



# The Parish of the Holy Family



Holy Ghost Church, Exmouth EX8 2JH  
St Peter, Prince of Apostles, Budleigh Salterton EX9 6RZ

[www.holyghostexmouth.org.uk](http://www.holyghostexmouth.org.uk)  
[exmouth@prcdtr.org.uk](mailto:exmouth@prcdtr.org.uk)

Registered Charity 213227



<b>The Parish Office</b>	The Presbytery 11 Raddenstile Lane, Exmouth EX8 2JH		
<b>The Parish Priest</b>	Fr. Philip Austen	01395 263384	
<b>The Parish Office Manager</b>	Jane Cheyne	01395 263384	Fax 01395 263394
<b>The Deacon</b>	Rev. Terry Enright	01395 239166	
<b>Chaplain to Exeter Hospital</b>	Exeter	01392 272815	
<b>St Joseph's School</b>	Office	01395 264875	

## WELCOME TO THE PARISH OF THE HOLY FAMILY

**Our Mass times are displayed below and you are most welcome – please do check the website as times may vary or change**

**Please pray for** parishioners, family & friends, especially those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times. Please let me know if you are aware of anyone that would like to receive Holy Communion at home

**The Sacrament of Reconciliation (Confession)** is available by making an appointment with me, via the Parish Office.

**MASS INTENTIONS** If you would like a Mass celebrated for a particular intention; for someone who is ill or a loved one who has died; in thanksgiving for an answer to prayer or perhaps a private intention, contact Jane in the parish office who will help you find a date and time which suits you. It is traditional to make an offering at the same time. This is simply what you can afford and would like to give. Please note that to comply with GDPR rules we need the permission of the person named if it is to be made public unless they are deceased. *Fr. Philip*

### FOR MASS TIMES IN LOCAL PARISHES Please contact them directly

<b>Sidmouth</b>	Church of the Most Precious Blood 5 Radway, Sidmouth EX10 8T	Tel	01395 513340
<b>Exeter</b>	Sacred Heart 25 South Street, Exeter EX1 1EB	Tel	01392 272815
<b>Exeter</b>	Blessed Sacrament 29 Fore St, Heavitree, Exeter EX1 2QJ	Tel	01392 274724

**Mass Live streaming** from Blessed Sacrament Exeter. Please go to the parish Facebook page Catholic Exeter—see <http://www.blessedsacrament.org.uk/> You don't need a Facebook account to watch the Masses, simply ignore the request from Facebook to log in.

**THANK YOU FOR YOUR MONTHLY OFFERINGS** and for your continued generosity to the parish. Many of you know that we are currently not encouraged to count and bank cash donations so the most efficient way for you to give is by standing order. Most of you have now started using this method and we are incredibly grateful. It saves us time and eliminates the need to count cash and make journeys to the bank in these difficult times and it's a coronavirus free transaction!! Mandate forms are available by emailing the parish office. Thank you!

# HAPPY NEW YEAR TO YOU ALL

## Mass Times in the Parish this month

Check out Pope Francis' daily tweets on Twitter



### Second Week of Christmastide Psalter 2

<b>Saturday 6 January</b> <i>Vigil of Epiphany of the Lord</i>	5.00 pm	Charles Edward McNamee RIP (F)
<b>Sunday 7 January</b> <i>Epiphany of the Lord</i>	10.00 am	Parish
<b>First Week of Ordinary Time B2 PS1</b> Tuesday 9 January at St. Peter, Prince of Apostles	NO MASS	
<b>Wednesday 10 January</b>	NO MASS	
<b>Friday 12 January</b>	NO MASS	

### Second Week of Ordinary Time B2 PS2

<b>Saturday 13 January</b>	5.00 pm	Parish
<b>Sunday 14 January</b> <i>PEACE DAY</i>	10.00 am	Edward & Dolores Lloyd Payne RIP (F)
<b>Tuesday 16 January at St. Peter, Prince of Apostles</b>	11.00 am	Fr. A.T. Parsons RIP (F)
<b>Wednesday 17 January</b> <i>St Anthony Ab</i>	11.00 am	Richard & Beatrice Meesham RIP (F)
<b>Friday 19 January</b>	2.00 pm	Richard Bankoski RIP

### Third Week of Ordinary Time B2 PS3

<b>Saturday 20 January</b>	5.00 pm	
<b>Sunday 21 January</b>	10.00 am	Parish
<b>Tuesday 23 January at St. Peter, Prince of Apostles</b>	11.00 am	
<b>Wednesday 24 January</b> St Francis de Sales Bp Dr	11.00 am	Anne & John Crawley
<b>Friday 26 January</b> <i>St Timothy Bp and St Titus Bp</i>	2.00 pm	Sick & Retired Clergy

### Fourth Week of Ordinary Time B2 PS4

<b>Saturday 27 January</b>	5.00 pm	Parish
<b>Sunday 28 January</b>	10.00 am	Henrietta Campbell Ivatt RIP (F)
<b>Tuesday 30 January at St. Peter, Prince of Apostles</b>	11.00 am	
<b>Wednesday 31 January</b> St John Bosco Pr	11.00 am	Eve Smith RIP
<b>Friday 2 February</b> The Presentation of the Lord	2.00 pm	

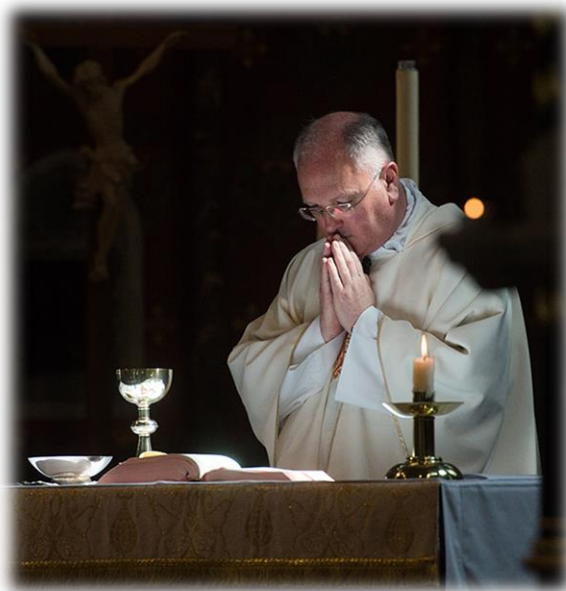
Children's Liturgy Group on the 1st Sunday of every month

## WELCOME TO ALL OUR VISITORS

Please join us for complimentary coffee & a chat after mass on Sunday

*HAPPY NEW YEAR to you and your loved ones. Thank you for your kind words, cards, and gifts over the past few weeks. It was very good to be able to celebrate Christmas with so many of you and I am touched by your support. Please continue to pray for me and the clergy of our Diocese, as I will for you. Fr. Philip*

*The Sisters of the Holy Family wish you all a very Happy New Year. Thank you for your Christmas cards, good wishes and prayers. We are most appreciative of your kindness. May God bless you and your loved ones.*



### **A New Year & a new Bishop.**

On Friday 15 December 2023, His Holiness Pope Francis appointed Canon Christopher Whitehead as the Tenth Bishop of the Diocese of Plymouth. Bishop Elect Christopher will be ordained in the Cathedral in Plymouth on 22 February 2024 at midday.

Bishop Elect Christopher said "As I begin this challenging and exciting journey in the service of God's Church and the people of the Diocese of Plymouth, I ask for the prayers of the children, women and men of my new diocese. I need these

and the prayers of my brother priests, and the religious communities, and all people of good will. Please pray that I may have the gifts of courage, wisdom, prudence and discernment, as your servant.

Please remember Bishop Elect Christopher in your prayers as he prepares his move to our Diocese. We pray also for Canon Paul Cummins who has been working so hard while we have been waiting for this appointment.

**If you would like to attend the ordination, please let me know ASAP.**

2025 The Year of Preparation for the Jubilee The Bishops' Conference have launched their web pages on the Jubilee. The link is: <https://www.cbcew.org.uk/jubilee-2025/>

The website contains information about the theme of Jubilee itself and its origins, its expression in art, a letter from the Holy Father, as well as sections exploring the different themes of the Jubilee.





*“The Wise Men were overjoyed on seeing the star again. They went into the house and when they saw the Child with Mary his mother, they knelt and worshipped Him.”*

Matt. 2: 10

**This weekend** we celebrate the Feast of the Epiphany where traditionally in many parts of the world gifts are exchanged. Just as the Three Kings brought gifts to Jesus, so gifts are exchanged amongst family and friends.

*An ancient Christian custom associated with the Epiphany is the blessing of homes with chalk. We adopted this tradition in our parish many years ago and it is a wonderful way to quietly evangelise. Normally we provide the blessing and chalk for you but obvious restrictions prevent us from doing that this year.*

*As we face even more challenges at the start of this New Year, I invite you to adopt this custom in your family. It is an invitation for Jesus to be a daily guest in our homes, our comings and goings, our conversations, our work and play, our joys and sorrows. I pray that your ‘holy doorway’ will become a source of blessing for you, your whole family and all who visit your house. Happy New Year! Fr. Philip*

**Blessing the Home** Using chalk, mark the lintel of your front door (front porch, step or wall as follows: **20 + C + M + B + 24**

**While saying:** The three Wise Men, Caspar, Melchior and Balthasar followed the star of God’s Son who became human two thousand and seventeen years ago. May Christ bless our home and remain with us throughout the New Year. Amen



**Then all the family say together the following prayer:**

Visit, O Lord, our home with the joy of your presence. Bless all who live here, and all who visit us, with the gift of your love. May we show your love to

each other and to all whose lives we touch. May we grow in grace and in love of you. Guide, comfort and strengthen us in your peace. Amen.





## THANK YOU

*I was delighted to see our team of parishioners welcoming visitors to 'Christmas in the Strand'. It certainly was a chilly day, but their welcome was warm and their witness commendable.*



*Many visitors enjoyed the music, the Nativity play and the children's activities. The clergy from churches across Exmouth were there and the atmosphere was a welcome alternative to the frenzy in the shops at this time of the year.*

*I hope that this will become a regular tradition in the town centre and we can 'go out into the streets' again next year.*

*I would also like to thank the numerous parishioners who helped prepare the church for Christmas in so many different ways. Your ministries are much appreciated.*

*May God bless you and your loved ones in the months ahead.*

Fr. Philip

**We support Launchpad by inviting you to**

**Parish Family  
New Year Breakfast**

**Book your place for the parish 'fry up' on Sunday 28 January,  
after the 10.00 am Mass.**

If you would like to make a reservation, please give us a cheque  
payable to PRCDTR Holy Family Exmouth

Only £12.00 adults & £6.00 for children.

Limited spaces will be on a first come basis  
and all proceeds will go to Launchpad. Final booking Friday 19 January

I am most grateful to the **Guild of St. Benedict & Scholastica** for  
helping to facilitate this for us.

---

**PARISH BIG BREAKFAST**

PLEASE RESERVE ..... ADULT PLACES

PLEASE RESERVE..... CHILD PLACES

NAME.....

I AM VEGETARIAN      YES/ NO

I ENCLOSE £.....

**Final bookings  
Friday 19 January**



*Launchpad is a social enterprise, training adults with learning challenges in catering and hospitality. They aim to support our trainees to improve their confidence, motivation and develop social skills to achieve their personal goals and*

*ultimately seek employment. They are based at Seachange, the Budleigh health Hub, at the heart of the local community. They also run a cafe 'Wesley's' from the Temple methodist church hall, where they also provide a community fridge / larder in order to fulfil their aim to reduce food waste and support the local community.*

Sacramental Preparation in our parish – Baptism, First Communion & Confirmation

If you are considering Sacramental preparation for your child please contact Fr. Philip in the first instance.

Please copy & paste this link to read the first of our new diocesan wide newsletters and share as you wish

<https://email.workwithgusto.co.uk/t/t-32B5C095A45E59832540EF23F30FEDED>

Here is the link if you would like to sign up to receive our next newsletter and weekly Advent reflections: <https://email.workwithgusto.co.uk/h/t/A561A3216C433494>

### **Caritas Diocese of Plymouth – Homelessness – How are we called to respond? Online event 6-7pm Wednesday 17 January 2024**

Catholic Social Teaching reminds us that housing is not a valueless system but a core part of what it means to live a dignified human life. Cardinal Vincent Nichols has said that “the provision of secure, decent housing for all is a hallmark of a good society. ‘ And yet on any given night, tens of thousands of families and individuals are experiencing the worst forms of homelessness across Great Britain. This includes more than 200,000 households in England alone.

This online event of prayer and reflection will include presentations from organisations working on the frontline of homelessness including St Petrocs Cornwall and Routes to Roots in Dorset, who will share their response to the enormous challenge of homelessness and how we can best respond. All are welcome.

Please register to receive the Zoom invitation <https://forms.office.com/e/VVp5t5qU7F>

**Stay Awake, 2024!** Our all-age, all-day faith event is on **Saturday, 13<sup>th</sup> April** at All Saints Church of England Academy, Wyke, Weymouth. Details later but please **save the date!**

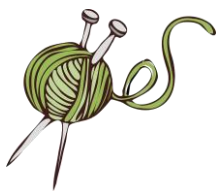
**THANK YOU FOR YOUR DONATIONS OF FOOD & TOILETRIES TO THE FOOD BANK.** There is a basket in St. Anne’s Cloister for you to leave your gifts. Thank you for your extra donations towards the Christmas food parcels.

**As a Parish, the safety of our children is paramount. Please accompany your children at all times.** Sad though it may seem to have to point out, there could be dangers when children are left unsupervised in the parish grounds. Sad though it seems to have to draw attention to this, there is not only the risk of a traffic accident if a youngster were to run into the road but we must also be aware that there are individuals who do not have the wellbeing of children as a priority.

**Praying together** ...there is an Ecumenical charismatic prayer group now meeting at Holy Trinity Church on the third Monday of the month at 2.30 pm (except August) All welcome

**Our cleaning team** would like to thank everyone who recently signed up to join them. They come on **the 1<sup>st</sup> Wednesday of every month** after the morning mass for about an hour. The pre-Lent big clean will be on Wednesday 7 February. Everyone welcome, do come and stay for coffee afterwards. Thank you for supporting them – even if its only once!

**COME AND MEET OUR GOSPEL SHARING GROUP...** *'You are invited to join us at Gospel Sharing in which we read through the readings for the following Sunday Masses and then share our thoughts on what "these readings say to us". The discussions that follow are friendly and informal and very helpful to our understanding of the scriptures. We meet in St. Anne's Cloister on TUESDAY AFTERNOONS at 2.00pm for about an hour.*



**THE KNIT & NATTER GROUP** meet in Holy Ghost Hall do pop in and join them. All welcome. No knitting qualifications required!! Future diary dates 8<sup>th</sup> January & 5th February.

**THE CRAFT CLUB** meet monthly 10.00 am – 12.00 pm in Holy Ghost Hall. The next date is 2nd January. New members most welcome



**Coffee is being served! Do join us after mass on Sundays and at St. Peter, Prince of Apostles** on the first Tuesday of the month. We are working hard towards being a coin-free parish so on the occasions where refreshments are paid for, a pre-paid loyalty card (costing £10.00.) will provide for coffee-tea-biscuits for 6 occasions.

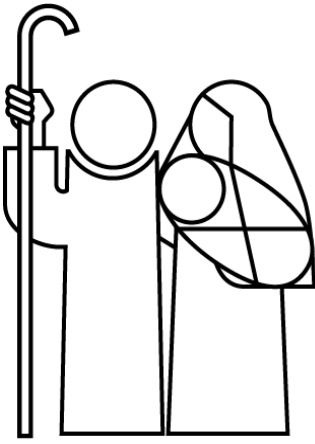
**Are you planning a Baptism this year?** Please contact the Parish Office for 'what to do next'. I am particularly grateful to Jacqui Doak for her help in preparing parents to bring their child for Baptism.

**Health & Safety Notice** When you are in church, or on parish premises, please make sure that you are aware of the exits. In the unlikely event of having to vacate the church unexpectedly, during a service, please follow the instructions of the priest and our stewards. They will direct you to the nearest exit. Please vacate promptly. Thank you for helping us keep you safe



**The price of votive candles, like everything else, has increased** - please help us by operating a 'credit system' for your donations, to eliminate coin-counting. May we suggest a minimum £5 note for 6 months (30 candles) or £10 note for 12 months (60 candles). THANK YOU





**Mill Hill Missionaries Red Box** Thank you to everyone who has contributed to this charity for many years. We will unfortunately no longer be able to collect and bank the coins in these boxes. Please can anyone who has a red box at home bring it in ASAP. My thanks to Susan Laithwaite who has been responsible for the scheme in the parish for a very long time.

If you would like to continue to donate to the Mill Hill Missionaries please contact Mill Hill Missionaries directly - telephone 01628 673178 or email them at [office@millhillmissionaries.com](mailto:office@millhillmissionaries.com). You will then have an option

to donate directly in a way that suits you best.

Your prayers and financial gifts will help them to train more missionaries and to reach out to the poorest and most marginalised people on our planet, sharing with them the good news of the Gospel and uplifting their lives through education, health work and development projects. Thank you



## FORWARD PLANNING

Join me for the Lent Parish Day at Buckfast on Tuesday 27<sup>th</sup> February. To confirm your place please contact the office as soon as possible. Cheques for £29.00 should be made payable to PRCDTR Holy Family Parish. I look forward to being with you there.

# Joy

in the  
presence  
of God

A weekend of faith,  
formation and friendship  
Friday 23 February –  
Sunday 25 February  
Livermead Cliff Hotel  
Torquay.

For more information and  
booking form see flyer,  
visit Facebook and search  
gather conference or use  
the QR code below.

DIOCESE OF PLYMOUTH



# GATHER 2024



# WELCOME TO GATHER 2024

The annual GATHER Conference unites people from across the Diocese of Plymouth and further afield for a weekend of faith, formation and friendship. This year, once again, we will gather at the Livermead Cliff Hotel, Torquay from Friday 23 February – Sunday 25 February.

Speakers include:

**Avril Baigent** from the Diocese of Northampton has an exciting role with developing chaplaincy, synodality and new forms of lay ministry across parishes. She is also Co-director of a national project: School for Synodality.

**Colin Bentley** is a parishioner in Sidmouth and also a nationally acclaimed Artist, Teacher, Musician, Catechist and HCPT Volunteer. He is currently working on Pilgrimage - A Portrait of HCPT. The project is about joy, faith, inclusivity, belonging, care and what it means to go on pilgrimage.

**David Wells** and **John Mannix** are nationally and internationally acclaimed speakers and writers. Key members of Bishop Christopher's Vicariate for Formation they helped devise the GATHER formula we use today.

**Sr Mary Magdalen** is from the community of Mary, Morning Star a contemplative convent in Lynton, North Devon.

We are delighted to welcome back **Jo Boyce** from CJM Music to GATHER. She will be leading the music and liturgies for the conference.

**BOOKING** Single occupancy residential rate £180. Shared occupancy £165. Price includes 2 nights bed and breakfast, lunch and evening meal on Saturday, tea and coffee. Price does not include supper on Friday.

Non-residential rate £55 includes full conference attendance, tea and coffee and lunch on Saturday. Price including dinner £95. Sunday lunch may be booked and paid for in advance or upon arrival at the hotel.

**Online booking preferred.** Use the QR code on the back of this flyer or the booking form enclosed and email it to the hotel and plymouthgather.

**Join in the conversation** on Facebook, search Gather Conference and keep up to date with arrangements.

Photographs taken during the conference may be used on diocesan and parish websites and social media.

# GATHER 2024 BOOKING FORM

NAME Block Capitals

TITLE

ADDRESS

TELEPHONE

EMAIL

RESIDENTIAL SINGLE OCCUPANCY £180 Please tick box

RESIDENTIAL SHARED OCCUPANCY £165 Please tick box

I'D LIKE TO SHARE WITH

Name of delegate

Name of delegate

Name of delegate

SATURDAY DAY DELEGATE £55 Please tick in box

Including Dinner £95

I ENCLOSE A CHEQUE PAYABLE TO LIVERMEAD CLIFF LTD Please tick box

SPECIAL DIETARY REQUIREMENTS

SPECIAL MOBILITY REQUIREMENTS

Please tick if, during the weekend you would like to; play a musical instrument,   
sing during the liturgies  or read during the liturgies

Please send completed form and payment to LIVERMEAD CLIFF HOTEL, TORBAY ROAD, SEA FRONT, TORQUAY, DEVON TQ2 6RQ. Telephone 01803 299666

Cheques payable to Livermead Cliff Ltd. Please email completed form to [rm@livermeadcliff.co.uk](mailto:rm@livermeadcliff.co.uk) and [plymouthgather@yahoo.com](mailto:plymouthgather@yahoo.com)

Please ensure a booking form is completed for each individual delegate. Many thanks.

All monies received go straight to the hotel. Refunds may be offered with at least two weeks notice but must be dealt with via the Livermead Cliff Hotel.



## Exmouth Food Bank January 2024 News



### Demand during the festive season

December is always a busy month for Exmouth Food Bank and this one was no exception. Our loyal supporters including churches, schools, clubs, businesses and generous individuals rallied and enabled us to distribute 390 parcels that fed over 990 people. This is an 8% increase in demand when compared to December 2022.

Looking back over 2023 we have provided food for 8,195 people (broadly in line with the support we provided in 2022) and distributed 4,513 parcels. Sadly, the fall in the use of food banks that was predicted as the country emerged from COVID has not been realised. Increasingly we see individuals and families who are in work but who, due to the current cost of living, struggle to put food on the table, particularly by week three of the month.

### Festive cheer

As well as managing a surge in demand in December, Exmouth Food Bank volunteers together with representatives from the community, packed and distributed over 350 hampers to those in need of a few festive extras. Recipients included clients of the Food Bank as well as individuals and families identified by local churches and partner agencies such as Open Door.

The festive season certainly ignited a great deal of creativity amongst our supporters! There were sponsored quizzes and cake sales, pop-up Exmouth Food Bank collection points and reverse Advent calendar events. The picture to the right shows a wonderful window display that Suzie and her partner from Estuary Cottage in Lympstone created as part of Lympstone's Living Advent Window. The display promoted the work of the Food Bank and encouraged donations of food. You are all AMAZING – thank you!



### New Year restock

We are anticipating that the increase in demand for our services will continue during the next quarter and now need to focus on replenishing our core stock.

We would really appreciate donations of the following items: longlife milk, breakfast cereals, tinned soups, baked beans, tinned spaghetti, tins of vegetables, tins of meat and fish, jars of pasta sauce, packets of rice, custard, rice pudding and tins of fruit.



### Thank you and Happy New Year

We would like to take this opportunity to thank all of our donors and supporters for their time, encouragement and sponsorship during 2023. The Food Bank would not function without the financial contributions and food so generously donated by the community of Exmouth and its surrounding area. Long may this continue in 2024.

In addition we would also like to say a big THANK YOU to our team of 40 intrepid volunteers who, come rain or shine, shift and date stock, pack and deliver food parcels and liaise with referring agencies and clients. Your hard work, good humour and resilience are simply awesome.