



The Parish of the Holy Family



Holy Ghost Church, Exmouth EX8 2JH
St Peter, Prince of Apostles, Budleigh Salterton EX9 6RZ

www.holyghostexmouth.org.uk
exmouth@prcdtr.org.uk

Registered Charity 213227



The Parish Office	The Presbytery 11 Raddenstile Lane, Exmouth EX8 2JH		
The Parish Priest	Fr. Philip Austen	01395 263384	
The Parish Office Manager	Jane Cheyne	01395 263384	Fax 01395 263394
The Deacon	Rev. Terry Enright	01395 239166	
Chaplain to Exeter Hospital	Exeter	01392 272815	
St Joseph's School	Office	01395 264875	

WELCOME TO THE PARISH OF THE HOLY FAMILY

Our Mass times are displayed below and you are most welcome – please do check the website as times may vary or change

Please pray for parishioners, family & friends, especially those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times. Please let me know if you are aware of anyone that would like to receive Holy Communion at home

The Sacrament of Reconciliation (Confession) is available by making an appointment with me, via the Parish Office.

MASS INTENTIONS If you would like a Mass celebrated for a particular intention; for someone who is ill or a loved one who has died; in thanksgiving for an answer to prayer or perhaps a private intention, contact Jane in the parish office who will help you find a date and time which suits you. It is traditional to make an offering at the same time. This is simply what you can afford and would like to give. Please note that to comply with GDPR rules we need the permission of the person named if it is to be made public unless they are deceased. *Fr. Philip*

FOR MASS TIMES IN LOCAL PARISHES Please contact them directly

Sidmouth	Church of the Most Precious Blood 5 Radway, Sidmouth EX10 8T	Tel	01395 513340
Exeter	Sacred Heart 25 South Street, Exeter EX1 1EB	Tel	01392 272815
Exeter	Blessed Sacrament 29 Fore St, Heavitree, Exeter EX1 2QJ	Tel	01392 274724

Mass Live streaming from Blessed Sacrament Exeter. Please go to the parish Facebook page Catholic Exeter—see <http://www.blessedsacrament.org.uk/> You don't need a Facebook account to watch the Masses, simply ignore the request from Facebook to log in.

THANK YOU FOR YOUR MONTHLY OFFERINGS and for your continued generosity to the parish. Many of you know that we are currently not encouraged to count and bank cash donations so the most efficient way for you to give is by standing order. Most of you have now started using this method and we are incredibly grateful. It saves us time and eliminates the need to count cash and make journeys to the bank in these difficult times and it's a coronavirus free transaction!! Mandate forms are available by emailing the parish office. Thank you!

Mass Times in the Parish this month

Check out Pope Francis' daily tweets on Twitter 'The Holy Spirit is demanding, because He is a true, faithful friend, who hides nothing and suggests what we need to change and where we need to grow. But when He corrects us, He never instils distrust. Rather, He assures us that we can always succeed with God'



Eighth Week of Ordinary Time A1 Psalter 4

Saturday 27 May <i>Vigil of Pentecost</i>	5.00 pm	Sr. Gabrielle Higgins 75 years religious life.
Sunday 28 May <i>Pentecost Sunday</i>	10.00 am	Parish
Tuesday 30 May at St. Peter, Prince of Apostles	11.00 am	
Wednesday 31 May <i>The Visitation of the Blessed Virgin Mary</i>	11.00 am	Mary Jones
Friday 2 June	2.00 pm	Intentions of Attila Barra

Ninth Week of Ordinary Time A1 Psalter 1

Saturday 3 June	5.00 pm	Parish
Sunday 4 June <i>The Most Holy Trinity</i>	10.00 am	Richard & Lori's intentions
Tuesday 6 June at St. Peter, Prince of Apostles	11.00 am	
Wednesday 7 June	11.00 am	Bernard Francis Parker
Friday 9 June	NO MASS	

Tenth Week of Ordinary Time A1 Psalter 2

Saturday 10 June	5.00 pm	Elsie Laslett for her First Holy Communion
Sunday 11 June <i>The Most Holy Body & Blood of Christ</i>	10.00 am	Parish
Tuesday 13 June at St. Peter, Prince of Apostles <i>St Anthony of Padua Pr Dr</i>	11.00 am	
Wednesday 14 June	11.00 am	
Thursday 15 June	11.00 am	
Friday 16 June <i>The Most Sacred Heart of Jesus</i>	2.00 pm	

Eleventh Week of Ordinary Time A1 Psalter 3

Saturday 17 June	5.00 pm	
Sunday 18 June <i>Day for Life</i>	10.00 am	Parish
Tuesday 23 June St. Peter, Prince of Apostles	NO MASS	
Wednesday 24 June	NO MASS	
Friday 26 June	NO MASS	

ON THE WEEKEND OF 27/28 May we pray for the sick and retired priests of the Diocese. The Secular Clergy Fund is available for the relief of sick and retired members who are priests of the Diocese and the fund needs the support of the people of the Diocese through donations and legacies. If you can help, there will be some Gift Aid envelopes available and you asked to make cheques payable to The Secular Clergy Fund. Thank you



50 DAYS AFTER EASTER, Pentecost is the Feast Day of Holy Ghost Church, a day which we traditionally celebrate together. Let us remember our parish family, pray for each other, and pray for the courage to step out of our usual comfort zones to spread the Good News we have been freely given.

‘Taking a closer look at the day of Pentecost, Pope Francis said that the first task of the Church is proclamation. The Spirit does not want the Apostles to be locked in upper rooms where it is easy to “nest”. Rather, He “opens doors and pushes us to press beyond what has already been said and done, beyond the precincts of a timid and wary faith.” Pentecost 2020

‘The Church of Christ is always, so to speak, in a situation of Pentecost: she is always gathered in the Upper Room in prayer, and at the same time, driven by the powerful wind of the Spirit, she is always on the streets preaching’ (St. John Paul II. June 8, 2003).

We celebrate Trinity Sunday this year on 4th June. Last year on Trinity Sunday Pope Francis addressed the crowd in St. Peter’s Square *‘To better understand the Trinity, the Holy Father encouraged the crowd to consider each name of the three persons of the Trinity, “which we pronounce every time we make the sign of the cross: Each name contains the presence of the other.”*

“The Father, for example, would not be such without the Son; likewise, the Son cannot be considered alone, but always as the Son of the Father. And the Holy Spirit, in turn, is the Spirit of the Father and the Son,” he said.

“In short,” Pope Francis added, “the Trinity teaches us that one can never be without the other. We are not islands, we are in the world to live in God’s image: open, in need of others, and in need of helping others.” 3.6.22

The Solemnity of the Sacred Heart of Jesus is a liturgical feast celebrated on the Friday after Corpus Christi. The devotion to the heart of Jesus has Christ's unconditional love at its centre, exemplified in the blood and water which poured forth from Christ's heart in his sacrifice on the cross.

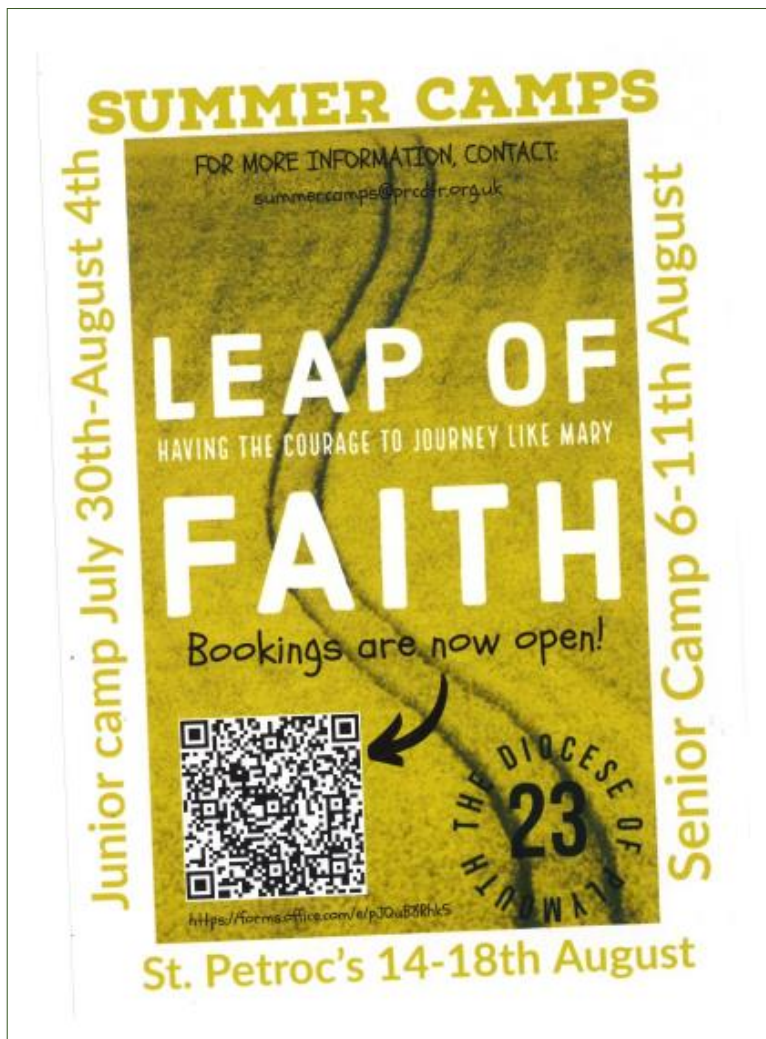
In 2020 Pope Francis encouraged Catholics to discover the riches of charity hidden in the heart of Christ.

"Friday we will celebrate the solemnity of the Sacred Heart of Jesus. Do not be afraid to present to him all the intentions of our suffering humanity, its fears, its miseries. May this Heart, full of love for men, give everyone hope and trust,"

"I invite you to discover the riches that are hidden in the Heart of Jesus, to learn to love your neighbour," Pope Francis at the General Audience 17.6.20

Funeral question & answers Wednesday 7 June 2.00 pm

Fr. Philip invites you to join him for coffee & cake (or tea if you prefer!) on Wednesday 7th June at 2.00 pm. He would like to chat to you informally about funeral planning. You will have the opportunity to ask questions and make an appointment with him if you wish to talk personally about your funeral requests



The Youth Events E-Newsletter is a great way to keep in touch with Diocesan youth events.

To get in touch please email Saskia: youth@prcdtr.org.uk
Tel 01364645401

The Diocesan Communications team are relaunching a diocesan wide newsletter in the coming months.

They will be sending out a special tribute to Bishop Christopher in the next few days, with photographs and extracts from his pastoral letters sourced from the diocesan archives, as well as written tributes.

If you'd like to read it please sign up here and share with anyone who may be interested:

<https://email.workwithgusto.co.uk/h/t/A561A3216C433494>

CARITAS DIOCESE OF PLYMOUTH - REFUGEE WEEK EVENT WEDS 21 JUNE 6-7 PM VIA ZOOM *'Every migrant has a name, a face and a story'. Pope Francis* Refugee Week is approaching and the theme this year is Compassion. Caritas Diocese of Plymouth would like to invite people to learn more about ['Love the Stranger'](#) - a new publication by the Catholic Bishops' Conference of England and Wales – which reflects on our Christian response to the challenges facing those who have left their homeland in search of a better life. *Love the Stranger* is a call to action – not only to help those who come here, but also to facilitate and rejoice in their service to our society.

There are many in our diocese who welcome those new to their community, reach out to asylum seekers, welcome families through community sponsorship, host Ukrainian families and much more. This event will be an opportunity to find out more about what is happening and to learn from each other. All welcome to join us via Zoom on Wednesday 21st June from 6-7pm.

Please email caritas@prcdtr.org.uk or fill in this short form to receive the Zoom link <https://forms.office.com/e/DeWYqB7cL9>

Heatree Residential

26th - 28th May 2023

**'Peace be with you! As the Father sent me,
I am sending you.'** John 20:21



Join young people aged 10 - 16 from across the Diocese at Heatree Activity Centre, Dartmoor to explore the meaning of Pentecost. The weekend will include outdoor activities as well as prayer and worship. The weekend costs £120.

To book or for further information contact,
Saskia: youth@prcdtr.org.uk

This is a Diocese of Plymouth Youth Event



Marriage Care, a long-established Catholic charity, is looking for new volunteers, especially anyone willing to train as a Marriage Preparation course facilitator. Facilitators present our 'Preparing Together' workshops to groups of engaged couples - either face-to-face or via Zoom. If you think you might be interested in this very worthwhile role, further details are available on the Marriage Care website (<https://www.marriagecare.org.uk/get-involved/marriage-preparation/>). Or, if you have any other questions, please contact the local coordinator, Jenny Allen (jennifer.j.allen1966@gmail.com).

AN ORIGINAL NAUTICAL MUSICAL

FISHERMAN'S TAIL

at Buckfast Abbey



For the fishermen who sail on her, the sea of Galilee provides plenty of fish and plenty of stories. Local fishermen Simon, Andrew, James & John have got a tale to beat them all, it involves a fishing competition, wherein a strange man appears and blows everyone's efforts out of the water. With a host of hearty songs and interactive story-telling, Fisherman's Tail is a show not to be missed. Suitable for all ages!



in the Schiller Hall at Buckfast Abbey
on Sunday 4th June at
3.00pm



Perfect for all the family!




TICKETS

£5 each Under 12's £3

Book your tickets
online NOW at
www.buckfast.org.uk/boxoffice




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OUR GOSPEL SHARING GROUP... 'You are invited to join us at Gospel Sharing in which we read through the readings for the following Sunday Masses and then share our thoughts on what "these readings say to us". The discussions that follow are friendly and informal and very helpful to our understanding of the scriptures. We meet in St. Anne's Cloister on **TUESDAY AFTERNOONS at 2.00pm** for about an hour.

Praying together ...there is a new Ecumenical charismatic prayer group now meeting at Holy Trinity Church on the third Monday of the month at 2.30 pm. All welcome. Next meeting Monday 20th March

Our '2 person' cleaning team desperately needs your help!!. They aim to come on the 1st Wednesday of every month after the morning mass for about an hour. Everyone welcome, do come and stay for coffee afterwards. Thank you for supporting them – even once!

UCM Meetings are every two weeks at 2.00pm in the Holy Ghost church hall, Exmouth. We welcome new members. Next meeting on 1 June Talk by the Exmouth Food Bank

THE KNIT & NATTER GROUP meet again on 5th June in Holy Ghost Hall do pop in and join them. All welcome. No knitting qualifications required!!

The Craft Club meet monthly 10.00 am – 12.00 pm in Holy Ghost Hall. The next date is 3rd June. New members welcome – watch this space for more dates.

Donations for votive candles - please help us by operating a 'credit system' to eliminate coin-counting. May we suggest a minimum £5 note for 6 months (30 candles) or £10 note for 12 months (60 candles). THANK YOU

Coffee is being served! Do join us after mass on Sundays and at St. Peter, Prince of Apostles on the first Tuesday of the month. We are working hard towards being a coin-free parish so on the occasions where refreshments are paid for, a pre-paid loyalty card (costing £10.00.) will provide for coffee-tea-biscuits for 6 occasions.

You are invited to an evening of

Midsummer Madness

Saturday 10th June 6.30 pm

Light entertainment, laughter, music
and lots of fun

Bring a bottle to share
&

enjoy a Fish & Chip Supper with friends

Book Now

by returning this slip to the Parish Office

I / we will be attending 'Midsummer Madness' and enclose £15.00 per person

Name /s.....

I / we would like to order the following...

Fish & Chips x _____ and, or vegetarian option/s x _____

Cheques should be made payable to PRCDTR Holy Family Exmouth



Living Theology 2023



Friday 16th June - Sunday 18th June 2023

The theme for the weekend will be:

'The Future of the People of God - The Synodal Church & Ecclesial Ethics'

Dr. Liam Hayes, Director, Centre for Ecclesial Ethics, Margaret Beaufort Institute of Theology, Cambridge & priest of Brentwood Diocese

Dr. Anna Abram, Principal, Margaret Beaufort Institute of Theology, Cambridge

From 5.00pm on Friday 16th June 2023 finishing after lunch on Sunday 18th June, the residential cost covers bed and full board (two nights, Friday, Saturday) plus all lectures and plenaries, with access to Ammerdown's extensive facilities. Cost: £330 single occupancy, £290 p.p for two people sharing.

Non-residential: Covers lectures, plenaries, liturgies, communal living during the day, lunch and evening meal, but does not include bed or breakfast. Cost: £190

Please email ltammerdown@gmail.com with any enquiries & for booking form.



Ammerdown

HOSPITALITY • PEACE • RECONCILIATION



**The Ammerdown Centre,
Ammerdown Park,
Radstock, (Nr. Bath)
Somerset BA3 5SW**

Diocese of Plymouth Newsletter - Sign up - The Diocese of Plymouth communications team is relaunching regular spiritual reflections and sharing other information through a Diocesan-wide e-newsletter. If you would like to receive the newsletter via email please click on the 'Sign Up to our Newsletter' button on the front page of our website <https://www.plymouth-diocese.org.uk/> and enter your details. You will be free to opt out of receiving emails at any time.

THANK YOU FOR YOUR DONATIONS OF FOOD & TOILETRIES TO THE FOOD BANK.

There is a basket in St. Anne's Cloister for you to leave your gifts.

Are you planning a Baptism this year? Please contact the Parish Office for 'what to do next'. I am particularly grateful to Jacqui Doak for her help in preparing parents to bring their child for Baptism.

As a Parish, the safety of our children is paramount. Please accompany your children at all times. Sad though it may seem to have to point out, there could be dangers when children are left unsupervised in the parish grounds. Sad though it seems to have to draw attention to this, there is not only the risk of a traffic accident if a youngster were to run into the road but we must also be aware that there are individuals who do not have the wellbeing of children as a priority.

Marriage Matters

June 17, Midday, A Mass for Marriage.

We will have a Mass to celebrate marriage again this year at Plymouth Cathedral.
Please pray for this event and save the day.

Send us your anniversary dates to add to the Order of Service - whether you have been married for one week or sixty + years.

Let us know too when your wedding is planned to take place if you are engaged.
Light refreshments will be provided and (not so light) wedding cake.
For more information please contact me on

deborah.vanKroonenburg@prcdtr.org.uk

Marriage Sponsors

Are you a married couple, committed to the Catholic vision of marriage and family?
To learn more about being a Sponsor Couple to engaged couples preparing for this vital vocation, two free Webinars are available through *SmartLoving*.

Wednesday, 3 May - 11.00 am

Tuesday, 6 June - 11.00 am

Please contact me for more information or to Register for one of these days. Contact me too if you would like to find out more about *SmartLoving Marriage* resources, including Catholic Marriage Preparation; Marriage Enrichment and *Breakthrough* resources for marriages in stress.

Other resources to support marriage and family life are now also available from *Sycamore* Marriage Enrichment: "Growing in Faith Together": for Engaged and Married Couples (4 weeks).

<https://www.sycamore.fm/pathways/b-formation-pathways/growing-in-faith-together/>

Franciscan online also offer workshops on marriage and family life and parish marriage ministry. Contact me for access to their workshops, webinars and the Catechetical Review.
An example is given here in a free online article for non-subscribers -

<https://review.catechetics.com/way-and-witness-holy-marriage>

I also recommend Loving4Life marriage retreats, for more information on these see
<https://www.loving4life.co.uk> or contact jane.deegan@dioceseofshrewsbury.org



CHARIS
England & Wales

Catholic Charismatic Renewal National Conference for England & Wales

OVERFLOW

So that you may overflow with hope by the power of the Holy Spirit. - Rm 15:13

How good and pleasant it is when God's people live together in unity! -Psalm 133:1

1st July 2023



Deacon Larry & Andi Oney

Young People
from
 the ASCENT



Bishop David Oakley



Where? Bethel Convention Centre,
Kelvin Way, Birmingham, B70 7JW

Streams available for 5 to 17 year olds

Places limited: book early to avoid disappointment using
the QR code or this link: <http://www.ccr.org.uk/articles/overflow2/>

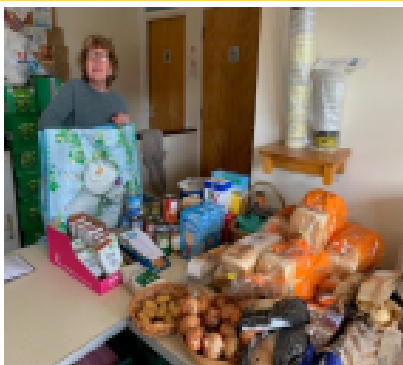
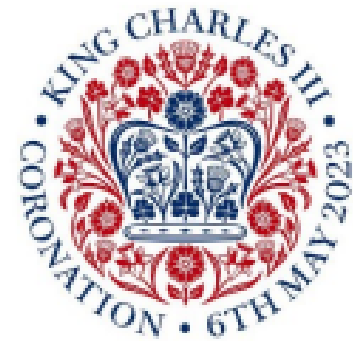
'OVERFLOW' CHARIS National Service of Communion Conference 'So that you may overflow with hope by the power of the Holy Spirit' (Romans 15:13) 1st July 2023 Bethel Convention Centre, Kelvin Way, West Bromwich, Birmingham B70 7JW 10.30 am – 6.30 pm Adults: £12 (CHARIS is the international Service of Communion called for by Pope Francis to promote and encourage the grace of baptism in the Spirit in the Catholic Church.) For full details, go to: <http://www.ccr.org.uk/articles/overflow2/>

Exmouth Food Bank May 2023 News

Last month

The past few weeks have been busy with several local organisations hosting fundraising events and quizzes on behalf of Exmouth Food Bank. Thank you to all those involved. Your publicity and support raise awareness of the work that we do and encourage those that need help to reach out to us. Demand for our services in April has remained steady and on average we are continuing to distribute just over 60 parcels a week.

As excitement for the Coronation continues to build, we are adding a few extra treats to our parcels for clients to share with their families over the Bank Holiday weekend.



A Friday delivery to Littleham Community Fridge

Supporting our local community

We are keen to support local community fridges and avoid food waste. After our Tuesday and Friday sessions, Littleham Community Fridge and Open Door regularly receive our excess stock and fresh items that are about to go out of date.

In addition, we are about to pilot providing fresh fruit, vegetables and eggs to Brixington Community Church. Each week the Church supplies a few basic food items to up to thirty local families who are just above the threshold of seeking support from the Food Bank. Many are struggling to access affordable food due to lack of transport and the cost of shopping locally.

Training provided by Pete's Dragons

The focus of our work is providing emergency food to those in need. However, the fallout from the pandemic plus the cost-of-living crisis have affected the mental wellbeing of many of the clients who turn to us for help. Some mention that they can't see a way forward and are having suicidal thoughts. Not an easy conversation for anyone to have and one that we don't want to shy away from – so we sought help from a local charity called Pete's Dragons. Pete's Dragons excel in providing support to families bereaved by suicide and also offer preventative training.

On 26th April a team of Food Bank volunteers who work face to face with clients completed a three-hour suicide prevention awareness session. The training was tough but invaluable. We now have the tools to help those with suicidal thoughts stay safe and can assist individuals to access appropriate professional support. Thank you Pete's Dragons - the training was inspiring!

PETE'S
DRAGONS

Comfort after suicide loss



at OCEAN Queens Drive Exmouth EX8 2AY

VOLUNTEER RECRUITMENT FAIR
Thursday 18th May 10.00 - 13.00

ACTIVITIES
"come and give it a go..."

YOGA 10.30 - 11.00 / 11.30 - 12.00 - provided by LEO
WELLBEING WALK 10.00 - 11.00 - provided by LEO
WELLBEING WALK 11.00 - 12.00 - led by Active Devon

VOLUNTEER EXPERIENCE CORNER 10.30 - 12.00
12.30 - 13.00 provided by Seachange

Refreshments provided throughout
For further information please contact Sarah Parke on Seachange: 01392 442862 / volunteer@seachange.org.uk

Volunteer recruitment fair

A volunteer recruitment fair is going to take place between 10.00 and 13.00 on Thursday 18th May at the Ocean on Queen's Drive, Exmouth.

The event is being hosted by Seachange and 35 organisations will be there explaining the volunteering opportunities that they have available. There are also some free activities to enjoy - including yoga, keep fit, a wellbeing walk and singing. So do go along and take a look.

Although we are not currently seeking any more volunteers, we will be there offering our support and answering any questions about Exmouth Food Bank.

RESIDENTIAL RETREATS

Diocese of Plymouth 2023

INDIVIDUALLY GUIDED RETREATS ARE LED BY EXPERIENCED MEMBERS OF THE
PLYMOUTH DIOCESAN IGNATIAN SPIRITUALITY GROUP WHO HAVE RECEIVED
TRAINING IN IGNATIAN SPIRITUALITY

SUMMER - RESIDENTIAL SILENT RETREATS

Jun 30th – 2nd July (Fri - Sun) Weekend Retreat

July 3rd – 7th July (Mon - Fri) Midweek Retreat

Jun 30th – 7th July (Fri - Fri) 6-day Retreat

Venue: Sclerder Abbey, nr Looe, Cornwall

ADVENT - RESIDENTIAL SILENT RETREATS

Nov 24th – 26th (Fri – Sun) Weekend Retreat

Nov 27th – 1st Dec (Mon – Fri) Midweek Retreat

Nov 24th – 1st Dec (Fri - Fri) 6-day retreat.

Venue: St Rita's Centre, Honiton, East Devon

Cost for both retreats include full board & lodging.

Recommended donation:

Weekend Retreat £140

Midweek Retreat £240

6 day Retreat £450

Residential Retreats - for further information, to check availability, or to book

email: Plymouth Diocesan Ignatian Spirituality Group

diocesan-ignatian-retreats@prcdtr.org.uk

or telephone Wendy on: 01752 769164 or 07823447637

£ **699** pp
Sharing



Parishes within Clifton & Plymouth - Pilgrimage to Knock Shrine & Co. Mayo



Monday 17th July 2023

Depart Bristol 13:50 – Arrive Knock 15:05

Friday 21st July 2023

Depart Knock 08:55 – Arrive Bristol 10:05

Monday 17th July 2023

Depart Bristol. 20 Minutes transfer to Knock Shrine.

Hotel Check In. Afternoon Mass.

Dinner and welcome meeting

Tuesday 18th July 2023

A Day in Knock. Tour of Museum and Grounds. Lunch.

Mass with Blessing of the Sick. Private Time.

Dinner followed by entertainment.

Wednesday 19th July 2023

Mass in Fr. Peyton Centre with tour. Lunch.

Onwards to Museum of Country Life.

Return to Hotel for Dinner. Free evening.

Thursday 20th July 2023

Guided tour of Ballintubber Abbey with Mass.

Lunch. Visit the holy mountain Croagh Patrick.

Enjoy some shopping time in Westport.

Return to hotel for Dinner and farewell entertainment.

Friday 21st July 2023

Return flight to Bristol

Price of £699.00 per person

Package includes:

Flight with 10kg Luggage from UK.

4 night's accommodation on **Full Board** basis
in 3* Knock House Hotel.

All entertainment, excursions and guided tours.

Assistance from Knock Pilgrimages representative

Single Rooms at Supplement of £150.00



Fill your heart with
Ireland 

Contact: **Patricia**
Tel: **01268 762 278**
Mob: **07740 175 557**
knockpilgrimages@gmail.com



 Travel Trust
Association

Knock Pilgrimages is a member of the Travel Trust Association, membership number Q4853 .
Knock Pilgrimages. Unit 14576. PO Box 6945. London. W1A 6US

AN INVITATION TO FAMILIES IN OUR PARISH

FIRST RECONCILIATION & FIRST COMMUNION 2023

I am very grateful to Fr. Jonathan and the Exeter parishes for inviting us to engage with **GIFT**.

GIFT is an exciting way of supporting families to engage with their faith. Whether you are already engaged with your faith and the Church, looking for a way to become more engaged or **seeking the Sacraments for your child, GIFT is for you**. Encouraging you to pray, talk about faith issues, and have more family time together is good, but we believe it is not enough. We want to provide a place for you to learn what engaging with your faith actually looks like and then give you the opportunity to do it!

Saturday family sessions Families are invited to come along on the first Saturday of each month (mostly) at St. Nicholas Catholic Primary Academy, Ringswell Avenue, Exeter EX1 3EG. The sessions are engaging, spirit-filled and fun, and they are for all the family – even Grandma! We celebrate Mass, enjoy a time of fellowship and refreshment before sharing catechesis and activities. Each month we explore a different topic e.g., The Saints, Epiphany, Lent, Holy Week.

Faith Formation for parents

Each month we gather online (Zoom) with parents and catechists to explore our faith. These sessions are designed to help parents grow in their own faith, enabling them to lead their family on their journey of faith.

Virtual Resources

We also send home resources each month which families use on their own, exploring aspects of our Catholic faith.

Join the GIFT Family

To register for GIFT and to receive regular updates and information about our family catechesis, please complete the form on the website. We look forward to welcoming you.

<https://www.blessedsacrament.org.uk>

GROWING IN FAITH TOGETHER

For more info contact:-

Blessed Sacrament Church, 29 Fore Street, Heavitree, Exeter EX1 2QJ

Telephone: 01392 274724

Email: exeter-heavitree@prcdtr.org.uk

<https://www.blessedsacrament.org.uk>

Please let me know if you when you will be starting.

God bless you

Fr. Philip

