



The Parish of the Holy Family



Holy Ghost Church, Exmouth EX8 2JH
St Peter, Prince of Apostles, Budleigh Salterton EX9 6RZ

www.holyghostexmouth.org.uk
exmouth@prcdtr.org.uk

Registered Charity 213227



The Parish Office	The Presbytery 11 Raddenstile Lane, Exmouth EX8 2JH		
The Parish Priest	Fr. Philip Austen	01395 263384	
The Parish Office Manager	Jane Cheyne	01395 263384	Fax 01395 263394
The Deacon	Rev. Terry Enright	01392 272815	
Chaplain to Exeter Hospital	Exeter	01392 272815	
St Joseph's School	Office	01395 264875	

WELCOME TO THE PARISH OF THE HOLY FAMILY

Our Mass times are displayed below and you are most welcome – please do check the website as times may vary or change

Please pray for parishioners, family & friends, especially those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times. Please let me know if you are aware of anyone that would like to receive Holy Communion at home

The Sacrament of Reconciliation (Confession) is available by making an appointment with me, via the Parish Office.

MASS INTENTIONS If you would like a Mass said for a particular intention; for someone who is ill or a loved one who has died; in thanksgiving for an answer to prayer or perhaps a private intention, contact Jane in the parish office who will help you find a date and time which suits you. It is traditional to make an offering at the same time. This is simply what you can afford and would like to give. Please note that to comply with GDPR rules we need the permission of the person named if it is to be made public unless they are deceased. *Fr. Philip*

FOR MASS TIMES IN LOCAL PARISHES Please contact them directly

Sidmouth	Church of the Most Precious Blood 5 Radway, Sidmouth EX10 8T	Tel	01395 513340
Exeter	Sacred Heart 25 South Street, Exeter EX1 1EB	Tel	01392 272815
Exeter	Blessed Sacrament 29 Fore St, Heavitree, Exeter EX1 2QJ	Tel	01392 274724

THANK YOU FOR YOUR MONTHLY OFFERINGS and for your continued generosity to the parish. Many of you know that we are currently not encouraged to count and bank cash donations so the most efficient way for you to give is by standing order. Most of you have now started using this method and we are incredibly grateful. It saves us time and eliminates the need to count cash and make journeys to the bank in these difficult times and it's a coronavirus free transaction!! Mandate forms are available by emailing the parish office. Thank you!



Check out Pope Francis' daily tweets on Twitter 'God is faithful to His promises and guides our steps in the way of [#peace](#). He guides the steps of those who journey on Earth with their gaze turned toward Heaven'

Mass Times in the Parish this month

First Week Ordinary Time A1 Psalter 1		
Saturday 7 January 2023	5.00 pm	Sr. Therese Deltor RIP
Sunday 8 January <i>The Baptism of the Lord</i>	10.00 am	Parish
Tuesday 10 January at St. Peter, Prince of Apostles	11.00 am	
Wednesday 11 January	NO MASS	
Friday 13 January	2.00 pm	

Second Week Ordinary Time A1 Psalter 2		
Saturday 14 January	5.00 pm	Parish
Sunday 15 January	10.00 am	Richard & Lorri's intentions
Tuesday 17 January at St. Peter, Prince of Apostles <i>St Anthony Ab</i>	NO MASS	
Wednesday 18 January	NO MASS	
Friday 20 January	NO MASS	

Third Week Ordinary Time A1 Psalter 3		
Saturday 21 January	5.00 pm	
Sunday 22 January	10.00 am	Parish
Tuesday 24 January at St. Peter, Prince of Apostles <i>St Francis de Sales Bp Dr</i>	NO MASS	
Wednesday 25 January <i>Conversion of St. Paul</i>	NO MASS	
Friday 27 January	2.00 pm	

Fourth Week Ordinary Time A1 Psalter 4		
Saturday 28 January	5.00 pm	Parish
Sunday 29 January	10.00 am	Noel Fogarty RIP
Tuesday 31 January at St. Peter, Prince of Apostles <i>St John Boso Pr</i>	11.00 am	
Wednesday 1 February	11.00 am	UCM
Thursday 2 February <i>World Day for Consecrated Life</i> <i>Presentation of the Lord</i>	11.00 am	
Friday 3 February	2.00 pm	

You are invited to the Prayer and Lunch meetings in Exmouth during the Week of Prayer for Christian Unity January 2023

12.30	Tuesday 17th January	Prayers followed by Soup Lunch at Glenorchy URC.
12.30	Friday 20th January	Prayers followed by Soup Lunch at All Saints.
4.00	Sunday 22nd January	Joint Service at Glenorchy URC



BOOK NOW 50 parishioners joined Fr. Philip during Advent for a memorable day at Buckfast. Many will be joining him again in February.

The Parish Lent Day of Reflection will be on Tuesday 28th February. A perfect opportunity for you to enjoy a day of peace, prayer and reflection, led by Fr.

Philip. The cost, charged by the Abbey, covers the facility hire, refreshments on arrival and pre departure and a delicious lunch.

If you would like to extend the day and join the Buckfast Community for vespers in the evening then there is limited overnight accommodation in Northgate.

To join us for the day please make a cheque payable to PRCDTR Holy Family Exmouth for £28.00 and drop it into the parish office ASAP

If you would like to stay overnight on Wednesday 29th then please contact Northgate directly and book a room. Tel.01364 645630

Are you planning a Baptism this year? Please contact the Parish Office for 'what to do next'. I am particularly grateful to Jacqui Doak for her help in preparing parents to bring their child for Baptism.

THANK YOU FOR YOUR DONATIONS OF FOOD & TOILETRIES TO THE FOOD BANK. There is a basket in St. Anne's Cloister for you to leave your gifts.

As a Parish, the safety of our children is paramount. Please accompany your children at all times. Sad though it may seem to have to point out, there could be dangers when children are left unsupervised in the parish grounds. Sad though it seems to have to draw attention to this, there is not only the risk of a traffic accident if a youngster were to run into the road but we must also be aware that there are individuals who do not have the wellbeing of children as a priority.

Dioceses of Plymouth Youth Events are organising a trip to OVO Arena Wembley to join around 12,000 others at Flame. The largest Catholic gathering of young people in England and Wales.

If you are age 14 - 21 and fancy hearing from:

- **Guvna B** - award winning musician
- **Robert Bilott** - talking about the environment
- **Adenike** - singer, songwriter
- **One Hope Project** - creative collective

Then you need to book your ticket.

Cost is £35 to include ticket and travel.

Travel arrangements will be made nearer the time.
Follow the link to book: <https://forms.office.com/r/i7rv7WzbG4>

**If you wish to join us, contact:
Saskia or Michelle:
youth@prcdtr.org.uk**

Working Document for the Continental Stage

"Enlarge the space of your tent!"
(Is 54:2)

This document, the fruits of discernment from across the world, was published last month. It makes a fascinating read and tool for prayer and discernment. It is available at:

[WORKING DOCUMENT FOR THE CONTINENTAL STAGE \(synod.va\)](#)

Please share this news/link with others.



The image of a tent is central to the document and the call to 'Enlarge the space of your tent'. As a diocese we have been asked to feedback to the Bishops Conference so that this can, in turn, be fed back to inform the final document which will form the basis of discernment for the Bishops meetings in October 2023/24.

Help Needed! I would like to invite you all to spend some time reading, reflecting, and answering the questions posed in the document (section 106). The questions could also be summed up as asking us:

What you thought about the document?

What you thought was important/wrong/missing?

What are the most important elements in the document to take forward?

If you could send me your comments by Christmas please, as the deadline is in January.

Next Steps...

As a Diocese, we will continue our synodal journey together in several different ways including:

Newsletters sharing updates on the global Synod and what is happening in our own Diocese.

As parishes looking at how we can build stronger communities which welcome others in, and as parishes together, sharing what we are doing.

Exploring ways for our schools to join in the synodal journey.

More information about all of this will follow in the New Year.

And if you have any ideas and suggestions how we can make this happen, please contact synodfeedback@pcdtr.org.uk

Lord, you have gathered all your people in Synod.
We give you thanks for the joy experienced by those who decided to set out to listen to God and to their brothers and sisters during this year with an attitude of welcome, humility, hospitality and siblinghood.
Come Holy Spirit: may you be the guide of our journey together.

From the Working Document for the Continental Stage



SYNOD UPDATE MEETING
JANUARY 14th 2023
at 3.00pm pm in Holy Ghost hall

Please read this document so that we can discuss the questions and also talk about our own Parish next steps.

We look forward to seeing you.

All welcome, whether or not you attended the meetings earlier this year.

Synodal Journey – A conversation about safeguarding online event Many of you will have been involved in the synodal process, and we know from the feedback both locally and nationally that many significant questions and issues were raised around safeguarding, ranging from disappointment and concern over past events, the impact on both individuals and the reputation of the church, as well as concern over what needs to be done

in the future. More recently we have seen the release of the final report from the Independent Inquiry into Child Sexual Abuse (IICSA) which itself highlighted the terrible and damaging impact on children and families caused by abusers. Whilst looking back, this paints a very grim picture of society as a whole. Looking forward both nationally and locally there is a great deal of work undertaken both in the voluntary and statutory sector to prevent abuse from occurring, and to work with and support those who have been hurt in the past. We as a Diocese are playing our part in that not only within the Church, but in wider society.

Being aware that many of you may have questions around how safe my church is, what are the implications arising from the IICSA report, and what about safeguarding and the synodal journey, we have decided to host an online event which will be led by Robert Brown, the Senior Safeguarding Professional employed by the Diocese. The event will take place on Monday 9th January between 6:00pm and 7:30pm. If you wish to attend then please sign up via Eventbrite: <https://www.eventbrite.co.uk/e/synodal-journey-a-conversation-about-safeguarding-tickets-471079791337> so that we can send the Zoom meeting details to you. This will also provide you the opportunity to highlight any questions you would like to be answered at the meeting.

Should you have any questions or concerns in the interim then please contact the Safeguarding Office on 01364 645430 or e-mail safeguarding@pcdtr.org.uk

Justpeace

PAX CHRISTI

International Catholic Movement for Peace

Justpeace No 339 December 2022 - January 2023

ISSN0287-7647

PEACE SUNDAY 15 JANUARY 2023

We give thanks for Pope Francis' continuous and nuanced comments on the world situation. Here is a selection from the past year alone, which might be useful as you prepare for Peace Sunday. Pope Francis' theme for 2023 will be on our website as soon as it is announced. Pax Christi resources can be found here: <https://paxchristi.org.uk/peace-sunday-2023/>

I would like to lament... three world wars in a single century! The one of 1914-1918, the one of 1939-1945, and this one! This one [in Ukraine] is a world war, because it is true that when empires, either on one side or the other weaken, they need to make a war in order to feel strong - and also to sell weapons! I believe that today the greatest calamity in the world is the arms industry. Please! I've been told, I don't know if it's true or not, that if we didn't make weapons for a year, we could end world hunger.

Pope Francis to the Press on the plane from Bahrain, November 2022

The Holy See continues steadfastly to maintain that in the twenty-first century nuclear arms are an inadequate and inappropriate means of responding to security threats, and that possession of them is immoral. Their production diverts resources from integral human development and their employment not only has catastrophic humanitarian and environmental consequences, but also threatens the very existence of humanity...

To members of the Diplomatic Corps accredited to the Holy See, January 2022

Why, then, wage war on each other over conflicts that we should resolve by talking to each other as fellow people? Why not rather join our forces and resources to fight together the real battles of civilization: the fight against hunger and thirst; the fight against disease and epidemics; the fight against today's poverty and slavery? Why? Certain choices are not neutral: to allocate a large part of spending to weapons means taking it away from something else, which means continuing to take it away yet again, from those who lack the basic necessities. And this is a scandal...

Continuing to spend on weapons sullies the soul, sullies the heart, sullies humanity. What is the use of solemnly committing ourselves all together, on an international level, in campaigns against poverty, against hunger, against the degradation of the planet, if we then fall back into the old vice of war, into the old strategy of the power of armaments, which takes everything and everyone backwards? A war always takes you backwards, always. We walk backwards. We will have to start over again.

To members of the organisation 'Ho avuto sete' March 2022

The photo on our poster (see over) was taken in March 2021, when Pope Francis prayed for peace amid the ruins of Mosul, Iraq.

Foto©Vatican Media



How then does one become a peacemaker? First of all, one must *disarm the heart*. Yes, because we are all equipped with aggressive thoughts against each other, and cutting words...

How does one demilitarize the heart? By opening ourselves to Jesus, who is 'our peace' (Eph 2:14); by standing before his Cross... by receiving from him, in Confession, 'forgiveness and peace'. This is where we begin, because being peacemakers, being saints, is not our ability, they are gifts, it is one of his gifts, it is grace.


Brothers and sisters, let us look within and ask ourselves: are we peacemakers? In the places where we live, study and work, do we bring tension, words that hurt, chatter that poisons, controversy that divides? Or do we open up the way to peace, forgiving those who have offended us; do we care for those who are at the margins, do we redress some injustice by helping those who have less? This is called building peace.

Angelus, Feast of All Saints, November 2022

As we contemplate those glorious wounds, our incredulous eyes open wide; our hardened hearts break open and we welcome the Easter message: 'Peace be with you!..... Dear brothers and sisters, every war brings in its wake consequences that affect the entire human family: from grief and mourning to the drama of refugees, and to the economic and food crisis, the signs of which we are already seeing. Faced with the continuing signs of war, as well as the many painful setbacks to life, Jesus Christ, the victor over sin, fear and death, exhorts us not to surrender to evil and violence. Brothers and sisters, may we be won over by the peace of Christ! Peace is possible; peace is a duty; peace is everyone's primary responsibility!

Urbi et Orbi, Easter 2022

PLEASE SUPPORT PAX CHRISTI Your one-off donation can make a huge difference to our work. You can help us produce a new resource for our campaign work against nuclear weapons, on military spending or speaking up for a just peace in Palestine and Israel. You can help fund our Peace Education work in schools. You can help us spread the message of Christian peacemaking in parishes and communities around the country and lots more besides!. Please send a cheque payable to Pax Christi, *St Joseph's, Watford Way, London NW4 4TY* Thank you



Roni Invites you to

PLAY
YOUR CARDS RIGHT

Saturday 18th February
Holy Ghost Parish Hall
Fun starts promptly at 6.30 pm





Bring a bottle of your favourite tipple
- the evening will include a fish & chip supper

(If you would like a vegetarian alternative, please let us know when you book)

To save your space
please give cash or cheque for £15.00
to the parish office payable to
PRCDTR Holy Family Exmouth

No coins please

Closing Date
Monday 13th February



AN INVITATION TO FAMILIES IN OUR PARISH

FIRST RECONCILIATION & FIRST COMMUNION 2023

I am very grateful to Fr. Jonathan and the Exeter parishes for inviting us to engage with **GIFT**.

GIFT is an exciting way of supporting families to engage with their faith. Whether you are already engaged with your faith and the Church, looking for a way to become more engaged or **seeking the Sacraments for your child, GIFT is for you**. Encouraging you to pray, talk about faith issues, and have more family time together is good, but we believe it is not enough. We want to provide a place for you to learn what engaging with your faith actually looks like and then give you the opportunity to do it!

Saturday family sessions Families are invited to come along on the first Saturday of each month (mostly) at St. Nicholas Catholic Primary Academy, Ringswell Avenue, Exeter EX1 3EG. The sessions are engaging, spirit-filled and fun, and they are for all the family – even Grandma! We celebrate Mass, enjoy a time of fellowship and refreshment before sharing catechesis and activities. Each month we explore a different topic e.g., The Saints, Epiphany, Lent, Holy Week.

Faith Formation for parents

Each month we gather online (Zoom) with parents and catechists to explore our faith. These sessions are designed to help parents grow in their own faith, enabling them to lead their family on their journey of faith.

Virtual Resources

We also send home resources each month which families use on their own, exploring aspects of our Catholic faith.

Join the GIFT Family

To register for GIFT and to receive regular updates and information about our family catechesis, please complete the form on the website. We look forward to welcoming you.

<https://www.blessedsacrament.org.uk>

GROWING IN FAITH TOGETHER

For more info contact:-

Blessed Sacrament Church, 29 Fore Street, Heavitree, Exeter EX1 2QJ

Telephone: 01392 274724

Email: exeter-heavitree@prcdtr.org.uk

<https://www.blessedsacrament.org.uk>

Please let me know if you when you will be starting.

God bless you

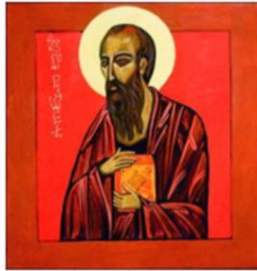
Fr. Philip



The Parish of the Holy Family
Exmouth and Budleigh Salterton



IN SEARCH OF ST PAUL a pilgrimage to Malta and Gozo



day-time flights from Bristol
half-board accommodation in Jesuit
retreat centres
excursions included to sites associated
with St Paul's shipwreck
daily scriptural reflections
individual free-time
May 1st. – May 11th. 2023

details from the parish office
exmouth@prcdtr.org.uk

Please come and help the church cleaning team. after the morning mass. They aim to come on the 1st Wednesday of every month, after the morning mass for about an hour. Everyone welcome, do come and stay for coffee afterwards. Thank you for supporting them.

UCM Meetings 2.00pm in the Holy Ghost church hall, Exmouth.

Jan 19 'Taste of Honey'

Feb 2 Boxed game

Feb 16 World day of Prayer

March 2 Lent Reflection

16 March

We welcome new members.

THE KNIT & NATTER GROUP meet again on 2nd January, 6 February & 6 March in Holy Ghost Hall do pop in and join them. All welcome. No knitting qualifications required!!

The Craft Club meet monthly 10.00 am – 12.00 pm in Holy Ghost Hall. The next dates are

4th February, 4th March & 1st April. New members welcome – watch this space for 2023 dates.

WARM WEDNESDAYS every after the 11.00 am mass. Do join us for 'WARM UP WEDNESDAYS'. Coffee, chat & companionship free to all! The coffee morning on the 1st February will be hosted by the UCM – all welcome.

The Bible Comes to Life Exhibition will be taking place at Holy Trinity Church, Rolle Road, Exmouth from 25-27 January. Public viewing times 6.30-8pm on Wednesday 25th and Thursday 26th January, and Friday 27th 10.30am-12.30pm. All welcome

Mass Live streaming from Blessed Sacrament Exeter. Please go to the parish Facebook page Catholic Exeter– see <http://www.blessedsacrament.org.uk/> You don't need a Facebook account to watch the Masses, simply ignore the request from Facebook to log in.

