



The Parish of the Holy Family



Holy Ghost Church, Exmouth EX8 2JH
St Peter, Prince of Apostles, Budleigh Salterton EX9 6RZ

www.holyghostexmouth.org.uk
exmouth@prcdtr.org.uk

Registered Charity 213227



The Parish Office	The Presbytery 11 Raddenstile Lane, Exmouth EX8 2JH		
The Parish Priest	Fr. Philip Austen	01395 263384	
The Parish Office Manager	Jane Cheyne	01395 263384	Fax 01395 263394
The Deacon	Rev. Terry Enright	01395 239166	
Chaplain to Exeter Hospital	Exeter	01392 272815	
St Joseph's School	Office	01395 264875	

WELCOME TO THE PARISH OF THE HOLY FAMILY

Our Mass times are displayed below and you are most welcome – please do check the website as times may vary or change

Please pray for parishioners, family & friends, especially those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times. Please let me know if you are aware of anyone that would like to receive Holy Communion at home

The Sacrament of Reconciliation (Confession) is available by making an appointment with me, via the Parish Office.

MASS INTENTIONS If you would like a Mass celebrated for a particular intention; for someone who is ill or a loved one who has died; in thanksgiving for an answer to prayer or perhaps a private intention, contact Jane in the parish office who will help you find a date and time which suits you. It is traditional to make an offering at the same time. This is simply what you can afford and would like to give. Please note that to comply with GDPR rules we need the permission of the person named if it is to be made public unless they are deceased. *Fr. Philip*

FOR MASS TIMES IN LOCAL PARISHES Please contact them directly

Sidmouth	Church of the Most Precious Blood 5 Radway, Sidmouth EX10 8T	Tel	01395 513340
Exeter	Sacred Heart 25 South Street, Exeter EX1 1EB	Tel	01392 272815
Exeter	Blessed Sacrament 29 Fore St, Heavitree, Exeter EX1 2QJ	Tel	01392 274724

Mass Live streaming from Blessed Sacrament Exeter. Please go to the parish Facebook page Catholic Exeter—see <http://www.blessedsacrament.org.uk/> You don't need a Facebook account to watch the Masses, simply ignore the request from Facebook to log in.

THANK YOU FOR YOUR MONTHLY OFFERINGS and for your continued generosity to the parish. Many of you know that we are currently not encouraged to count and bank cash donations so the most efficient way for you to give is by standing order. Most of you have now started using this method and we are incredibly grateful. It saves us time and eliminates the need to count cash and make journeys to the bank in these difficult times and it's a coronavirus free transaction!! Mandate forms are available by emailing the parish office. Thank you!

Mass Times in the Parish this month



Check out Pope Francis' daily tweets on Twitter . 'The Lord has warned us that we should not waste words when we pray, deluding ourselves that we will be heard because of it. Rather, He taught us to trust the Father, who knows what we need even before we ask Him.' Mt 6 7-8

Third Week of Lent B Psalter 3

Saturday 2 March	5.00 pm	Sr. Emilia Teresa Fonseca RIP
Sunday 3 March	10.00 am	Parish
Tuesday 5 March at St. Peter, Prince of Apostles	NO MASS	
Wednesday 6 March <i>Funeral mass for Eileen Jarwood RIP</i>	11.00 am	Eileen Jarwood RIP
Friday 8 March	2.00 pm	Vivian Owens RIP

Fourth Week of Lent B PS4

Saturday 9 March	5.00 pm	Parish
Sunday 10 March	10.00 am	Conchita's intentions
Tuesday 12 March at St. Peter, Prince of Apostles	11.00 am	Aida Bellingham RIP (F)
Wednesday 13 March	NO MASS	
Friday 15 March	2.00 pm	Charles, Sarah, Sven & Lloyd

Fifth week of Lent B PS1

Saturday 16 March	5.00 pm	Parish
Sunday 17 March	10.00 am	Emma Jensine Costello & husband RIP (F)
Tuesday 19 March at St. Peter, Prince of Apostles at St. Joseph's School	11.00 am 2.30 pm	Guild of St. Joseph Our school community
Wednesday 20 March	11.00 am	Charles & Dinah McNamee RIP (F)
Friday 22 March <i>Funeral Mass Lucy Huber RIP</i>	2.00 pm	Lucy Huber RIP

HOLY WEEK B PS2

Saturday 23 March	5.00 pm	Parish
Sunday 24 March PALM SUNDAY OF THE PASSION OF THE LORD	10.00 am	Sheila & Walter Kevern RIP (F)
Tuesday 26 March at St. Peter, Prince of Apostles	11.00 am	Alfred Graham MacMullen & dec. relatives RIP (F)
Wednesday 27 March CHRISM MASS AT THE CATHEDRAL	12.00 am	
Thursday 28 March EVENING MASS OF THE LORDS SUPPER	7.30 pm	Edward Joseph Flanagan RIP (F)
Friday 29 March GOOD FRIDAY CELEBRATION OF THE LORD'S PASSION	3.00 pm	
Saturday 30 March HOLY SATURDAY	8.30 pm	Private Intention
Sunday 31 March EASTER SUNDAY	10.00 am	Parish

A WARM WELCOME TO ALL

If you are a visitor, please do join us for complimentary coffee & a chat after mass on Sunday.

Children are very welcome here and there are age appropriate mass books for them in St Anne's Cloister. Please pick one up.

CARITAS AT LENT

'Faith without works is dead' James 2:14



In Caritas, we are called to give our life not by dying, but in simple, concrete acts of selflessness and generosity inspired by this radical act of love. Every day we are called to let go of our concerns for ourselves and give ourselves with tenderness, compassion, and care to our brothers and sisters who are suffering and are marginalized.
(Msgr. Pierre Cibambo, Caritas Internationalis Ecclesiastical Advisor)

During Lent this year, Caritas challenges YOU to keep it simple and do little acts each week that will make a positive difference in the lives of those around you. We are also reminded by the Bishop's Conference, to observe the abstinence of meat on Friday to mark the weekly day of penance. Those who do not eat meat, should give up a different food that they usually eat. We have created suggestions for each week of Lent. How many of these actions can you complete?

Week 1



Pray for people who may be alone or isolated.
Observe Meat-free Friday
Join the CAFOD Big Lent Walk
https://walk.cafod.org.uk/?utm_source=display&utm_medium=insert&utm_campaign=Catholic%20Network

Week 2



Give up a small luxury during Lent and use the money you save to help others.
Pray for those around the world, particularly refugees, who are making a fresh start.
Observe Meat-free Friday

Week 3



Think of ways to care for creation to make our world a better place (e.g., cut out single use plastic).
Write down a list of all the things you are thankful for in your life.
Observe Meat-free Friday

Week 4



Write a card to someone special to tell them what they mean to you.
Donate an item of food to a local food bank to help families in your community.
Observe Meat-free Friday

Week 5



Donate things to a charity shop if you no longer need them.
Notice someone doing a good deed and thank them.
Observe Meat-free Friday

Week 6



Say something nice to each person in your office or family
Observe Meat-free Friday

The Parish of All Saints in Teignmouth is organizing a series of Lenten Talks on Zoom to which anyone is welcome. The leaping off point for each talk is one of the great Gospels of Year A's Lenten cycle. No booking is needed and the code remains the same for all evenings. Please do come and join us and share the journey.

Friday 1 st March.	The Transfiguration	Fr Andrew Marlborough
Friday 8 th March.	The Woman at the Well.	Mrs Deborah Fisher
Friday 15 th March.	The Man born blind	Fr Ignatius Raj SDM
Friday 22 nd March.	The Raising of Lazarus.	Mr Gerard Gillespie.

<https://us02web.zoom.us/j/83445840521?pwd=K3lKRfVGbnY0eEMzc3pVMVhOcnFCdz09>

Meeting ID: 834 4584 0521 Passcode: 862737



Reflections for Holy Week on Tuesday 26th March at 7.30 pm – a time to pray, listen to music & readings and reflect in a candle lit church. Can you spare just an hour to be with Jesus?...

On the weekend of Saturday 16 & Sunday 17th March I invite you to make a contribution towards the cost of Easter flowers. Please get together with other parishioners so that the donations are notes rather than coins. It is very difficult for us to process and bank coins so your help is appreciated. Any cheques can be made payable to PRCDTR Holy Family Exmouth. Thank you.



Sacramental Preparation in our parish – Baptism, First Communion & Confirmation
You may have noticed that we now have a group of children preparing for First Reconciliation & First Communion. Please remember them in your prayers.

If you are considering Sacramental preparation for your child, please speak to Fr. Philip



Five hours with the Lord in Lent

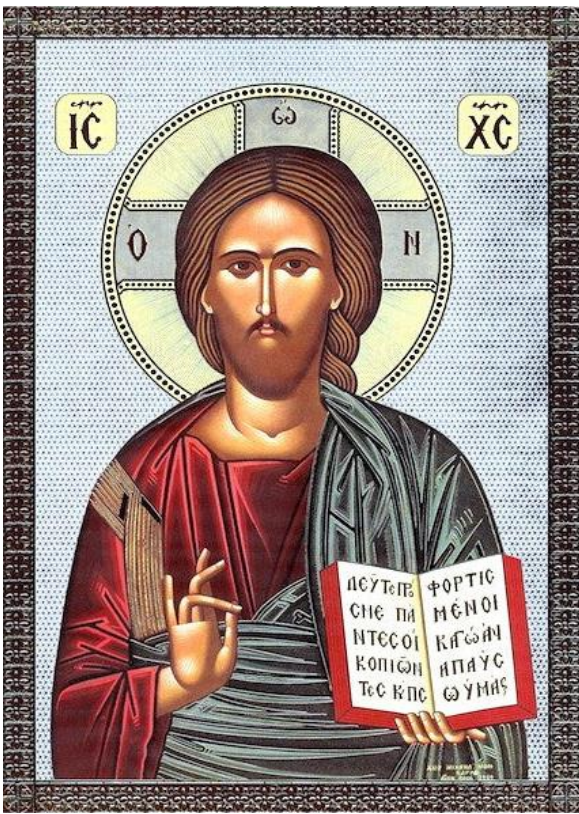
*He claims to have knowledge of God,
and calls himself a son of the Lord.*

Wisdom 2: 14

Friday March 15th. 2024



**10 o'clock Morning Prayer of the Church
The Stations of the Cross
Adoration of the Blessed Sacrament
12 noon Midday Prayer
12.30. Simple lunch of soup and rolls
2.00. Mass of the Day**



VERBUM DOMINI

Post-Synodal Apostolic Exhortation The Word of God in the Life and Mission of the Church Benedict XVI 2010

Eucharist and the word of God: “We are reading the sacred Scriptures. For me, the Gospel is the Body of Christ; for me, the holy Scriptures are his teaching. And when he says: *whoever does not eat my flesh and drink my blood (Jn 6:53)*, even though these words can also be understood of the [Eucharistic] Mystery, Christ’s body and

blood are really the word of Scripture, God’s teaching. When we approach the [Eucharistic] Mystery, if a crumb falls to the ground we are troubled. Yet when we are listening to the word of God, and God’s Word and Christ’s flesh and blood are being poured into our ears yet we pay no heed, what great peril should we not feel?” Christ, truly present under the species of bread and wine, is analogously present in the word proclaimed in the liturgy. A deeper understanding of the sacramentality of God’s word can thus lead us to a more unified understanding of the mystery of revelation, which takes place through “*deeds and words intimately connected*”; [Second Vatican Ecumenical Council, Vatican II, Constitution on Divine Revelation, *Dei Verbum* #2] an appreciation of this can only benefit the spiritual life of the faithful and the Church’s pastoral activity.

Following ‘Five Hours with the Lord in Lent’, Friday 15th March , there is a meeting for the Guild of St. John the Baptist on at 3.00 pm. It is important that all those who regularly read in church attend this meeting please.

The Guild of St. Emilie de Rodat will meet after mass on Sunday 17th March in the dining room.



HOLY FAMILY PARISH
EXMOUTH & BUDLEIGH SALTERTON



A Pilgrimage of Hope

A brief look at the Four Compass points of the Second Vatican Council.

In the 1960's the Hierarchy of the Church gathered to look at itself, its purpose and its direction.

Pope Francis asks us to reflect upon what happened so that the hope of that Council will bear fruit in our day.

As part of our preparation for next year's Holy Year come and join us for an hour as we consider what the Council agreed and decreed. We will ask ourselves, are we ready for the Church they hoped for?

Please join Dave Wells and Fr Philip in the Parish Hall at 2.00. on Wednesday March 20th.

Refreshments will be available





THE PARISH OF THE HOLY FAMILY



HOLY GHOST CHURCH

FRIDAY

MARCH 22ND.

10.30. ~ 12.00.

OR BY PRIOR APPOINTMENT

01395 263384

EXMOUTH@PRCDTR.ORG.UK



Cafod Lent Appeal 2024: Give a gift today

<https://cafod.org.uk/>

Thanks to support from people like you, James has the tools and training he asked for to fish safely. Continued support has bought him not just a compass, but a life jacket and a GPS fish-tracking system to find the best fishing spots and make his way home safely with an even bigger catch. Now James wants more people like him to get the chance to feed their families safely throughout the year and to achieve their plans and dreams.



Your urgent support can help hardworking people like James get the tools they need to feed their families for good. Give today and you will help people like James the fisherman feed their families, not just for today or tomorrow, but for good.

<https://cafod.org.uk/>

I would like to thank John Ingham who is the CAFOD Rep for us. He in turn thanks you all for your generosity in supporting the work of CAFOD. Your prayers and support and your financial donations are vital to support people like James. THANK YOU

CAFOD Maybe you can...

- **Donate by post** CAFOD Romero House 55 Westminster Bridge Road London SE1 7JB

Please make cheques payable to CAFOD and do not send cash in the post – we don't want your vital donations to get lost. If you are donating on behalf of a school or parish, please tell us your school or parish name.

- **Donate by phone** Call us on 0303 303 3030 and make a card payment over the phone with our Supporter Care team.
- **Gift Aid** Download and include a Gift Aid declaration with your donation to boost it by 25 per cent at no extra cost to you. <https://cafod.org.uk/>
- **Donate by Direct Debit** Set up a Direct Debit online <https://cafod.org.uk/>
- **Donate by bank transfer** Account name: CAFOD Account number: 11769410 Sort Code: 160030 Bank: Royal Bank of Scotland

Please send an email to dpt@cafod.org.uk confirming the amount, date of remittance and reason for donation (eg the name of your fundraiser, Lent Family Fast Day etc). <https://cafod.org.uk/>

ARCHBISHOP ROMERO TRUST

Romero Week Event

Prayerful & Prophetic Resilience in the Face of Injustice

Archbishops Oscar Romero
and Denis Hurley

Friday, 8 March 2024

Mass 6.30pm, Talk 7.15pm,

Blessed Sacrament Parish Exeter

29 Fore Street, Heavitree, EX1 2QJ



Speaker

Dr Raymond Perrier

*Director of the Denis Hurley Centre,
South Africa*



Information: romerotrust.org.uk

Tel: 01752 268 768

Email: romerotrust@gmail.com

Email: plymouth@cafod.org.uk

Registered charity number 1110069



The Archbishop
Romero Trust

THANK YOU FOR YOUR DONATIONS OF FOOD & TOILETRIES TO THE FOOD BANK. There is a basket in St. Anne's Cloister for you to leave your gifts. Thank you for your extra donations towards the Christmas food parcels.



Retrouvaille: A Programme for Couples Struggling in their Marriages

Help Your Marriage – Do you feel alone? Are you frustrated or angry with each other? Do you argue ... or have you just stopped talking to each other? Does talking about it only make it worse? Retrouvaille is a programme to support couples who have difficulties in their marriage. It brings a positive focus, new hope and helps nourish and grow your marriage. Tens of thousands of couples headed for divorce have successfully saved their marriages by attending and using the tools provided. The programme helps spouses uncover or re-awaken the love, trust and commitment that originally brought them together. It helps them through difficult times whether they are disillusioned or in deep misery. There is no group therapy or group work. For confidential information about 'Retrouvaille' or to register for the next programme commencing with a weekend in Welwyn Garden City on 14-16 June 2024, call or text 07887 296983 or 07973 380443 or email retrouvailleukinfo@gmail.com - or visit www.retrouvaille.org.uk

Retrouvaille – Do you need help in your marriage? Retrouvaille has helped many couples find new hope, nourishment and growth in their marriages. If you want to uncover or reawaken the love, trust and commitment that brought you together and work through difficult times in your marriage contact Retrouvaille confidential for more information about our 2024 programmes. There is no group therapy or group work. Our next programme commences with a weekend in Welwyn Garden City on 14-16 June 2024. Call or text 07887 296983 or 07973 380443, email retrouvailleukinfo@gmail.com - or visit www.retrouvaille.org.uk

Rediscover Your Marriage – Retrouvaille offers you the chance to rediscover yourself, your spouse, and a loving relationship in your marriage. 10s of 1000s headed for divorce have successfully saved their marriages by attending and using the tools provided. There is no group therapy or group work. The next programme commences with a weekend in Welwyn Garden City on 14-16 June 2024. Call or text 07887 296983 or 07973 380443, email retrouvailleukinfo@gmail.com - or visit www.retrouvaille.org.uk

As a Parish, the safety of our children is paramount. Please accompany your children at all times. Sad though it may seem to have to point out, there could be dangers when children are left unsupervised in the parish grounds. Sad though it seems to have to draw attention to this, there is not only the risk of a traffic accident if a youngster were to run into the road but we must also be aware that there are individuals who do not have the wellbeing of children as a priority.

Praying together ...there is an Ecumenical charismatic prayer group now meeting at Holy Trinity Church on the third Monday of the month at 2.30 pm (except August) All welcome

COME AND MEET OUR GOSPEL SHARING GROUP... *'You are invited to join us at Gospel Sharing in which we read through the readings for the following Sunday Masses and then share our thoughts on what "these readings say to us". The discussions that follow are friendly and informal and very helpful to our understanding of the scriptures. We meet in St. Anne's Cloister on TUESDAY AFTERNOONS at 2.00pm for about an hour.*

Saturday 13 April 2024 | 10am - 7pm

£12.50 for adults | £10 for Y10-Y13 | Free for Y9 and under

Stay Awake



Adore † Abide † Arise

Community + Praise and Worship +
Kids' Activities + Workshops + Mass +
Tea + Coffee + Homemade cakes + Pizza

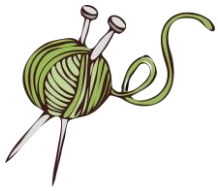
**Venue: All Saints Church of England Academy, Sunnyside Road,
Weymouth, DT4 9BJ**

More information at: www.stayawakejc.com

  @stayawakejc19

 stayawakejc19@gmail.com

 07531266224



THE KNIT & NATTER GROUP meet in Holy Ghost Hall do pop in and join them. All welcome. No knitting qualifications required!! Next meeting is on 4th March

THE CRAFT CLUB meet monthly 10.00 am – 12.00 pm in Holy Ghost Hall. The next dates are as follows; March 2nd, April 6th, May 4th and June 1st

The "Holy Family Ladies & Friends" will be meeting in the Church Hall on the following dates: Thursday 7th March for "Charades" and "Who am I?", and Thursday 21st March for "Stations of the Cross" with Mary Thomas. Both afternoons are from 2 - 4pm and all are most welcome. Our first meeting in April is Thursday 4th, when we will display our "Easter Bonnets"!



Coffee is being served! Do join us after mass on Sundays and at St. Peter, Prince of Apostles on the first Tuesday of the month. We are working hard towards being a coin-free parish so on the occasions where refreshments are paid for, a pre-paid loyalty card (costing £10.00.) will provide for coffee-tea-biscuits for 6 occasions.

Are you planning a Baptism this year? Please contact the Parish Office for 'what to do next'. I am particularly grateful to Jacqui Doak for her help in preparing parents to bring their child for Baptism.

Health & Safety Notice When you are in church, or on parish premises, please make sure that you are aware of the exits. In the unlikely event of having to vacate the church unexpectedly, during a service, please follow the instructions of the priest and our stewards. They will direct you to the nearest exit. Please vacate promptly. Thank you for helping us keep you safe



The price of votive candles, like everything else, has increased - please help us by operating a 'credit system' for your donations, to eliminate coin-counting. May we suggest a minimum £5 note for 6 months (30 candles) or £10 note for 12 months (60 candles). **THANK YOU**

Thank you to the big group of parishioners that came to clean the church on 7th February. They will be back again on Wednesdays 6th March and Wednesday 3rd April. Do please come along and join them.

The Finance Committee would like to thank you for your support of our parish through your monthly donations. If you give regularly by bankers order, please can you consider increasing your donation - at the moment our income from monthly donations does not cover our outgoings and just a small increase from everyone would make a huge difference to meeting our costs. If you are a taxpayer, please speak to Wendy Davis who will be happy to explain how your donation can be boosted, at absolutely no extra cost to yourselves. Thank you for your support.



GOOD LUCK TO OUR PARISHIONERS RUNNING THE LONDON MARATHON 2024 FOR CHARITY

ARE YOU IN THE RUN?... DO LET US KNOW.....



I am running the London Marathon for CAFOD.

Please sponsor me! CAFOD does amazing work to improve the lives of the world's poorest people. Their projects encourage self-sufficiency and sustainable skills. They do not discriminate. They simply go where the need is.



Please sponsor me. I am 61, two stone overweight, possess a pair of fragile knees, a dodgy hamstring. Look, I'm going to do this once in my life and although many charities come for you, please on this occasion, donate. I promise that if I remain injury free I will take you in spirit with me across that line, because your donation will

get me there.

David Wells

www.justgiving.com/page/david-wells-1704554402785



David's fundraiser for The Catholic Agency for Overseas Development (CAFOD)



Elisabeth's NSPCC's London Marathon fundraiser
Fundraising for NSPCC

Hello! Back in the lockdown of 2020, I decided to take up running. I remember hitting my first 5km without stopping, and my first 10km along the Exe estuary on Easter weekend 2020. Since then, I've completed several races ranging between 5km and a half marathon. I also love the Exmouth Park Run and challenge myself every week to run it quicker.



This year, I am taking on the biggest challenge yet...the iconic London Marathon in April 2024. I've never run more than a half marathon before and the thought of doing it twice makes me nauseous!! I couldn't face doing this solo, so I will be running alongside my friend and teaching colleague, Kate. Kate is my running buddy and whenever there's a race, we do it together. We are slightly crazy, a bit nervous but determined & dedicated to not only take on this running

*challenge but to raise awareness & as much money as we can for the NSPCC. Working in schools, we are aware of some of the challenges children face and therefore the importance of the vital work that the NSPCC do every day. If you would like to look at our progress, then please look at our Just Giving page. We are trying to post often to keep everyone updated with our training runs. **THANK YOU SO MUCH***

<https://www.justgiving.com/page/kate-and-lils-nsppc-marathon>

'We're the only charity fighting to end child abuse in the UK and Channel Islands. That's why we help children who've been abused to rebuild their lives, we protect children at risk, and we find the best ways of preventing child abuse from ever happening'

Closing date to purchase tickets - Thursday, 14 March 2024

Would you like to win some free tickets totalling approximately £180 thanks to the generosity of Exeter Chiefs, Torquay United and Exeter Racecourse? The Catholic Children's Society (Plymouth) have teamed up with these local sporting clubs and grounds to offer a one wonderful prize for one lucky winner. All proceeds raised from the prize draw will enable CCSP to continue to support families of all faiths and none living in our Diocese, which covers Devon, Cornwall and parts of Dorset.

The lucky winner will receive the following sporting bundle -



- EXETER CHIEFS - 2 standing tickets in the North Terrace for the game against Newcastle Falcons on Saturday, 23 March 2024



- TORQUAY UNITED - 4 seats in the family stand for the game against Havant and Waterlooville on Saturday 20 April 2024

- EXETER RACECOURSE - 2 complimentary tickets for a race day of your choice in the 2023/24 season



Please visit <https://www.crowdfunder.co.uk/p/a-sporting-bundle> to purchase tickets - £10 for one entry or buy two entries for £20 and receive a third entry for free.

Or alternatively scan this QR code by opening up your camera on your smart phone and pointing it at the QR code to be taken directly to our Crowdfunding Prize Draw page.

Many thanks for your support
Kind Regards, Vicki Dunstone
Fundraiser & Communications Officer, Catholic Children's Society (Plymouth)

Supporting family life across Devon, Cornwall and parts of Dorset

St Boniface House, Ashburton, Devon TQ13 7JL 01364 645420 or email:

vicki.dunstone@ccsplymouth.org.uk

www.ccsplymouth.org.uk

Registered Charity number: 282803



