



The Parish of the Holy Family



Holy Ghost Church, Exmouth EX8 2JH
St Peter, Prince of Apostles, Budleigh Salterton EX9 6RZ

www.holyghostexmouth.org.uk
exmouth@prcdtr.org.uk

Registered Charity 213227



The Parish Office	The Presbytery 11 Raddenstile Lane, Exmouth EX8 2JH		
The Parish Priest	Fr. Philip Austen	01395 263384	
The Parish Office Manager	Jane Cheyne	01395 263384	Fax 01395 263394
The Deacon	Rev. Terry Enright	01392 272815	
Chaplain to Exeter Hospital	Exeter	01392 272815	
St Joseph's School	Office	01395 264875	

WELCOME TO THE PARISH OF THE HOLY FAMILY

Our Mass times are displayed below and you are most welcome – please do check the website as times may vary or change

Please pray for parishioners, family & friends, especially those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times. Please let me know if you are aware of anyone that would like to receive Holy Communion at home

The Sacrament of Reconciliation (Confession) is available by making an appointment with me, via the Parish Office.

MASS INTENTIONS If you would like a Mass said for a particular intention; for someone who is ill or a loved one who has died; in thanksgiving for an answer to prayer or perhaps a private intention, contact Jane in the parish office who will help you find a date and time which suits you. It is traditional to make an offering at the same time. This is simply what you can afford and would like to give. Please note that to comply with GDPR rules we need the permission of the person named if it is to be made public unless they are deceased. *Fr. Philip*

FOR MASS TIMES IN LOCAL PARISHES Please contact them directly

Sidmouth	Church of the Most Precious Blood 5 Radway, Sidmouth EX10 8T	Tel	01395 513340
Exeter	Sacred Heart 25 South Street, Exeter EX1 1EB	Tel	01392 272815
Exeter	Blessed Sacrament 29 Fore St, Heavitree, Exeter EX1 2QJ	Tel	01392 274724

Mass Live streaming from Blessed Sacrament Exeter. Please go to the parish Facebook page Catholic Exeter—see <http://www.blessedsacrament.org.uk/> You don't need a Facebook account to watch the Masses, simply ignore the request from Facebook to log in.

THANK YOU FOR YOUR MONTHLY OFFERINGS and for your continued generosity to the parish. Many of you know that we are currently not encouraged to count and bank cash donations so the most efficient way for you to give is by standing order. Most of you have now started using this method and we are incredibly grateful. It saves us time and eliminates the need to count cash and make journeys to the bank in these difficult times and it's a coronavirus free transaction!! Mandate forms are available by emailing the parish office. Thank you!

Mass Times in the Parish this month

Fifth Week Ordinary Time A1 Psalter 1		
Saturday 4 February	5.00 pm	Ann Crawley & Family
Sunday 5 February <i>Racial Justice Day</i>	10.00 am	Parish
Tuesday 7 February at St. Peter, Prince of Apostles	11.00 am	Bernadette Hughes RIP (F)
Wednesday 8 February	11.00 am	James & Ellen Eliza Bennett forebears & dec. RIP (F)
Friday 10 February <i>St Scolastica</i>	2.00 pm	Sr. Maria del Carmen Soldvilla RIP

Sixth Week Ordinary Time A1 Psalter 2		
Saturday 11 February	5.00 pm	Vincent Walsh RIP
Sunday 12 February	10.00 am	Parish
Monday 13th February at St. Peter, Prince of Apostles	11.00 am	Josie Etherington RIP
Tuesday 14 February	NO MASS	
Wednesday 15 February	11.00 am	Canon Lawrence Costello RIP (F)
Friday 17 February	2.00 pm	FUNERAL MASS Mario Gerlotto RIP

Seventh Week Ordinary Time A1 Psalter 3		<i>LENT BEGINS Wed. 22nd Feb Psalter 4</i>
Saturday 18 February	5.00 pm	
Sunday 19 February	10.00 am	Parish
Tuesday 21 February at St. Peter, Prince of Apostles	11.00 am	James Barrow RIP
Wednesday 22 February <i>Ash Wednesday</i>	11.00 am	Parish
Friday 24 February	2.00 pm	Lena Nardone RIP

First Week of Lent A Psalter 1		
Saturday 25 February	5.00 pm	Michael Fagan RIP
Sunday 26 February	10.00 am	Parish
Tuesday 28 February at St. Peter, Prince of Apostles	At Buckfast during the Parish Day of Reflection	
Wednesday 1st March	NO MASS	
Friday 3 March <i>CAFOD Lent Fast Day</i>	2.00 pm	Fr. A.T. Parsons RIP (F)

MAY THEY REST IN PEACE. We pray for the repose of the souls of Mario Gerlotto, Michael Osbaldeston and Mary Benson who all died recently. Please remember too their families and friends in your prayers.



Check out Pope Francis' daily tweets on Twitter, 'We are all called to seek and to speak the truth -- and to do so with charity'

Lent Planning

❖ Reflections for Holy Week

Tuesday 4th April at 7.30 pm – a time to pray, listen to music & readings and reflect in a candle lit church. Can you spare just an hour to be with Jesus?....

❖ Praying the Stations of Mercy with Pope Francis. Pope Francis has called the Church to become more merciful. We are invited to imitate Christ, who in his way of the cross, offered mercy to the world.

I will use the guide written by Bill Huebsch to follow the **Stations of the Cross** during Lent. Do take time out each week during Lent and join me at 2.30pm on the Mondays, 6th, 13th, 20th and 27th March.

❖ The Parish Lent Day of Reflection will be on Tuesday 28th February. A perfect opportunity for you to enjoy a day of peace, prayer and reflection, led by Fr. Philip. 50 parishioners joined Fr. Philip during Advent for a memorable day at Buckfast. Many have already booked to join him again in February.

The cost, charged by the Abbey, covers the facility hire, refreshments on arrival and pre departure and a delicious lunch.

If you would like to extend the day and join the Buckfast Community for vespers in the evening then there is limited overnight accommodation in Northgate.

To join us for the day please make a cheque payable to PRCDTR Holy Family Exmouth for £28.00 and drop it into the parish office ASAP

If you would like to stay overnight on Wednesday 29th then please contact Northgate directly and book a room. Tel.01364 645630

SOME SPACES STILL AVAILABLE SO PLEASE BOOK NOW



Dioceses of Plymouth Youth Events are organising a trip to OVO Arena Wembley to join around 12,000 others at Flame. The largest Catholic gathering of young people in England and Wales.

If you are age 14 - 21 and fancy hearing from:

- **Guvna B** - award winning musician
- **Robert Bilott** - talking about the environment
- **Adenike** - singer, songwriter
- **One Hope Project** - creative collective

Then you need to book your ticket.

Cost is £35 to include ticket and travel.

Travel arrangements will be made nearer the time.
Follow the link to book: <https://forms.office.com/r/i7rv7WzbG4>



**If you wish to join us, contact:
Saskia or Michelle:
youth@prcdtr.org.uk**



Cafod Lent Appeal 2023: Give a gift today to help people facing the climate crisis

<https://cafod.org.uk/>

This Lent, you can help families around the world to cope with the climate crisis. Communities are losing loved ones, their homes and their crops through no fault of their own. The people we serve are determined to adapt and they need your help now to get the tools and training they tell us they need. Bangladesh is one of the countries most at risk from the effects of the climate crisis. Families in the coastal region are finding it more difficult to recover every time a devastating cyclone or flood hits their village.

Dristy is 14 years old and a bright student. Like many people her age, she is worried about the effects the climate crisis is having on her life. She can remember every cyclone that has torn through her village and every flood that has destroyed precious crops. Without help, this amazing girl would not be able to cope with



the year-on-year destruction she sees.

Dristy and Rupali are stronger now than ever because they received the training from our local experts, that they told us they need. This is thanks to donations from people like you. There are many more people like them that are asking for help to fight back against the climate crisis – and your donations can make a massive difference.

CAFOD Maybe you can...

- **Donate by post** CAFOD Romero House 55 Westminster Bridge Road London SE1 7JB

Please make cheques payable to CAFOD and do not send cash in the post – we don't want your vital donations to get lost. If you are donating on behalf of a school or parish, please tell us your school or parish name.

- **Donate by phone** Call us on 0303 303 3030 and make a card payment over the phone with our Supporter Care team.
- **Gift Aid** Download and include a Gift Aid declaration with your donation to boost it by 25 per cent at no extra cost to you. <https://cafod.org.uk/>
- **Donate by Direct Debit** Set up a Direct Debit online <https://cafod.org.uk/>
- **Donate by bank transfer** Account name: CAFOD Account number: 11769410 Sort Code: 160030 Bank: Royal Bank of Scotland

Please send an email to dpt@cafod.org.uk confirming the amount, date of remittance and reason for donation (eg the name of your fundraiser, Lent Family Fast Day etc). <https://cafod.org.uk/>

**TIME RUNNING OUT
TO BOOK YOUR
PLACE**

Roni Invites you to

PLAY

FOUR CARDS RIGHT

Saturday 18th February

Holy Ghost Parish Hall

Fun starts promptly at 6.30 pm

Bring a bottle of your favourite tipple

- the evening will include a fish & chip supper

(If you would like a vegetarian alternative, please let us know when you book)

To save your space

please give cash or cheque for £15.00

to the parish office payable to

PRCDTR Holy Family Exmouth

No coins please

Closing Date

Monday 13th February



Catholic Children's Society (Plymouth)
Supporting family life across Devon, Cornwall and parts of Dorset

Thank you - Since 2011, we have raised over **£18,000** averaging around **£1,500** over the last three years. But 2022 has broken all previous annual totals as **£3,542.63** has been raised thanks to the kindness of many of our parishes and schools, some of whom have only recently started collecting using our Orange Box recycling scheme.

Items that can be collected in the Orange Boxes include: Stamps, Coins & Banknotes, Medals, Gold, Silver & Precious metals, SMALL household metal items (Including cutlery and old kitchen utensils), ornaments and watches (working or not) and Catholic memorabilia such as rosaries, crucifixes, pendants etc.

Please place your donations into the box in St. Anne's Cloister.

Thank you for all that you continue to do for the Catholic Children's Society (Plymouth).

Kind Regards
Vicki Dunstone
Fundraiser and
Communications Officer
01364 645420 or email
vicki.dunstone@prcdtr.org.uk

Please come and help the church cleaning team. after the morning mass. They aim to come on the 1st Wednesday of every month, after the morning mass for about an hour. Everyone welcome, do come and stay for coffee afterwards. Thank you for supporting them.

UCM Meetings 2.00pm in the Holy Ghost church hall, Exmouth. We welcome new members.

Feb 2 Boxed game

Feb 16 World day of

Prayer

March 2 Lent Reflection

16 March

LAST CHANCE TO BOOK YOUR PLACE ON THE PARISH PILGRIMAGE! CALL THE OFFICE IF YOU WOULD LIKE TO JOIN ME.



The Parish of the Holy Family
Exmouth and Budleigh Salterton



IN SEARCH OF ST PAUL

a pilgrimage to Malta and Gozo



LAST CHANCE TO BOOK

day-time flights from Bristol

half-board accommodation in Jesuit retreat centres

excursions included to sites associated with St Paul's shipwreck

daily scriptural reflections

individual free-time

May 1st. – May 11th. 2023

details from the parish office
exmouth@prcdtr.org.uk

THE KNIT & NATTER GROUP meet again **6 February & 6 March** in Holy Ghost Hall do pop in and join them. All welcome. No knitting qualifications required!!

The Craft Club meet monthly 10.00 am – 12.00 pm in Holy Ghost Hall. The next dates are 4th February, 4th March & 1st April. New members welcome – watch this space for 2023 dates.

WARM WEDNESDAYS every after the 11.00 am mass. Do join us for 'WARM UP WEDNESDAYS'. Coffee, chat & companionship free to all! The coffee morning on the 1st February will be hosted by the UCM – all welcome.



Donations for votive candles - please help us by operating a 'credit system' to eliminate coin-counting. May we suggest a minimum £5 note for 6 months (30 candles) or £10 note for 12 months (60 candles). THANK YOU

Coffee is being served! Do join us after mass on Sundays and at St. Peter, Prince of Apostles on the first Tuesday of the month. We are working hard towards being a coin-free parish so on the occasions where refreshments are paid for, a pre-paid loyalty card (costing £10.00.) will provide for coffee-tea-biscuits for 6 occasions.

OUR GOSPEL SHARING GROUP... *'You are invited to join us at Gospel Sharing in which we read through the readings for the following Sunday Masses and then share our thoughts on what "these readings say to us". The discussions that follow are friendly and informal and very helpful to our understanding of the scriptures. We meet in St. Anne's Cloister on TUESDAY AFTERNOONS at 2.00pm for about an hour.*

Saturday 11 March 2023 | 10am - 7pm

£10 for Y10+ and adults | Free for Y9 and under

Stay Awake
Adore † Abide † Arise

**Community + Praise and Worship +
Kids' Activities + Workshops + Mass +
Tea + Coffee + Homemade cakes + Pizza**

**Venue: All Saints Church of England Academy, Sunnyside Road,
Weymouth, DT4 9BJ**

More information at: www.stayawake.jc.com

  @stayawake.jc19

 stayawake.jc19@gmail.com

 07531266224



RESIDENTIAL RETREATS

Diocese of Plymouth 2023

INDIVIDUALLY GUIDED RETREATS ARE LED BY EXPERIENCED MEMBERS OF THE
PLYMOUTH DIOCESAN IGNATIAN SPIRITUALITY GROUP WHO HAVE RECEIVED
TRAINING IN IGNATIAN SPIRITUALITY

LENTEN - RESIDENTIAL SILENT RETREATS

Feb 24th – 26th (Fri – Sun) Weekend Retreat
Feb 27th – 3rd March (Mon – Fri) Midweek Retreat
Feb 24th – 3rd March (Fri - Fri) 6-day retreat.

Venue: St Rita's Centre, Honiton, East Devon.

SUMMER - RESIDENTIAL SILENT RETREATS

Jun 30th – 2nd July (Fri - Sun) Weekend Retreat
July 3rd – 7th July (Mon - Fri) Midweek Retreat
Jun 30th – 7th July (Fri - Fri) 6-day Retreat

Venue: Sclerder Abbey, nr Looe, Cornwall

Cost for both retreats include full board & lodging.

Recommended donation:

Weekend Retreat £140

Midweek Retreat £240

6 day Retreat £450

Residential Retreats - for further information, to check availability, or to book

email: Plymouth Diocesan Ignatian Spirituality Group

diocesan-ignatian-retreats@prcdtr.org.uk

or telephone Wendy on: 01752 769164 or 07823447637



SYNOD MEETING 11th FEBRUARY 3pm

Whilst we wait for further suggestions from the Diocese the group of us who met in January agreed to try monthly meetings to discuss specific topics from the Working Document for the Continental Stage. The next meeting will be Saturday 11th February 3pm in the hall. The topic agree is 'the role of women in the church'. Everyone is welcome to come along and join the discussion or just listen. We are asked to undertake 'a process of listening dialogue and discernment.' We don't expect to come up with answers and all views are welcome. The relevant section of the document will be available so don't worry if you can't access it. *Helen Enright*

AN INVITATION TO FAMILIES IN OUR PARISH

FIRST RECONCILIATION & FIRST COMMUNION 2023

I am very grateful to Fr. Jonathan and the Exeter parishes for inviting us to engage with **GIFT**.

GIFT is an exciting way of supporting families to engage with their faith. Whether you are already engaged with your faith and the Church, looking for a way to become more engaged or **seeking the Sacraments for your child, GIFT is for you**. Encouraging you to pray, talk about faith issues, and have more family time together is good, but we believe it is not enough. We want to provide a place for you to learn what engaging with your faith actually looks like and then give you the opportunity to do it!

Saturday family sessions Families are invited to come along on the first Saturday of each month (mostly) at St. Nicholas Catholic Primary Academy, Ringswell Avenue, Exeter EX1 3EG. The sessions are engaging, spirit-filled and fun, and they are for all the family – even Grandma! We celebrate Mass, enjoy a time of fellowship and refreshment before sharing catechesis and activities. Each month we explore a different topic e.g., The Saints, Epiphany, Lent, Holy Week.

Faith Formation for parents

Each month we gather online (Zoom) with parents and catechists to explore our faith. These sessions are designed to help parents grow in their own faith, enabling them to lead their family on their journey of faith.

Virtual Resources

We also send home resources each month which families use on their own, exploring aspects of our Catholic faith.

Join the GIFT Family

To register for GIFT and to receive regular updates and information about our family catechesis, please complete the form on the website. We look forward to welcoming you.

<https://www.blessedsacrament.org.uk>

GROWING IN FAITH TOGETHER

For more info contact:-

Blessed Sacrament Church, 29 Fore Street, Heavitree, Exeter EX1 2QJ

Telephone: 01392 274724

Email: exeter-heavitree@prcdtr.org.uk

<https://www.blessedsacrament.org.uk>

Please let me know if you when you will be starting.

God bless you

Fr. Philip



SJOG HOMES FOR UKRAINE

Would you be willing to open up your home and your heart to welcome people fleeing Ukraine?

As Russia's war in Ukraine continues, the need for hosts and homes is as high as ever. Please consider making a home from home for those in need.

We are one of the government's approved providers on the Homes for Ukraine Scheme and in partnership with CSAN offers a comprehensive matching and support programme.



FIND OUT MORE AT:

Our website: www.sjog-homesforukraine.uk

Our Facebook page: www.facebook.com/sjoghomesforukraine

Email us at: homesforukraine@sjog.org.uk

If you are willing to share your space with those in need of a safe place, you can register your interest here:



Supported by the
Department for Levelling Up,
Housing and Communities
(DLUHC)



Saint John of God
Hospitaller Services
is a registered charity:
1108428.

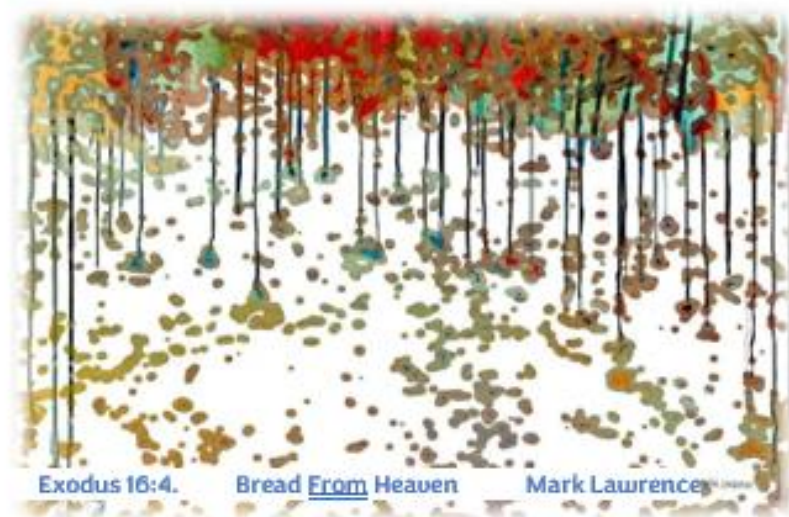




THE PARISH OF THE HOLY FAMILY
Exmouth and Budleigh Salterton

The food of travellers

a focus on eucharist in
our lives



Exodus 16:4. Bread From Heaven Mark Laurence

**A Day of Reflection for Lent
Tuesday February 28th. 2023**

**please book by Monday
February 20th.**



THE PARISH OF THE HOLY FAMILY
Exmouth and Budleigh Salterton

Praying the Stations of Mercy

to imitate Christ who, in his '*way of the cross*', offered mercy to the world



Holy Ghost Church, Exmouth
Monday 2.30.p.m.
March 6th., 13th., 20th., 27th.,
& April 3rd.



Winter Support

(available to support the community in Woodbury, Exmouth & Budleigh)



Thanks to funding from the National Grid Community matters fund we are able to offer help with the purchase of “energy saving” items this winter.

If you need help with the purchase of:

- Warmer duvets · Kitchen equipment · Insulation · Warm clothing

Please initially contact Sarah Forde at Seachange
Sarah.forde@seachangedevon.org

This fund is limited and once it's gone it's gone.



SEACHANGE
HEALTH & HAPPINESS FOR ALL



Make the change at Seachange. www.seachangedevon.org

Call: 01395 446896 Email: help@seachangedevon.org

Seachange, East Budleigh Road, Budleigh Salterton, EX9 6HF

Shop at St Rita's ...

St Rita's shop in Honiton is offering Lent and Easter religious articles. We hope you will find the range inspiring. Our prices are very competitive. Shop online at www.stritascentre.shop where you will find a wide selection of items - books, statues, holy pictures, etc. Order online, by email shop@stritascentre.org or by phone 01404 42635.

Vocations to Priesthood - Day of Reflection at Christ the King, Plymouth, Saturday 18th February, 2023.

Have you ever asked the question 'Is God calling me to Priesthood or to the Religious life?'. This 'Day of Reflection' for men will be held on Saturday 18th February from 10:00 to 16:00 at Christ the King, Armada Way, Plymouth, PL12EN.

The day will include Mass; a time of Adoration; a short conference; an opportunity for Confession and 'One to One talks' with serving Priests from our Diocese; and sharing food together (this will be provided – please let us know of special dietary requirements). Under 18s are welcome to attend with parents' permission.

For further information and to register for the event, please contact Fr Jacek Kostuch on Jacek.Kostuch@prcdtr.org.uk or speak to your Parish Priest by 14th February 2023 at the latest. *Arrangements can be made to collect you from Plymouth Railway Station and returned after, if required.*

Diocese of Plymouth Newsletter - Sign up

The Diocese of Plymouth communications team is relaunching regular spiritual reflections and sharing other information through a Diocesan-wide e-newsletter. If you would like to receive the newsletter via email please click on the 'Sign Up to our Newsletter' button on the front page of our website <https://www.plymouth-diocese.org.uk/> and enter your details. You will be free to opt out of receiving emails at any time.



WE'RE HIRING A DEANERY BOOKKEEPER - EXETER & TORBAY

We are recruiting a Deanery Bookkeeper reporting to the Parish Finance Team Leader, with responsibilities that range from entering monthly receipts/payments on to an online accounting system to training non-financial team members.

If you have a bookkeeping qualification and/or sufficient relevant experience, excellent organisational skills and the ability to act as a key representative for the Diocese of Plymouth we would love to hear from you!

Homebased in Exeter/Torbay with regular travel across Devon (Mileage paid)

5 days per week (35 hours) (would consider job share of 2 roles of 17.5 hours each)

Circa £26,000 per annum

Closing date: 13th February 2023 at 12:00pm



**For more information please visit plymouth-diocese.org.uk/the-diocese/careers/ or scan the QR code
To apply please send your CV to Gemma.Patton@reed.com**

Are you planning a Baptism this year? Please contact the Parish Office for 'what to do next'. I am particularly grateful to Jacqui Doak for her help in preparing parents to bring their child for Baptism.

THANK YOU FOR YOUR DONATIONS OF FOOD & TOILETRIES TO THE FOOD BANK. There is a basket in St. Anne's Cloister for you to leave your gifts.

As a Parish, the safety of our children is paramount. Please accompany your children at all times. Sad though it may seem to have to point out, there could be dangers when children are left unsupervised in the parish grounds. Sad though it seems to have to draw attention to this, there is not only the risk of a traffic accident if a youngster were to run into the road but we must also be aware that there are individuals who do not have the wellbeing of children as a priority.

