



# The Parish of the Holy Family



Holy Ghost Church, Exmouth EX8 2JH  
St Peter, Prince of Apostles, Budleigh Salterton EX9 6RZ

www.holyghostexmouth.org.uk  
exmouth@prcdtr.org.uk

Registered Charity 213227



<b>The Parish Office</b>	The Presbytery 11 Raddenstile Lane, Exmouth EX8 2JH		
<b>The Parish Priest</b>	Fr. Philip Austen	01395 263384	
<b>The Parish Office Manager</b>	Jane Cheyne	01395 263384	Fax 01395 263394
<b>The Deacon</b>	Rev. Terry Enright	01395 239166	
<b>Chaplain to Exeter Hospital</b>	Exeter	01392 272815	
<b>St Joseph's School</b>	Office	01395 264875	

## WELCOME TO THE PARISH OF THE HOLY FAMILY

**Our Mass times are displayed below and you are most welcome – please do check the website as times may vary or change**

**Please pray for** parishioners, family & friends, especially those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times. Please let me know if you are aware of anyone that would like to receive Holy Communion at home

**The Sacrament of Reconciliation (Confession)** is available by making an appointment with me, via the Parish Office.

**MASS INTENTIONS** If you would like a Mass celebrated for a particular intention; for someone who is ill or a loved one who has died; in thanksgiving for an answer to prayer or perhaps a private intention, contact Jane in the parish office who will help you find a date and time which suits you. It is traditional to make an offering at the same time. This is simply what you can afford and would like to give. Please note that to comply with GDPR rules we need the permission of the person named if it is to be made public unless they are deceased. *Fr. Philip*

### FOR MASS TIMES IN LOCAL PARISHES Please contact them directly

<b>Sidmouth</b>	Church of the Most Precious Blood 5 Radway, Sidmouth EX10 8T	Tel	01395 513340
<b>Exeter</b>	Sacred Heart 25 South Street, Exeter EX1 1EB	Tel	01392 272815
<b>Exeter</b>	Blessed Sacrament 29 Fore St, Heavitree, Exeter EX1 2QJ	Tel	01392 274724

**Mass Live streaming** from Blessed Sacrament Exeter. Please go to the parish Facebook page Catholic Exeter—see <http://www.blessedsacrament.org.uk/> You don't need a Facebook account to watch the Masses, simply ignore the request from Facebook to log in.

**THANK YOU FOR YOUR MONTHLY OFFERINGS** and for your continued generosity to the parish. Many of you know that we are currently not encouraged to count and bank cash donations so the most efficient way for you to give is by standing order. Most of you have now started using this method and we are incredibly grateful. It saves us time and eliminates the need to count cash and make journeys to the bank in these difficult times and it's a coronavirus free transaction!! Mandate forms are available by emailing the parish office. Thank you!

# Mass Times in the Parish this month



*Check out Pope Francis' daily tweets on Twitter*



*We need to be cleaned of all the dust that has sullied our hearts. How? Prayer, fasting, works of mercy: this is the journey of Lent'.*

## HOLY WEEK A Psalter 2

<b>Saturday 1 April</b>	5.00 pm	Private intention
<b>Sunday 2 April</b> <i>PALM SUNDAY OF THE PASSION OF THE LORD</i>	10.00 am	Parish
<b>Tuesday 4 April at St. Peter, Prince of Apostles</b>	11.00 am	Edward Joseph Flanagan RIP (F)
<b>Wednesday 5 April</b>	12.00 pm	CHRISM MASS AT THE CATHEDRAL
<b>MAUNDY Thursday 6 April</b> <i>EVENING MASS OF THE LORD'S SUPPER</i>	7.00 pm	Private intention
<b>GOOD FRIDAY 7 April</b> Stations of the Cross for Young People Stations of the Cross at St. Peter, Prince of Apostles <i>CELEBRATION OF THE LORD'S PASSION</i>	11.00 am 12.00 pm 3.00 pm	

## OCTAVE OF EASTER

<b>Saturday 8 April</b> <i>THE EASTER VIGIL</i>	8.30 pm	
<b>EASTER SUNDAY 9 April</b>	10.00 am	Parish
<b>EASTER Tuesday 11 April at St. Peter, Prince of Apostles</b>	11.00 am	Sid Hawkins RIP
<b>EASTER Wednesday 12 April</b>	11.00 am	Sr. Simone Manchuelle RIP
<b>EASTER Friday 14 April</b>	2.00 pm	Petr Todd RIP

## Second Week of Easter A Psalter 2

<b>Saturday 15 April</b>	5.00 pm	Betty Luke RIP
<b>Sunday 16 April</b>	10.00 am	Parish
<b>Tuesday 18 April at St. Peter, Prince of Apostles</b>	11.00 am	Gus Gerry RIP
<b>Wednesday 19 April</b>	11.00 am	Susan McCahearty RIP
<b>Friday 21 April</b>	2.00 pm	

## Third Week of Easter A Psalter 3

<b>Saturday 22 April</b>	5.00 pm	
<b>Sunday 23 April</b>	10.00 am	Parish
<b>Tuesday Monday 25 April 25 March at St. Peter, Prince of Apostles</b> St. Mark Evangelist	11.00 am	Lucy & Frank Penwell RIP
<b>Wednesday 26 April</b>	11.00 am	
<b>Friday 28 April</b>	2.00 pm	Lilly Savage RIP (F)

**'In the steps of the Lord' from the Gospel of St. Luke.** Do join me on Tuesday 4th April at 7.30 pm for Reflections during Passiontide, a time to pray, listen to music & readings and reflect in a candlelit church. Can you spare just an hour to be with Jesus?



**On Wednesday 5th April Auxiliary Bishop of Southwark, Monsignor Philip Moger Mark and the priests of our diocese, will gather at the Cathedral, to celebrate the Chrism Mass.**

This Mass manifests the unity of the priests with their bishop and during the mass Bishop Philip will bless three oils — the Oil of Catechumens, the Oil of the Infirm and consecrate The Holy Chrism. These will be used in the administration of the Sacraments throughout the diocese for the year. *Watch the Chrism mass live on the Diocesan website at noon on Wednesday 5th April* <https://www.plymouth-diocese.org.uk/>

**'Each year, the Church takes up a collection on Good Friday to assist Christians in the Holy Land and help protect the Holy Places.**

There will be a box in St. Anne's Cloister from Friday 7 April March until Easter to facilitate a 'paper collection' for those of you who wish to support this appeal. Regrettably we are unable to process any coins at this time. Thank you for your support



May I draw your attention to the display in St. Anne's Cloister about *Dandelion Time*, the focus of our Lenten Appeal this year. There are some leaflets there for you to pick up

**EASTER PASSION PLAY**  
**"NO NAME IN THE STREET"**  
AT THE CHURCH OF THE  
ASSUMPTION OF OUR LADY,  
ABBEY ROAD, TORQUAY, TQ2 5NJ  
THURSDAY 30<sup>TH</sup> & FRIDAY 31<sup>ST</sup> OF MARCH  
AT 7.00PM  
SATURDAY 1<sup>ST</sup> APRIL AT 7.00PM  
TICKETS: ADULT £5 UNDER 12'S £3  
FAMILY TICKET £12  
(2 ADULTS & 2 OR MORE CHILDREN)  
Contact Julia Beacroft 07751 670211  
for further details.  
Tickets available on the door.



THE PARISH OF THE HOLY FAMILY

# HOLY WEEK AND EASTER 2023

## PALM SUNDAY OF THE PASSION OF THE LORD

Procession and Mass 10 o'clock

Sunday April 2nd.

## MONDAY OF HOLY WEEK

The Stations of Mercy 2.30 p.m.

Monday April 3rd.

## TUESDAY OF HOLY WEEK

Mass in Budleigh Salterton 11.00 a.m.  
Reflections for The Passion 7.30 p.m.

Tuesday April 4th.

## WEDNESDAY IN HOLY WEEK

The Chrism Mass in Plymouth Cathedral 12 noon

Wednesday April 5th.

## MAUNDY THURSDAY

Evening Mass of the Supper of the Lord 7 o'clock  
Watch at the Altar of Repose until 10 p.m.

Thursday April 6th.

## GOOD FRIDAY

The Stations of the Cross in Budleigh Salterton 12 noon  
The Celebration of the Lord's Passion 3 o'clock

Friday April 7th.

## HOLY SATURDAY

Blessing of Easter Breakfasts 10.30 a.m.  
The Easter Vigil 8.30 p.m.

Saturday April 8th.

## EASTER SUNDAY

Mass 10 o'clock

Sunday April 9th.

[holyghostexmouth.org.uk](http://holyghostexmouth.org.uk)



The Finance Committee would like to invite you to put your Easter contribution to Fr. Philip into the envelopes that will be provided. Easter & Christmas offerings are part of his 'salary'... Thank you for your kindness.

# RISE TO OUR CAUSE

on Ascension Thursday, 18 May 2023

at Buckfast Abbey

- Holy Mass at midday
- 2 course lunch
- Guest speaker—  
Rear Admiral Chris Snow CBE,  
Deputy Lord Lieutenant of Devon
- Raffle

Please join the Catholic Children's Society  
(Plymouth) to help vulnerable children and  
families

**TICKETS £30**

01364 645420—[ccs@prcdtr.org.uk](mailto:ccs@prcdtr.org.uk)  
or through your parish



Charity No. 282803

CCSP, St Boniface House, Ashburton, DEVON TQ13 7JL

## CARITAS MARCH NEWSLETTER

Caritas Diocese of Plymouth's March newsletter is now available to read online. Please click the link here: <https://tinyurl.com/yjmvuwmj> If you would like a printed copy, please telephone Caritas on 01364 645360 .

## HOMES FOR UKRAINE

There are still many Ukrainians looking to come to the UK to seek sanctuary from the war. Saint John of God Hospitaller Services (SJOG) and Caritas Social Action Network (CSAN) are offering a matching, training and support service under the Homes for Ukraine Scheme. If you would like to know more, Caritas and SJOG are holding an online event on Wednesday 22<sup>nd</sup> March from 6-6.45 pm. To register please follow this link: <https://forms.office.com/e/adH56azgqg> or telephone Caritas on 01364 645360



## Cafod Lent Appeal 2023: Give a gift today to help people facing the climate crisis

<https://cafod.org.uk/>

This Lent, you can help families around the world to cope with the climate crisis. Communities are losing loved ones, their homes and their crops through no fault of their own. The people we serve are determined to adapt and they need your help now to get the tools and training they tell us they need. Bangladesh is one of the countries most at risk from the effects of the climate crisis. Families in the coastal region are finding it more difficult to recover every time a devastating cyclone or flood hits their village.

Dristy is 14 years old and a bright student. Like many people her age, she is worried about the effects the climate crisis is having on her life. She can remember every cyclone that has torn through her village and every flood that has destroyed precious crops. Without help, this amazing girl would not be able to cope with the year-on-year destruction she sees.



Dristy and Rupali are stronger now than ever because they received the training from our local experts, that they told us they need. This is thanks to donations from people like you. There are many more people like them that are asking for help to fight back against the climate crisis – and your donations can make a massive difference.

### CAFOD Maybe you can...

- **Donate by post** CAFOD Romero House 55 Westminster Bridge Road London SE1 7JB

Please make cheques payable to CAFOD and do not send cash in the post – we don't want your vital donations to get lost. If you are donating on behalf of a school or parish, please tell us your school or parish name.

- **Donate by phone** Call us on 0303 303 3030 and make a card payment over the phone with our Supporter Care team.
- **Gift Aid** Download and include a Gift Aid declaration with your donation to boost it by 25 per cent at no extra cost to you. <https://cafod.org.uk/>
- **Donate by Direct Debit** Set up a Direct Debit online <https://cafod.org.uk/>
- **Donate by bank transfer** Account name: CAFOD Account number: 11769410 Sort Code: 160030 Bank: Royal Bank of Scotland

Please send an email to [dpt@cafod.org.uk](mailto:dpt@cafod.org.uk) confirming the amount, date of remittance and reason for donation (eg the name of your fundraiser, Lent Family Fast Day etc). <https://cafod.org.uk/>

Parish of the Holy Family  
LENT APPEAL 2023

# a time to let go



## Dandelion Time



**Dandelion  
Time**

Dandelion Time transforms the lives of traumatised children in Kent. Based on a farm in West Farleigh, the charity delivers intensive therapeutic programmes for children with serious emotional difficulties, engaging the child and their carer/s with the natural world, through land-based crafts, animal care, farming and cooking.

Our therapeutic approach is family based, embedded in nature with a range of activities that engage head, heart and hands. This nurturing farm environment allows children to build self-belief, strengthen relationships and develop the skills and aspirations for a brighter future.

IF YOU WISH TO SEND A DONATION TO DANDELION TIME,  
PLEASE GIVE DIRECTLY ON-LINE

[dandeliontime.org.uk](http://dandeliontime.org.uk)

OR BY BANK TRANSFER

Bank: HSBC

Account name: Dandelion Time

Sort code: 40-31-06

Account number: 31824880

Reference: Donation

OR BY SENDING A CHEQUE

Payee: Dandelion Time

Post to:

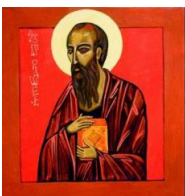
Dandelion Time

Elmscroft Cottage, Charlton Lane,

West Farleigh, Kent. ME15 0NY

[www.dandeliontime.org.uk](http://www.dandeliontime.org.uk) [info@dandeliontime.org.uk](mailto:info@dandeliontime.org.uk)

Charlton Lane, West Farleigh, Maidstone, Kent, ME15 0NY Tel 01622 814001



***'In Search of St Paul'***

**Parish Pilgrimage to Malta & Gozo.**

Predeparture Meeting for pilgrims on Saturday 22 April at 3.00 pm



## Exmouth Food Bank March 2023 News



### This month

It will be Mother's Day on Sunday 19 March. We will be putting a small gift in the parcels for all of the families with mums during the week beginning Monday 13 March.

Preparations for Easter are also underway. Each year we like to supplement our food parcels with Easter eggs to bring some extra joy to families with children. If you would like to donate Easter eggs, they can either be brought to the Food Bank between 9.00 a.m. and 3.30 p.m. on a Tuesday or Friday or placed in any of our drop boxes. Ideally donations need to be with us by **Tuesday 28 March** as we will start distributing them in parcels that week. Thank you!

### Current volumes

February mirrored the pattern of demand that we experienced in January, although there has been a slight increase in the number of families coming to us for the first time. On average we are continuing to distribute 300 parcels per month to feed over 650 people - which means that our volunteers are busily packing 20% more parcels than they did this time last year!

Contingency plans are in place should numbers surge post April 2023, but for now, thanks to the huge support provided by volunteers and donors, the Food Bank is holding firm.

### Advice and support for clients

As a team we work hard to ensure that people accessing the Food Bank are signposted to agencies that will help them to address the underlying issues that have led them to needing our services.

On a Friday afternoon clients have face to face access to a Citizens Advice Advisor. This has proved invaluable in addressing a range of financial queries in a clear and timely manner. This month, beginning on Tuesday 14 March, we are pleased to announce that on alternate Tuesday afternoons clients will also be able to talk to an officer from East Devon District Council's Financial Resilience Team.

On Tuesday 7 March we were delighted to host a 'cost of living' pop-up clinic provided by Seachange, who provided advice about grants and tips for saving energy.

It's great to see how our clients are benefiting from such effective partnership working.



### Extending emergency out of hours support

We now have emergency out of hours parcels located in 21 venues in and around Exmouth including schools, churches, medical centres and our referring agencies. The parcels are given to people who urgently need food when the Food Bank is closed. Parcels are replenished by Food Bank volunteers as soon as they have been used.

If you are interested in finding out more about this scheme please email: [info@exmouthfoodbank.org.uk](mailto:info@exmouthfoodbank.org.uk) or telephone: 07749 322291

Please come and help the church cleaning team. after the morning mass. They aim to come on the 1<sup>st</sup> Wednesday of every month (not March 1<sup>st</sup>) after the morning mass for about an hour. Everyone welcome, do come and stay for coffee afterwards. Thank you for supporting them.



# Living Theology 2023

Friday 16th June - Sunday 18th June 2023

The theme for the weekend will be:  
***'The Future of the People of God -  
The Synodal Church & Ecclesial Ethics'***

Dr. Liam Hayes, Director, Centre for Ecclesial Ethics, Margaret Beaufort Institute of Theology, Cambridge & priest of Brentwood Diocese

Dr. Anna Abram, Principal, Margaret Beaufort Institute of Theology, Cambridge

From 5.00pm on Friday 16th June 2023 finishing after lunch on Sunday 18th June, the residential cost covers bed and full board (two nights, Friday, Saturday) plus all lectures and plenaries, with access to Ammerdown's extensive facilities. **Cost:** £330 single occupancy, £290 p.p for two people sharing.

**Non-residential:** Covers lectures, plenaries, liturgies, communal living during the day, lunch and evening meal, but does not include bed or breakfast. **Cost:** £190

**Please email [ltammerdown@gmail.com](mailto:ltammerdown@gmail.com) with any enquiries & for booking form.**



Ammerdown  
HOSPITALITY • PRAYER • DISCUSSION



**The Ammerdown Centre,  
Ammerdown Park,  
Radstock, (Nr. Bath)  
Somerset BA3 5SW**

**UCM Meetings**  
2.00pm in the Holy Ghost church hall, Exmouth. We welcome new members. Join us next on March 2 (Lent Reflection) & 16 March

**THE KNIT & NATTER GROUP** meet again on **6 March** in Holy Ghost Hall do pop in and join them. Knit n Natter future dates for your diary are April 3<sup>rd</sup>. May 1<sup>st</sup>. June 5<sup>th</sup>. All welcome. No knitting qualifications required!!

**The Craft Club** meet monthly 10.00 am – 12.00 pm in Holy Ghost Hall. The next date is 1<sup>st</sup> April. New members welcome – watch this space for more dates.

**Donations for votive candles** - please help us by operating a 'credit system' to eliminate coin-counting. May we suggest a minimum £5 note for 6 months (30 candles) or £10 note for 12 months (60 candles). THANK YOU

**Coffee is being served!** Do join us after mass on Sundays and at St. Peter, Prince of Apostles on the first Tuesday of the month. We are working hard towards being a coin-free parish so on the occasions where refreshments are paid for, a pre-paid loyalty card (costing £10.00.) will provide for coffee-tea-biscuits for 6 occasions.

**OUR GOSPEL SHARING GROUP...** *'You are invited to join us at Gospel Sharing in which we read through the readings for the following Sunday Masses and then share our thoughts on what "these readings say to us". The discussions that follow are friendly and informal and very helpful to our understanding of the scriptures. We meet in St. Anne's Cloister on **TUESDAY AFTERNOONS at 2.00pm** for about an hour.*

**Praying together** ...there is a new Ecumenical charismatic prayer group now meeting at Holy Trinity Church on the third Monday of the month at 2.30 pm. All welcome. Next meeting Monday 20th March

**Diocese of Plymouth Newsletter - Sign up** - The Diocese of Plymouth communications team is relaunching regular spiritual reflections and sharing other information through a Diocesan-wide e-newsletter. If you would like to receive the newsletter via email please click on the 'Sign Up to our Newsletter' button on the front page of our website <https://www.plymouth-diocese.org.uk/> and enter your details. You will be free to opt out of receiving emails at any time.

The Youth Events E-Newsletter is a great way to keep in touch with Diocesan youth events. To get in touch please email Saskia: youth@prcdtr.org.uk Tel 01364645401 <https://email.workwithgusto.co.uk/t/t->

#### Exmouth Food Bank Easter 2023 Opening



During the Easter period the Food Bank will continue to support our clients on the following days:

Tuesday 4<sup>th</sup> April 2023 – open as usual

10:00 to 15:00 for donations

13:30 to 15:00 for collections/deliveries of food from the Salvation Army Hall

**Friday 7<sup>th</sup> April – closed. We will open instead on Thursday 6<sup>th</sup> April**

10:00 to 15:00 for donations

13:30 to 15:00 for collections/deliveries of food from the Salvation Army Hall

If you usually receive a delivery or collect your food on a Friday, it will automatically be moved to Thursday. Please let us know if this causes you an issue.

Tuesday 11<sup>th</sup> April 2023 – open as usual

10:00 to 15:00 for donations

13:30 to 15:00 for collections/deliveries of food from the Salvation Army Hall

**THANK YOU FOR YOUR DONATIONS OF FOOD & TOILETRIES TO THE FOOD BANK.** There is a basket in St. Anne's Cloister for you to leave your gifts.

**Are you planning a Baptism this year?** Please contact the Parish Office for 'what to do next'. I am particularly grateful to Jacqui Doak for her help in preparing parents to bring their child for Baptism.

**As a Parish, the safety of our children is paramount. Please accompany your children at all times.** Sad though it may seem to have to point out, there could be dangers when children are left unsupervised in the parish grounds. Sad though it seems to have to draw attention to this, there is not only the risk of a traffic accident if a youngster were to run into the road but we must also be aware that there are individuals who do not have the wellbeing of children as a priority.

# AN INVITATION TO FAMILIES IN OUR PARISH

## FIRST RECONCILIATION & FIRST COMMUNION 2023

I am very grateful to Fr. Jonathan and the Exeter parishes for inviting us to engage with **GIFT**.

**GIFT** is an exciting way of supporting families to engage with their faith. Whether you are already engaged with your faith and the Church, looking for a way to become more engaged or **seeking the Sacraments for your child, GIFT is for you**. Encouraging you to pray, talk about faith issues, and have more family time together is good, but we believe it is not enough. We want to provide a place for you to learn what engaging with your faith actually looks like and then give you the opportunity to do it!

**Saturday family sessions** Families are invited to come along on the first Saturday of each month (mostly) at St. Nicholas Catholic Primary Academy, Ringswell Avenue, Exeter EX1 3EG. The sessions are engaging, spirit-filled and fun, and they are for all the family – even Grandma! We celebrate Mass, enjoy a time of fellowship and refreshment before sharing catechesis and activities. Each month we explore a different topic e.g., The Saints, Epiphany, Lent, Holy Week.

### **Faith Formation for parents**

Each month we gather online (Zoom) with parents and catechists to explore our faith. These sessions are designed to help parents grow in their own faith, enabling them to lead their family on their journey of faith.

### **Virtual Resources**

We also send home resources each month which families use on their own, exploring aspects of our Catholic faith.

### **Join the GIFT Family**

To register for GIFT and to receive regular updates and information about our family catechesis, please complete the form on the website. We look forward to welcoming you.

<https://www.blessedsacrament.org.uk>

### **GROWING IN FAITH TOGETHER**

For more info contact:-

Blessed Sacrament Church, 29 Fore Street, Heavitree, Exeter EX1 2QJ

Telephone: 01392 274724

Email: [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

<https://www.blessedsacrament.org.uk>

Please let me know if you when you will be starting.

God bless you

*Fr. Philip*



