



# The Parish of the Holy Family



Holy Ghost Church, Exmouth EX8 2JH  
St Peter, Prince of Apostles, Budleigh Salterton EX9 6RZ

[www.holyghostexmouth.org.uk](http://www.holyghostexmouth.org.uk)  
[exmouth@prcdtr.org.uk](mailto:exmouth@prcdtr.org.uk)

Registered Charity 213227



<b>The Parish Office</b>	The Presbytery 11 Raddenstile Lane, Exmouth EX8 2JH		
<b>The Parish Priest</b>	Fr. Philip Austen	01395 263384	
<b>The Parish Office Manager</b>	Jane Cheyne	01395 263384	Fax 01395 263394
<b>The Deacon</b>	Rev. Terry Enright	01395 239166	
<b>Chaplain to Exeter Hospital</b>	Exeter	01392 272815	
<b>St Joseph's School</b>	Office	01395 264875	

## WELCOME TO THE PARISH OF THE HOLY FAMILY

**Our Mass times are displayed below and you are most welcome – please do check the website as times may vary or change**

**Please pray for** parishioners, family & friends, especially those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times. Please let me know if you are aware of anyone that would like to receive Holy Communion at home

**The Sacrament of Reconciliation** (Confession) is available by making an appointment with me, via the Parish Office.

**MASS INTENTIONS** If you would like a Mass celebrated for a particular intention; for someone who is ill or a loved one who has died; in thanksgiving for an answer to prayer or perhaps a private intention, contact Jane in the parish office who will help you find a date and time which suits you. It is traditional to make an offering at the same time. This is simply what you can afford and would like to give. Please note that to comply with GDPR rules we need the permission of the person named if it is to be made public unless they are deceased. *Fr. Philip*

### FOR MASS TIMES IN LOCAL PARISHES Please contact them directly

<b>Sidmouth</b>	Church of the Most Precious Blood 5 Radway, Sidmouth EX10 8T	Tel	01395 513340
<b>Exeter</b>	Sacred Heart 25 South Street, Exeter EX1 1EB	Tel	01392 272815
<b>Exeter</b>	Blessed Sacrament 29 Fore St, Heavitree, Exeter EX1 2QJ	Tel	01392 274724

**Mass Live streaming** from Blessed Sacrament Exeter. Please go to the parish Facebook page Catholic Exeter–see <http://www.blessedsacrament.org.uk/> You don't need a Facebook account to watch the Masses, simply ignore the request from Facebook to log in.

**THANK YOU FOR YOUR MONTHLY OFFERINGS** and for your continued generosity to the parish. Many of you know that we are currently not encouraged to count and bank cash donations so the most efficient way for you to give is by standing order. Most of you have now started using this method and we are incredibly grateful. It saves us time and eliminates the need to count cash and make journeys to the bank in these difficult times and it's a coronavirus free transaction!! Mandate forms are available by emailing the parish office. Thank you!

# Mass Times in the Parish this month



Check out Pope Francis' daily tweets on Twitter 'Let us renew our commitment to pray and to work for peace, especially in martyred Ukraine, Palestine and Israel, Sudan, Myanmar and every place where people suffer from war.'

## Twenty Fourth Week of Ordinary Time B2 PS4

<b>Friday 13 September</b> <i>St John Chrysosdom</i>	7.00 pm	Private Intention
<b>Saturday 14 September</b>	5.00 pm	Josephine Mary Williams RIP (F)
<b>Sunday 15 September</b>	10.00 am	Parish
<b>Tuesday 17 September at St. Peter, Prince of Apostles</b>	11.00 am	Gus Gerry RIP
<b>Wednesday 18 September</b>	11.00 am	Guild of St. Emilie de Rodat
<b>Friday 20 September</b>	<b>NO MASS</b>	

## Twenty Fifth Week of Ordinary Time B2 PS1

<b>Saturday 21 September</b>	5.00 pm	Guild of St. Matthew
<b>Sunday 22 September</b> <i>The Harvest, fruits of human work and the reverent use of creation</i>	10.00 am	Parish
<b>Tuesday 24 September at St. Peter, Prince of Apostles</b>	<b>NO MASS</b>	
<b>Wednesday 25 September</b>	<b>NO MASS</b>	
<b>Friday 27 September</b>	<b>NO MASS</b>	

## Twenty-Six Week of Ordinary Time B2 P2

<b>Saturday 28 September</b>	5.00 pm	Parish
<b>Sunday 29 September</b>	10.00 am	Harry & Margaret Gerry RIP (F)
<b>Tuesday 1 October at St. Peter, Prince of Apostles</b> <i>St Therese of the Child Jesus V Dr</i>	11.00 am	
<b>Wednesday 2 October</b> <i>The Holy Guardian Angels</i>	11.00 am	Sheila & Walter Kevern RIP (F)
<b>Friday 4 October</b> CAFOD Harvest Fast Day <i>St Francis of Assisi</i>	2.00 pm	Joyce Clarke RIP

## Twenty Seventh Week in Ordinary time B2 PS3

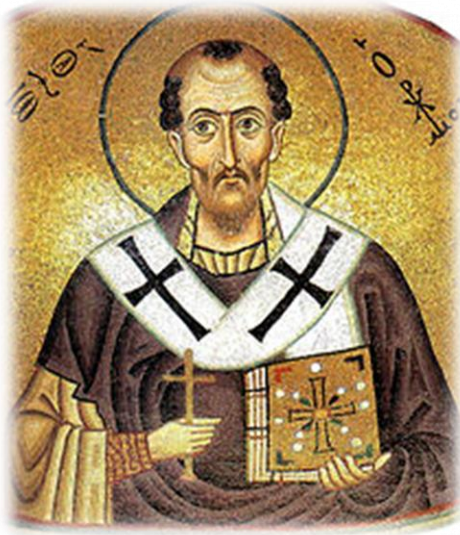
<b>Saturday 5 October</b>	5.00 pm	
<b>Sunday 6 October</b>	10.00 am	Parish
<b>Tuesday 8 October at St. Peter, Prince of Apostles</b>	<b>NO MASS</b>	
<b>Wednesday 9 October</b>	<b>NO MASS</b>	
<b>Friday 11 October</b>	<b>NO MASS</b>	
<b>Saturday 12 October</b>	5.00 pm	

## A WARM WELCOME TO ALL

If you are a visitor, please do join us for complimentary coffee & a chat after mass on Sunday.

Children are very welcome here and there are age-appropriate mass books for them in St Anne's Cloister. Please pick one up.

**Congratulations Fr. Philip! Thank you for your ministry.**



**On 13<sup>th</sup> we celebrate the Feast of St. John Chrysostom,** Bishop and Doctor of the Church. (c.350-407). He is considered as patron of preachers and was an important Early Church Father who served as Archbishop of Constantinople. John Chrysostom is known for his preaching and public speaking, his denunciation of abuse of authority by both ecclesiastical and political leaders, his Divine Liturgy of Saint John Chrysostom, and his ascetic sensibilities

**13<sup>th</sup> September is the day that Fr. Philip was ordained priest,** 25 years ago and he will celebrate mass at Holy Ghost at 7.00 pm. Everyone is invited to this joyous occasion and to the celebration in the hall afterwards.

**Evangelii Gaudium Sunday 15th September 2024**

Evangelii Gaudium Sunday calls us to be joyous in proclaiming our faith. "Evangelii Gaudium" is Latin for "Joy of the Gospel". The day supports the work carried out by the Mission Directorate on behalf of the Bishops' Conference. This year, *Evangelii Gaudium Sunday* will be celebrated in our parishes on 15 September. It gives us the opportunity to reflect on the great mandate we have been given by the Risen Lord to evangelise the whole world. "Go therefore and make disciples of all nations," the Lord commissions, as we hear in Matthew 28:19. Inspired by our ongoing Synodal process, Scripture, and Pope Francis' Apostolic Exhortation, *Evangelii Gaudium*, we have chosen the theme 'Growing as missionary disciples'.

If you would like to know more or donate this weekend to support the Church in England and Wales..... please see <https://www.cbcew.org.uk/evangelii-gaudium-sunday>

**Are you planning a Baptism this year?** Please contact the Parish Office for 'what to do next'. I am particularly grateful to Jacqui Doak for her help in preparing parents to bring their child for Baptism.

**Sacramental Preparation in our parish – Baptism, First Communion & Confirmation**

You may have noticed that we now have a group of children preparing for First Reconciliation & First Communion. Some of them will be receiving the Sacraments over the coming weeks and months. Please remember them in your prayers.

If you are considering Sacramental preparation for your child, please speak to Fr. Philip

**As a Parish, the safety of our children is paramount. Please accompany your children at all times.** Sad though it may seem to have to point out, there could be dangers when children are left unsupervised in the parish grounds. Sad though it seems to have to draw attention to this, there is not only the risk of a traffic accident if a youngster were to run into the road but we must also be aware that there are individuals who do not have the wellbeing of children as a priority.

**RECYCLING AT HOLY GHOST.....***Can you help please? I need someone to take cardboard to the recycling centre, as & when. If you can spare an hour occasionally, I would be most grateful. Please ring the office and speak to Jane. Thank you Fr. Philip.*

**'The Holy Family Ladies and Friends** will be meeting again on **Thursday 19th September** and we are very pleased that some of **"Austen's Angles"** are coming to chat about their recent walk for **'Hospiscare'**, and we'll also have the opportunity to swell their final total for this worthy Charity. **Thursday 3rd October** will be the following meeting and all are welcome to join us.'

Please find a link to this month's Diocesan Newsletter: [www.plymouth-diocese.org.uk/caritas-2/newsletters](http://www.plymouth-diocese.org.uk/caritas-2/newsletters)

**COME AND MEET OUR GOSPEL SHARING GROUP...** *'You are invited to join us at Gospel Sharing in which we read through the readings for the following Sunday Masses and then share our thoughts on what "these readings say to us". The discussions that follow are friendly and informal and very helpful to our understanding of the scriptures. We meet in St. Anne's Cloister on **TUESDAY AFTERNOONS at 2.00pm** for about an hour.*

***Can you spare an hour to come and help our lovely cleaning team once a month? They meet after the 11.00 am mass to polish the church and stay for a coffee and chat afterwards. The next dates are 2<sup>nd</sup> October & 6 November – do come along if you can.***

**THE KNIT & NATTER GROUP** meet in Holy Ghost Hall do pop in and join them. All welcome. No knitting qualifications required!! Next meeting 7<sup>th</sup> October & 4<sup>th</sup> November.

The Diocesan Newsletter is now available on <https://email.workwithgusto.co.uk/t/589813B3E881A5132540EF23F30FEDED>

**The latest newsletter from Caritas Diocese of Plymouth is out now. See <https://tinyurl.com/2k9854xt> to read about news and events of love in action around the diocese.**



**Coffee is being served! Do join us after mass on Sundays and at St. Peter, Prince of Apostles on the first Tuesday of the month.** We are working hard towards being a coin-free parish so on the occasions where refreshments are paid for, a pre-paid loyalty card (costing £10.00.) will provide for coffee-tea-biscuits for 6 occasions.

**Praying together** ...there is an Ecumenical charismatic prayer group now meeting at Holy Trinity Church on the third Monday of the month at 2.30 pm (except August) All welcome



**In Preparation for a Jubilee: Rediscover Hope.** This winter we enter a Jubilee Year in which Pope Francis reminds us that “Hope doesn’t disappoint.”

How is Hope different to being blindly positive or optimistic? Why does Hope matter and what difference can it make when things are troubled or uncertain?

We are going to spend an hour exploring the words and homilies of Pope Francis to dig deeper into this virtue. We will explore how Hope brings about renewal.



All this takes place in the **Parish Hall, 2pm on the 2<sup>nd</sup> October**. Easy to remember. Bring a friend. This event is for anyone – bewildered, confused, atheists or just Catholics looking for a free biscuit. David Wells will lead it but it is really about getting together to enjoy an honest conversation. The Church will be open afterwards for anyone who wants to pray about what we have explored together.

**Health & Safety Notice** When you are in church, or on parish premises, please make sure that you are aware of the exits. In the unlikely event of having to vacate the church unexpectedly, during a service, please follow the instructions of the priest and our stewards. They will direct you to the nearest exit. Please vacate promptly. Thank you for helping us keep you safe

### **The Safeguarding Office - Support for victims of abuse**

The Safeguarding Office provides advice and support to all victims of abuse, regardless of whether this is something that is happening currently or that happened in the past. We work with anyone who has been abused, both those who were abused within the church, as well as those who have been abused in other settings. We are here to help you whether you were a child or adult when the abuse took place. We are not here to blame, judge or make excuses for the abuser, we are here to help all those who have experienced abuse or are still in an abusive situation, in any way we can.

The Safeguarding Office can provide you with support, advice, and signposting to relevant organisations. Our dedicated team of safeguarding professionals work closely with other agencies both locally and nationally including the Police, Probation, Social Services, and to standards that are set out by the Catholic Safeguarding Standards Agency. Please contact us for a confidential conversation. You can call us on 01364 645430 (Monday to Friday from 9:00am – 4:30pm) or e-mail us on [safeguarding@prcdtr.org.uk](mailto:safeguarding@prcdtr.org.uk)

**The Finance Committee would like to thank you for your support of our parish through your monthly donations.** If you give regularly by bankers order, please can you consider increasing your donation - at the moment our income from monthly donations does not cover our outgoings and just a small increase from everyone would make a huge difference to meeting our costs. If you are a taxpayer, please speak to Wendy Davis who will be happy to explain how your donation can be boosted, at absolutely no extra cost to yourselves.



**The price of votive candles, like everything else, has increased** - please help us by operating a ‘credit system’ for your donations, to eliminate coin-counting. May we suggest a minimum £5 note for 6 months (30 candles) or £10 note for 12 months (60 candles). **THANK YOU**

Help Daniel

# CARVE

his way to a better future

**FAMILY FAST DAY**  
**FRIDAY 4TH OCTOBER 2024**

Give today so that people around the world can learn new skills and fulfil their God-given potential

**£10** can teach someone to read

**£60** can provide training like carpentry and sewing for those who missed out on school so they can earn a living

**£400** can buy all the tools, equipment and teaching materials for six months of carpentry training

Use this QR code or go to [cafod.org.uk/envelope](https://cafod.org.uk/envelope)

 **LOOK OUT FOR YOUR COLLECTION ENVELOPE IN CHURCH!**

Catholic Agency for Overseas Development **CAFOD**



## CAFOD Family Fast Day – Harvest Appeal

Daniel, a young man in Democratic Republic of the Congo, is carving a better future for his family with carpentry skills he learned in a CAFOD-funded training centre. Give to CAFOD today and you'll fund training, tools, equipment and safe spaces so more people like Daniel can learn new skills and fulfil their God-given potential.

Use the envelope in church or give online at [cafod.org.uk/envelope](https://cafod.org.uk/envelope).

Mass will be celebrated at 2.00 pm on Friday 4<sup>th</sup> at Holy Ghost and we will be joined by the children from St. Joseph's School. All welcome





### Jubilee photography project

As we prepare for the year of Jubilee, Caritas Diocese of Plymouth would like to invite you to reflect on **Care for Creation** and how we live this out in our churches and communities today. To explore this issue Caritas would like to collect and share photographs by parishioners of people and places in the diocese. We would like to explore three themes that call to mind the reflected glory of the Lord in the beautiful world we are asked to care for. The themes are **Beauty, Good Choices** and **Humanity**. To find out more please follow the link <https://wp.me/paTncV-a2d>



DIOCESE OF PLYMOUTH



caritas  
diocese of plymouth

*"Do not neglect to show hospitality to strangers, for thereby some have entertained angels unawares" (Hebrews 13:2)*



CARITAS DIOCESE OF PLYMOUTH INVITES YOU TO:

## A Culture of Welcome

An event to celebrate  
World Day of Migrants and Refugees

Thursday 26th September 2024  
6pm-8pm

Sacred Heart Church Rooms,  
25 South St, Exeter EX1 1EB

**Join us to discuss how we can be a welcoming and supportive community. With speakers from the Catholic Association for Racial Justice and a local welcome group.**

Tea and coffee on arrival

**Registration essential. Scan the QR code,  
email [caritas@prcdtr.org.uk](mailto:caritas@prcdtr.org.uk) or tel 01364 645360**



CARITAS DIOCESE OF PLYMOUTH  
REGISTERED CHARITY: 1205486  
ST BONIFACE HOUSE, ASHBURTON, NEWTON ABBOT TQ12 7JL  
TEL: 01364 645360  
EMAIL: [CARITAS@PRCDTR.ORG.UK](mailto:CARITAS@PRCDTR.ORG.UK)





## **A new Lectionary is mandated for use from Advent 2024**

The cycle of readings will remain the same  
– Sundays and Weekdays –

but in a new translation – the English Standard Version-CE  
and the Abbey Psalter

We will need to purchase copies both for Holy Ghost Church,  
Exmouth, and St Peter, Prince of Apostles, Budleigh Salterton.

**The cost for the 4-volume set for Exmouth is £695  
and for Budleigh Salterton, £395**

You will appreciate that this is a substantial and essential purchase  
for our two churches.

If you would like to help with a specific donation towards this,  
please contact the Parish Office.

Additionally, if you use a People's Missal, that too will need to be replaced.

*Thank you, and may God bless you.*

*Fr Philip*



**BELIEVE, LOVE,  
SHARE :  
TRANSFORMING  
LIVES**



*Putting All Children First*

Please scan here using your  
mobile phone to donate to  
CCSP via Give a Little

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share*

**PLEASE DONATE TODAY**

to the only registered Catholic Children's  
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**Catholic Children's Society (Plymouth)**

01364 645420   ccs@ccsplymouth.org.uk

[www.ccsplymouth.org.uk](http://www.ccsplymouth.org.uk)

St Boniface House, Ashburton, Devon TQ13 7JL



## Exmouth Food Bank August 2024 News

### Current demand

During the past three months Exmouth Food Bank has been distributing 60 parcels a week, which is a slight reduction in demand for our services when compared to the same period last year. This is good news and can in part be explained by the support for families that schools, churches and partner agencies, such as Open Door, provide during the summer holidays which is always gratefully received.

In addition we have seen a change in the demographic of our clients and are experiencing an influx of single men and women requiring emergency support with food and housing. We amend the content of our food parcels according to the situation of each individual and can even provide a non-cook option!



Generous donations from two local businesses - Rocks & Naked Sprout

### Support from local businesses

The Food Bank relies entirely on the amazing support of the local community and we really appreciate all that you do. However, as the cost of living continues to impact, we are experiencing a noticeable drop both in the amount of food and money that is being donated. Financial donations are down 30% when compared to the same quarter last year, yet we need to purchase £6,000 of stock per month to continue to feed those in need.

We are fortunate that this summer commercial businesses have turned to support the Food Bank. Tesco and Specsavers have each run campaigns to replenish core items we are short of. In addition Rocks kindly donated 420 bottles of additive free squash and Naked Sprout over 4,000 toilet rolls!

### Preparations for Harvest Festival

Thank you in advance to those of you who will be championing Exmouth Food Bank during this year's Harvest Festival season. In preparation for an increase in demand for our services during the winter months we are planning to build up our stocks of essential tinned items.

We would be grateful to receive the following **tinned items**: soup, baked beans and spaghetti hoops, meat meals such as stews, meatballs or curry, cold meats such as ham or corned beef, tuna, fruit, rice pudding and custard. For a full list please visit our website at: <https://exmouthfoodbank.org.uk/donate-food/>. We can also email you a poster to print and display.

The Food Bank welcomes small deliveries of Harvest Festival donations during our normal sessions on Tuesdays and Fridays between 9am and 3pm at the Salvation Army Hall. In addition, a team of volunteers from East Devon District Council have kindly offered to collect donations from churches and schools in and around Exmouth on **Friday 27 September**. If you could make use of their services please contact the Food Bank so that we can schedule a collection on that day. Telephone us on 07787 758511 or email us at:

[info@exmouthfoodbank.org.uk](mailto:info@exmouthfoodbank.org.uk)



### Back to school

Kate from Attitude Hair and Beauty Salon in Exmouth has come up with a brilliant idea that will really help some of our families. Preparations for the start of a new term are a worrying expense for many; to address this Kate has kindly offered to open the salon on a Monday before the start of term to give some youngsters a free back to school haircut. Special vouchers for this event will be distributed by the Food Bank.

Thank you Kate for your thoughtful generosity – you are an absolute star!

## **Dear Exmouth Food Bank supporter**

*Thank you in advance to those of you who will be championing Exmouth Food Bank during this year's Harvest Festival season. In preparation for an increase in demand for our services during the winter months we are planning to build up our stocks of essential tinned items. We will include these in the parcels we supply to our clients and will also share them with other local organisations that are supporting people in food poverty.*

*If you are kind enough to be planning to donate this year, we would be grateful to receive the following priority items:*

- *Tins of soup*
- *Tinned tomatoes*
- *Tinned baked beans and spaghetti*
- *Tinned meat meals such as stews, meatballs or curry*
- *Tinned cold meats such as ham, chicken or corned beef*
- *Tinned tuna*
- *Tinned fruit, rice pudding or custard*

*The Food Bank welcomes any small delivery of donations during our normal sessions on Tuesdays and Fridays between 9am and 3pm at the Salvation Army Hall. If you have a large donation or want to arrange a collection please contact us first either by telephone on 07787 758511 or by email at: [info@exmouthfoodbank.org.uk](mailto:info@exmouthfoodbank.org.uk).*

*This year we are being joined by a team of volunteers from East Devon District Council who will be offering to collect donations from churches and schools in and around Exmouth on **Friday 27 September**. If you could make use of their services please contact the Food Bank so that we can schedule a collection on that day.*

*Thank you again for your support – we simply couldn't function as a Food Bank without you.*

*With kind regards*

The Exmouth Food Bank Team







# Youth Rally 2024

**Saturday 28th September**

**St Rita's Honiton 12.00 - 18.00**

**Tickets £10 per person**

Games and challenges for teams of 6 and individuals. Prizes to be won. Young people aged 6 - 16 are welcome. Tickets include pizza. Please bring a packed lunch and a refillable drinks bottle. There will be a tuck shop selling snacks.

**For further information  
contact, saskia:  
[youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)**

**We would like to enter a  
parish team, so if you would  
like to join one, please  
contact the parish office.**