



The Parish of the Holy Family



Holy Ghost Church, Exmouth EX8 2JH
St Peter, Prince of Apostles, Budleigh Salterton EX9 6RZ

www.holyghostexmouth.org.uk
exmouth@prcdtr.org.uk

Registered Charity 213227



The Parish Office	The Presbytery 11 Raddenstile Lane, Exmouth EX8 2JH		
The Parish Priest	Fr. Philip Austen	01395 263384	
The Parish Office Manager	Jane Cheyne	01395 263384	Fax 01395 263594
The Deacon	Rev. Terry Enright	01395 239166	
Chaplain to Exeter Hospital	Exeter	01392 272815	
St Joseph's School	Office	01395 264875	

WELCOME TO THE PARISH OF THE HOLY FAMILY

Our Mass times are displayed below and you are most welcome – please do check the website as times may vary or change

Please pray for parishioners, family & friends, especially those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times. Please let me know if you are aware of anyone that would like to receive Holy Communion at home

The Sacrament of Reconciliation (Confession) is available by making an appointment with me, via the Parish Office.

MASS INTENTIONS If you would like a Mass celebrated for a particular intention; for someone who is ill or a loved one who has died; in thanksgiving for an answer to prayer or perhaps a private intention, contact Jane in the parish office who will help you find a date and time which suits you. It is traditional to make an offering at the same time. This is simply what you can afford and would like to give. Please note that to comply with GDPR rules we need the permission of the person named if it is to be made public unless they are deceased. *Fr. Philip*

FOR MASS TIMES IN LOCAL PARISHES Please contact them directly

Sidmouth	Church of the Most Precious Blood 5 Radway, Sidmouth EX10 8T	Tel	01395 513340
Exeter	Sacred Heart 25 South Street, Exeter EX1 1EB	Tel	01392 272815
Exeter	Blessed Sacrament 29 Fore St, Heavitree, Exeter EX1 2QJ	Tel	01392 274724

Mass Live streaming from Blessed Sacrament Exeter. Please go to the parish Facebook page Catholic Exeter—see <http://www.blessedsacrament.org.uk/> You don't need a Facebook account to watch the Masses, simply ignore the request from Facebook to log in.

THANK YOU FOR YOUR MONTHLY OFFERINGS and for your continued generosity to the parish. Many of you know that we are currently not encouraged to count and bank cash donations so the most efficient way for you to give is by standing order. Most of you have now started using this method and we are incredibly grateful. It saves us time and eliminates the need to count cash and make journeys to the bank in these difficult times and it's a coronavirus free transaction!! Mandate forms are available by emailing the parish office. Thank you!

THE PARISH OF THE HOLY FAMILY



Holy Week, The Sacred Triduum and Easter 2024



Palm Sunday of the Passion of the Lord

VIGIL MASS Saturday March 23rd. 5.00.p.m.

PROCESSION AND MASS Sunday March 24th. 10.00.a.m.



Maundy Thursday March 28th.

EVENING MASS OF THE SUPPER OF THE LORD 7.30.p.m.

WASHING OF THE FEET & WATCH UNTIL 10.P.M.



Good Friday March 29th.

CELEBRATION OF THE LORD'S PASSION 3.00.p.m.



Holy Saturday March 30th.

BLESSING OF EASTER BREAKFASTS 10.30.a.m.

THE EASTER VIGIL 7.30.p.m.



Easter Sunday March 31st.

MASS 10.00.a.m.



Mass Times in the Parish this month



Check out Pope Francis' daily tweets on Twitter . *'God seeks the humble who hope in Him, not in themselves and their own plans. Christian humility is not simply one virtue among others. It is the basic disposition of life. We believe we are in need of God and make room for Him, putting all our trust in Him'*

EASTERTIDE

Saturday 30 March <i>THE EASTER VIGIL</i>	7.30 pm	Private intention
Sunday 31 March <i>EASTER SUNDAY</i>	10.00 am	Parish
Tuesday 2 April at St. Peter, Prince of Apostles <i>EASTER TUESDAY</i>	11.00 am	Miss M Gann RIP (F)
Wednesday 3 April <i>EASTER WEDNESDAY</i>	11.00 am	Sick & Retired Clergy
Friday 5 April	NO MASS	

Second Week of Easter B PS2

Saturday 6 April	5.00 pm	Clare Brennan & Marian RIP
Sunday 7 April	10.00 am	Parish
Monday 8 April <i>THE ANNUNCIATION OF THE LORD</i>	11.00 am	Kazimierz Kazimierowicz RIP
Tuesday 9 April at St. Peter, Prince of Apostles	11.00 am	Daughters
Wednesday 10 April <i>Funeral Mass Terence Reardon RIP</i>	11.00 am	Terence Reardon RIP
Friday 12 April <i>Funeral Mass David Merillion RIP</i>	2.00 pm	David Merillion RIP

Third Week of Easter B PS3

Saturday 13 April	5.00 pm	Anna Morrineau RIP
Sunday 14 April	10.00 am	Parish
Tuesday 16 April at St. Peter, Prince of Apostles	NO MASS	
Wednesday 17 April	NO MASS	
Friday 19 April	NO MASS	

Fourth Week of Easter B PS4

Saturday 20 April	5.00 pm	
Sunday 21 April	10.00 am	Parish
Tuesday 23 April at St. Peter, Prince of Apostles	NO MASS	
Wednesday 24 April	11.00 am	Eve Smith RIP
Friday 26 April	2.00 pm	Fran Disley RIP
Saturday 27 April	5.00 pm	Lily Savage RIP (F)
Sunday 28 April	10.00 am	Parish

A WARM WELCOME TO ALL

If you are a visitor, please do join us for complimentary coffee & a chat after mass on Sunday.

Children are very welcome here and there are age-appropriate mass books for them in St Anne's Cloister. Please pick one up.

Saturday 13 April 2024 | 10am - 7pm

£12.50 for adults | £10 for Y10-Y13 | Free for Y9 and under

Stay Awake

Adore † Abide † Arise

Community + Praise and Worship +
Kids' Activities + Workshops + Mass +
Tea + Coffee + Homemade cakes + Pizza

Venue: All Saints Church of England Academy, Sunnyside Road,
Weymouth, DT4 9BJ

More information at: www.stayawakejc.com

  @stayawakejc19

 stayawakejc19@gmail.com

 07531266224

Sacramental Preparation in
our parish – Baptism, First
Communion &

Confirmation

You may have noticed that
we now have a group of
children preparing for First
Reconciliation & First
Communion. Please
remember them in your
prayers.


There is a meeting for those
children currently preparing
& their parents on Saturday
4 May at 10.30 am

If you are considering
Sacramental preparation
for your child, please speak
to Fr. Philip

**Are you planning a
Baptism this year?** Please
contact the Parish Office for
'what to do next'. I am
particularly grateful to

Jacqui Doak for her help in preparing parents to bring their child for Baptism.

COME AND MEET OUR GOSPEL SHARING GROUP... *'You are invited to join us at Gospel Sharing in which we read through the readings for the following Sunday Masses and then share our thoughts on what "these readings say to us". The discussions that follow are friendly and informal and very helpful to our understanding of the scriptures. We meet in St. Anne's Cloister on **TUESDAY AFTERNOONS at 2.00pm** for about an hour.*



THEY'RE JUST BEING A TYPICAL TEENAGER

aren't THEY?

THINK THINK TWICE ABUSE

EXPLOITATION CAN HAPPEN TO ANY CHILD, ANYWHERE.


Question what you think you know.
Question what you see and hear.

TAKE ACTION NOW TO PREVENT CHILD EXPLOITATION

SAY SOMETHING, IF YOU SEE SOMETHING SUSPICIOUS.

Crimestoppers **OR** Police
0800 555 111 **101**

For more information about how you can prevent this from happening visit stop-ce.org
or to help give children a voice donate online at stop-ce.org/donate



THE KNIT & NATTER GROUP meet in Holy Ghost Hall do pop in and join them. All welcome. No knitting qualifications required!! Next meeting is on 8th April

THE CRAFT CLUB meet monthly 10.00 am – 12.00 pm in Holy Ghost Hall. The next dates are as follows; April 6th, May 4th and June 1st

The "Holy Family Ladies & Friends" will be meeting in the Church Hall on Thursday 4th April from 2 - 4pm and all are most welcome.

Coffee is being served! Do join us after mass on Sundays and at St. Peter, Prince of Apostles on the first Tuesday of the month. We are working hard towards being a coin-

free parish so on the occasions where refreshments are paid for, a pre-paid loyalty card (costing £10.00.) will provide for coffee-tea-biscuits for 6 occasions.

Praying together ...there is an Ecumenical charismatic prayer group now meeting at Holy Trinity Church on the third Monday of the month at 2.30 pm (except August) All welcome

Health & Safety Notice When you are in church, or on parish premises, please make sure that you are aware of the exits. In the unlikely event of having to vacate the church unexpectedly, during a service, please follow the instructions of the priest and our stewards. They will direct you to the nearest exit. Please vacate promptly. Thank you for helping us keep you safe

The price of votive candles, like everything else, has increased - please help us by operating a 'credit system' for your donations, to eliminate coin-counting. May we suggest a minimum £5 note for 6 months (30 candles) or £10 note for 12 months (60 candles). **THANK YOU**

Join our Parish Family Pentecost Breakfast

Book your place for breakfast on Sunday 19 May,
after the 10.00 am Mass.

If you would like to make a reservation, please give us a cheque
payable to PRCDTR Holy Family Exmouth

Only £12.00 adults & £6.00 for children.

Limited spaces will be on a first come basis
and all proceeds will go to Launchpad. Final booking Friday 10 May

I am most grateful to the **Guild of St. Benedict & Scholastica** for
helping to facilitate this for us.

PARISH PENTECOST BREAKFAST

PLEASE RESERVE ADULT PLACES

PLEASE RESERVE..... CHILD PLACES

NAME.....

I AM VEGETARIAN YES/ NO

I ENCLOSE £.....

**Final bookings
Friday 10 May**



Launchpad is a social enterprise, training adults with learning challenges in catering and hospitality. They aim to support our trainees to improve their confidence, motivation and develop social skills to achieve their personal goals and ultimately seek employment. They are based at Seachange, the Budleigh health Hub, at the heart of the local community. They also run a cafe 'Wesley's' from the Temple methodist church hall, where they also provide a community fridge / larder in order to fulfil their aim to reduce food waste and support the local community.

Exmouth Food Bank March 2024 News



Current demand

During the past few weeks we have focused on restocking the core items that go into our food parcels. Thank you to everyone who has donated including the residents, families and staff from the Old Vicarage Residential Care Home in Otterton.

In February we distributed 205 parcels that fed 481 individuals. This is a 30% drop in demand when compared to January 2024, as many households were able to benefit from the government's recent cost of living payment of £299.



Staff from the Old Vicarage Care Home donating a collection of 'winter warmers.'

Preparations for Easter

Easter is early this year - Good Friday falls on Friday 29 March. We would welcome donations of Easter eggs and chocolates to give to families but request that such donations are made by **Friday 22 March** so that we can distribute them ahead of the Easter weekend.

Advanced warning to referring agencies - the Food Bank will be open on Tuesday 26 March as usual but will be closed on Good Friday 29 March. Normal opening hours will resume the following week.



Stock provided by Exmouth Food Bank to support the Pop-Up Pantry in Budleigh

From Food Bank to Pop-Up Pantry

Readers may be aware that we are working in partnership with Budleigh Methodist Church and Launchpad to provide a Pop-Up Pantry that is hosted at Wesley's Café and Community Space in Fore Street Budleigh. The Pantry supports families and individuals who are struggling to afford food but who would not necessarily pass the threshold for accessing a food bank. Basic items are offered at a subsidised rate i.e. £1.50 for 5 items, £3.00 for 10 items, and £6.00 for 20 items. The Pantry also offers transitional support to those who have received food parcels from Exmouth Food Bank but who need further assistance to get back on track.

The Pop-Up Pantry is open on Friday afternoons between 2.00pm and 4.00pm. If you would like to know more or would like to refer someone to the pantry please email: admin@launchpadsw.org

Celebrating the work of our amazing volunteers

Exmouth Food Bank is run entirely by 48 volunteers who collect donations from drop points, sort and rotate stock, pack and deliver food parcels and liaise with referring agencies and clients. On February 10th we were delighted to meet together for the first time as a whole team to reflect on and acknowledge all that we have achieved during the past year. We would like to extend our thanks to Exmouth Rotary for supporting this event along with the Great Western Railway Club for hosting it and Celebrations Exmouth for providing colourful table decorations.



PARISHES NEEDED FOR THE GREAT BIG DIOCESAN



Friday, 10 May 2024
Q & As supplied by

01364 645420 * vicki.dunstone@ccsplymouth.org.uk

www.ccsplymouth.org.uk * Charity no. 282803

Please help to raise funds by organising a quiz night and joining in with a number of other parishes across the Diocese answering the same questions at the same time.

'I am with you' Matthew 18:20

Youth Adventure Residential
24th May - 26th May 2024
Grangehurst, Buckfast Abbey

A time to get to know others in the diocese and explore your faith.



Youth Events
Diocese of Plymouth

For further information, contact:
youth@prcdtr.org.uk

***Thank you** to the group of parishioners that come to clean our churches. They will be back again in Holy Ghost on Wednesday 3rd April after the morning mass. Do please come along and join them.*

The Finance Committee would like to thank you for your support of our parish through your monthly donations. If you give regularly by bankers order, please can you consider increasing your donation - at the moment our income from monthly donations does not cover our outgoings and just a small increase from everyone would make a huge difference to meeting our costs. If you are a taxpayer, please speak to Wendy Davis who will be happy to explain how your donation can be boosted, at absolutely no extra cost to yourselves. Thank you for your support.



*The Finance Committee would like to invite you to put your Easter contribution to Fr. Philip into the envelopes that will be provided. The Easter & Christmas offerings are part of Fr. Philip's 'salary' and he thanks you for your support... **Thank you for your kindness.***

A huge thank you for supporting our London Marathon runners and the charities they are fundraising for. They are training hard in preparation for the run and will attempt the challenge on Sunday 21st April 2024. We wish them well.



David Wells is running the for CAFOD.

CAFOD does amazing work to improve the lives of the world's poorest people. Their projects encourage self-sufficiency and sustainable skills. They do not discriminate. They simply go where the need is.

www.justgiving.com/page/david-wells-1704554402785



Elisabeth is running for the NSPCC

'We're the only charity fighting to end child abuse in the UK and Channel Islands. That's why we help children who've been abused to rebuild their lives, we protect children at risk, and we find the best ways of preventing child abuse from ever happening' National Society for the Prevention of Cruelty to Children

<https://www.justgiving.com/page/kate-and-lils-nspcc-marathon>

A Pilgrimage of Hope – Part 2 – Save the Date

Please join Dave Wells and Fr Philip in the Parish Hall at 2.00pm on Wednesday May 22nd. Refreshments will be available

I would like to thank Dave Wells for his inspiring talk to us during Lent on the compass point of the Second Vatican Council. He will be returning on 22nd May to continue sharing his insight with us and I strongly encourage you all to come to this talk.



A brief look at the Four Compass points of the Second Vatican Council - In the 1960's the Hierarchy of the Church gathered to look at itself, its purpose and its direction. Pope Francis asks us to reflect upon what happened so that the hope of that Council will bear fruit in our day. As part of our preparation for next year's Holy Year come and join us for an hour as we consider what the Council agreed and decreed. We will ask ourselves, are we ready for the Church they hoped for?



St Joseph's School and Tesco Stronger Starts. We are delighted that Tesco have chosen our Breakfast Club project to progress to the customer vote stage of their Stronger Starts initiative. We would like to ask you to vote for St Joseph's when shopping in Tesco Stores in Exmouth. You can do this by collecting a blue token at the checkout and choosing St Joseph's in the voting bank as you leave the store. Voting will commence in store from the first week in April until the end of June. We will use any funding we get from Tesco, to support our Breakfast Club and buy much needed resources and equipment. This will ensure our children get the best start they can to each day at school. Many thanks for your support.

As a Parish, the safety of our children is paramount. Please accompany your children at all times. Sad though it may seem to have to point out, there could be dangers when children are left unsupervised in the parish grounds. Sad though it seems to have to draw attention to this, there is not only the risk of a traffic accident if a youngster were to run into the road but we must also be aware that there are individuals who do not have the wellbeing of children as a priority.

A Divine Mercy Service is being held at Blessed Sacrament, Heavitree, Exeter on Sunday 7 April. There will be confessions at 2.30pm and the Service will start at 3.00pm. This will be followed by refreshments in the St Richard Reynolds Centre – all are very welcome.

Caritas March Newsletter

Please click the link to read the March edition of the Caritas Diocese of Plymouth newsletter, with news of love in action and upcoming events around our diocese
<https://tinyurl.com/2s3nevuz>

If you would like a printed version of the newsletter, please contact caritas@prcdtr.org.uk