices in Exeter, Newton Abbot and Teignmouth who have a long history of being legal advisers to the CCSP and to the Diocese of Plymouth

- Writing a will may seem complicated but it doesn't have to be, and it is vitally important because it makes our relatives' grief journey a little easier to navigate when we are gone
- Making a will can be costly but if you need to make one, or need to make an adjustment to an old will, please join in our Wills Week
- You will benefit from the expertise of Tozers free of charge – we just ask you to make a small donation to CCSP as a thank you
- Perhaps you could include a legacy for CCSP which doesn't have to be a large sum of money. A gift in a will, however large or small, plays an important part in continuing the work of our charity

TOZERS

To request more information, or to book an appointment to make a simple will with a member of the team from Tozers in one of their offices, please email enquiries@tozers.co.uk or call **01392 207020**.
Please allow up to 5 working days for a response

Catholic Children's Society (Plymouth) – Registered Charity No: **282803**

St Boniface House, Ashburton, Devon TQ13 7JL

Tel: **01364 645420** Email: ccs@ccsplymouth.org.uk

Website: www.ccsplymouth.org.uk



NEWS FROM THE CCSP



2024 was a wonderful year for the Catholic Children's Society (Plymouth) thanks to the generosity of all our loyal supporters, parishes, schools and grant funders. Our Annual Appeal, Crib appeal, Great Big Diocesan Quiz, orange box recycling scheme and ink cartridge recycling scheme all raised record breaking totals for our small children's charity. Final totals will be included in the Spring edition of our newsletter 'Children First' which should be sent to all parishes sometime in April. This means that we have been able to help so many families thanks to you all. We receive some wonderful feedback from families who tell us what a massive difference our support makes to their family life. Here is just one recent example -

"A huge thank you to the Catholic Children's Society for your kind help, the washing machine arrived today, and everyone is delighted. It is such a huge relief to be able to do our own washing at home again. I'm just so thankful to you. One day when we are in a better position, we will pay the kindness forward and help someone else in a situation similar to mine. Again, thank you."