



# The Parish of the Holy Family



Holy Ghost Church, Exmouth EX8 2JH  
St Peter, Prince of Apostles, Budleigh Salterton EX9 6RZ

www.holyghostexmouth.org.uk  
exmouth@prcdtr.org.uk

Registered Charity 213227

The Parish Office	The Presbytery, 11 Raddenstile Lane, Exmouth EX8 2JH	
The Parish Priest	Fr. Philip Austen	01395 263384
The Parish Office Manager	Jane Cheyne	01395 263384 fax 263594
The Deacon	Rev. Terry Enright	07977 446479
St Joseph's School	Mrs Nicky Taylor Bashford	01395 264875
Chaplain to Exeter Hospitals	Exeter	01392 272815



## SECOND WEEK OF ADVENT YEAR A

<b>Saturday 3 December</b>	5.00 pm	Gene Yates
<b>Sunday 4 December</b> <i>Second Sunday of Advent</i>	10.00 am	Parish
<b>Tuesday 6 December at St. Peter, Prince of Apostles</b> <i>St Nicholas Bp</i>	11.00 am	Priscilla & John Gordon Hull RIP (F)
<b>Wednesday 7 December</b> <i>St Ambrose Bp Dr</i>	11.00 am	Sr. Therese Marie Baud RIP
<b>Thursday 8 December</b> <i>Immaculate Conception of BVM</i>		UCM
<b>Friday 9 December</b>	2.00 pm	Theresa Hearn

## THIRD WEEK OF ADVENT YEAR A

<b>Saturday 10 December</b>	5.00 pm	Em Elcock RIP
<b>Sunday 11 December</b> <i>Third Sunday of Advent - Gaudete Sunday</i>	10.00 am	Parish
<b>Tuesday 13 December at St. Peter, Prince of Apostles</b>	<b>NO MASS</b>	
<b>Wednesday 14 December</b>	<b>NO MASS</b>	
<b>Friday 16 December</b>	<b>NO MASS</b>	

**Please pray for the repose of the soul of Ronnie Luckman RIP** who died recently. We remember parishioners, family & friends, especially those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times. Please let me know if you are aware of anyone that would like to receive Holy Communion at home

**The Sacrament of Reconciliation** (Confession) is available by making an appointment with me, via the Parish Office.



**Check out Pope Francis' daily tweets on Twitter** 'Spiritual consolation is an experience of interior joy that allows us to see God's presence in everything. It strengthens faith, hope, and the ability of doing good; it helps us never give up in the face of difficulties because it gives us a peace that is stronger than any trial'

**As we also remember the people of Ukraine in our prayers...** 'The feeling remains that God is on the journey, too. When we are overcome by sadness, fear, or suffering; when the pains of loss overwhelm us; when evil seems to have taken power; let us look to the cross and be filled with peace, knowing that Christ has walked this road and walks it now with us and with all our brothers and sisters'. Teresa of Avila

The word **Advent** means “coming” and it is a time to prepare for the coming of Jesus Christ at Christmas, but it also invites us to prepare for Jesus to come at the end of time, so it is a reflective period for some serious thinking about our future – our ultimate future! During Advent the Church uses the sombre colour purple for vestments and hangings, and the readings from scripture and the music and prayers all have a tone of waiting in anticipation. At this dark time of the year the theme of light is significant as the church waits for Christ – the “Light of the World”.

The third Sunday of Advent is Gaudete Sunday and I invite you to come and bring your baby Jesus crib piece to mass to be blessed.

### The Tradition of Blessing the Bambinelli



The beautiful Advent Tradition, **Bambinelli Sunday**, was instituted by Saint Pope John Paul II during his Papacy. The tradition follows that on the Third Sunday of Advent (Gaudete Sunday) children and adults bring their Baby Jesus figures from their homes to St Peters Square where they are blessed by the Pope.

All children and families are invited to bring the Baby Jesus figure from their homes to be blessed. Families can make their own **Bambinelli** if they wish.

Pope Francis has continued the tradition, blessing the statuettes which children bring before him in the Square. Parishes around the world now join in the celebration to help children and young people to prepare for Jesus.

A suggestion is, following the blessing prayer, you wrap your **Bambinelli** and place it with the gifts under your Christmas tree. Open it as a family on Christmas morning where the youngest member of the family can place it in the crib. **A gift of the presence of Christ, then, will be in your home this Christmas.**

### Here is a prayer you may like to use to ask God’s blessing

*God, our Father you so loved mankind  
that you sent us your only Son Jesus,  
born of the Virgin Mary,  
to save us and lead us back to you.*

*We pray that, with your Blessing,  
these images of Jesus who is about to come among us,  
may be a sign of your presence and love in our homes.*

*Father, give your Blessing to us too,  
to our parents, to our families and to our friends.*

*Open our hearts so that we may be able to  
receive Jesus in joy, always do what he asks  
and see him in all those who are in need of our love.*

*We ask you this in the name of Jesus  
your beloved Son who comes to give the world peace.*

*He lives and reigns forever and ever. Amen.*



## Parish Advent Reflections

Do join me for an hour of prayer, readings, and music in a candlelit church. This will be a precious hour to take time out from the frantic weeks leading up to Christmas and be with Jesus. Just an hour to focus our minds and hearts to prepare for the anniversary of the Lord's birthday at Christmas – can you spare the time?

We will come together on **Wednesday 7th December at 7.30 pm** in Holy Ghost and I encourage you to bring a friend with you.



St Rita's Centre,  
Honiton, Devon

### Advent Retreat Day

**“Our Deepest Gifts:  
The Four Themes of Advent”**

**Saturday 3<sup>rd</sup> December 2022**

9.30am – 4.00pm  
with

**Canon Mark O’Keeffe**

The day will begin with coffee/tea on arrival at 9.30am. First Talk will start at 10am, second talk will be at 11am. Exposition and Adoration of the holy Sacrament in silence will be at 12pm. Lunch will be served at 1pm, Mass at 2.45pm

Cost per person: £25.00 which includes lunch.

For further information & to register your name contact:  
St Rita's Centre Tel: 01404 42635  
Email: [admin@stritascentre.org](mailto:admin@stritascentre.org) | [www.stritascentre.org](http://www.stritascentre.org)

## **An Invitation to spend a time of reflection with Mary during this Advent season**

*‘Let it be done to me according to thy word’*

Session 2: 2<sup>nd</sup> Dec: Mary, The First Disciple

Session 3: 9<sup>th</sup> Dec: Mary, Mother of Hope

Session 4: 16<sup>th</sup> Dec: Mary, Queen of Heaven & Queen of Carmel

Session 5: 23<sup>rd</sup> Dec: Help of all who Believe

*Fridays at 2.45 pm in St. Anne’s Cloister and you are invited to bring your own Bible if you wish. Each session will end with the Evening Prayer of the Church at 3.30pm. More details from Nicolas Hearn OCDS Tel 01395 276401 email: [nbhearn@email.com](mailto:nbhearn@email.com)*

**The Christmas trees have arrived at Greenfingers.** Pop along to the garden centre in Pound Lane and choose yours. You will be pleased to know that the streamside café is open too. My thanks to Geoff & Tricia Ames who have donated a Christmas tree to our parish each year.



**Everyone is cutting back now and many are not exchanging Christmas cards with people they regularly see. Please help us by not leaving cards at the back of the church and donating to charity instead. Thank you**

## Christmas in our Parish

Saturday Dec 24th.	The Vigil of the Nativity of the Lord	7.00.p.m.
Sunday Dec 25th.	The Nativity of the Lord	10.00.a.m.



*This mass is particularly for families, and I invite you to bring your child dressed as a nativity character to welcome the birth of our Lord Jesus Christ*



**Situations Vacant.... Are you a Mary, Joseph, an angel, shepherd, king..... donkey, sheep or even a camel?**

Do you know one that would like to come to our family mass on Christmas Day?

I am looking forward to welcoming families to celebrate this special Christmas morning with me and I warmly encourage you to come along with your children. *Fr. Philip*

**Notice to all Ministers of the Word.** If you are a reader at mass please can you sign the board in St. Anne's Cloister to ensure that we have enough ministers at each mass. This is particularly important over the coming weeks as we plan for Christmas and some of you may be away. Thank you for your help.

**Christmas is just around the corner, and CAFOD have just the best unusual presents for your friends and family that can make a real difference to people living in poverty!** World Gifts are CAFOD's range of virtual gifts that make a real difference to families living in poverty across the world. For each gift you buy this Christmas, you'll receive a beautiful gift card to pass on to your loved one. <https://cafod.org.uk/>

**New free gift!** If you spend £50 or more on your order, you can get two beautifully illustrated World Gifts coasters for free! <https://cafod.org.uk/> Make sure to order by 15 December for a free delivery before Christmas or 20 December 12 noon and choose Express delivery to ensure your loved ones can enjoy their gifts at Christmas! <https://cafod.org.uk/>





UCM NEWS Well done UCM ladies! A big thank you to all the ladies who knitted and crocheted poppies and to all those parishioners who bought them. Lorraine also made a wreath using the poppies which was used in Holy Ghost Church

The UCM made a donation towards the Exmouth Food larder, one of our chosen charities - so far £117.96 has been raised. Proceeds from the UCM coffee morning following mass on Wednesday 8<sup>th</sup> December will also be donated to the Exmouth Food Larder.

**UCM Meetings for the month of December - 2.00pm in the Holy Ghost church hall, on Thursday 15th December We welcome new members.**

“Applications are invited for the position of:

**BENEFACTOR(S)**

For a minor programme of remedial restoration work at  
Plymouth Cathedral in Devon.

To apply, and for further details, e-mail Adrian Wardle on [arwardle@talk21.com](mailto:arwardle@talk21.com)  
or telephone +44(0)1752 830113.”



# Flame

CYMFED 2023

Dioces of Plymouth Youth Events are organising a trip to OVO Arena Wembley to join around 12,000 others at Flame.  
The largest Catholic gathering of young people in England and Wales.

**If you are age 14 - 21  
and fancy hearing from:**

- **Guvna B** - award winning musician
- **Robert Bilott** - talking about the environment
- **Adenike** - singer, songwriter
- **One Hope Project** - creative collective

**Then you need to book your ticket.**

**Cost is £35** to include ticket and travel.

Travel arrangements will be made nearer the time.

Follow the link to book: <https://forms.office.com/r/i7rv7WzbG4>



**If you wish to join us, contact:  
Saskia or Michelle:  
[youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)**

# AN INVITATION TO FAMILIES IN OUR PARISH

I am very grateful to Fr. Jonathan and the Exeter parishes for inviting us to engage with **GIFT**.

**GIFT** is an exciting way of supporting families to engage with their faith. Whether you are already engaged with your faith and the Church, looking for a way to become more engaged or **seeking the Sacraments for your child, GIFT is for you**. Encouraging you to pray, talk about faith issues, and have more family time together is good, but we believe it is not enough. We want to provide a place for you to learn what engaging with your faith actually looks like and then give you the opportunity to do it!

**Saturday family sessions** Families are invited to come along on the first Saturday of each month (mostly) at St. Nicholas Catholic Primary Academy, Ringswell Avenue, Exeter EX1 3EG. The sessions are engaging, spirit-filled and fun, and they are for all the family – even Grandma! We celebrate Mass, enjoy a time of fellowship and refreshment before sharing catechesis and activities. Each month we explore a different topic e.g., The Saints, Epiphany, Lent, Holy Week.

## **Faith Formation for parents**

Each month we gather online (Zoom) with parents and catechists to explore our faith. These sessions are designed to help parents grow in their own faith, enabling them to lead their family on their journey of faith.

## **Virtual Resources**

We also send home resources each month which families use on their own, exploring aspects of our Catholic faith.

## **Join the GIFT Family**

To register for GIFT and to receive regular updates and information about our family catechesis, please complete the form on the website. We look forward to welcoming you.

<https://www.blessedsacrament.org.uk>

## **GROWING IN FAITH TOGETHER**

For more info contact:-

Blessed Sacrament Church, 29 Fore Street, Heavitree, Exeter EX1 2QJ

Telephone: 01392 274724

Email: [exeter-heavitree@prcdtr.org.uk](mailto:exeter-heavitree@prcdtr.org.uk)

<https://www.blessedsacrament.org.uk>

Please let me know if you when you will be starting.

God bless you

*Fr. Philip*



YOU ARE INVITED TO THE

# YMCA EXETER

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# CHRISTMAS SERVICE

A festive service for Friends,  
residents, staff & volunteers of  
YMCA Exeter.

Followed by  
festive refreshments,  
displays of our projects,  
a chance to meet our staff  
and a tour of Stage 1 housing.

**DECEMBER 14 2022**  
**FROM 12:30PM**  
**ST DAVID'S CHURCH**

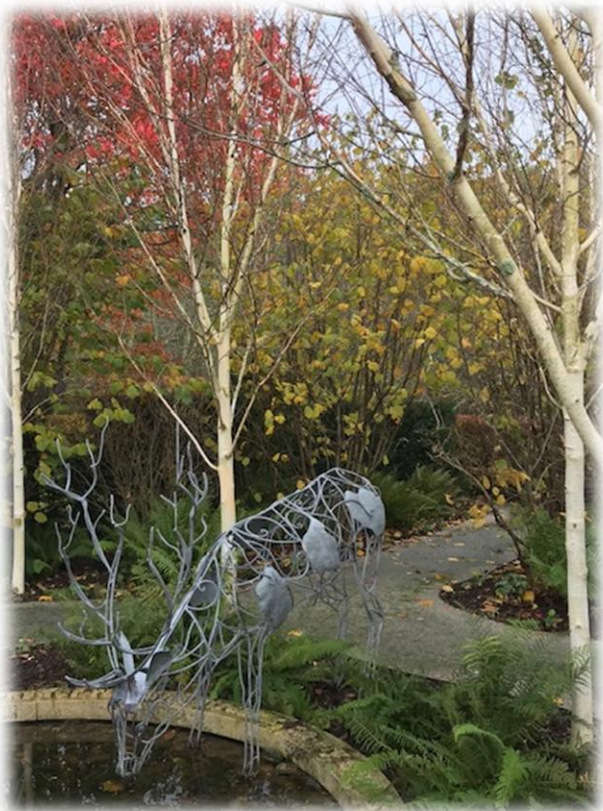
RSVP 01392 410530  
[events@ymcaexeter.org.uk](mailto:events@ymcaexeter.org.uk)



# Memory Experience Imagination



## Advent Preparation Days at Buckfast Abbey



50 Parishioners and friends spent a very thought provoking and memorable day at Buckfast this week. I am pleased to share with you the comments from Penny and Richard Stranack and am grateful to them for sending them in.

*Thank you all for sharing the day with me*

*'Before the Advent Day of Reflection at Buckfast, I had not thought of the Past, the Present and the Future in terms of **Memory, Experience and Imagination** so it made me think of these concepts in a new and interesting way. I came away inspired by the 'community' feeling that **Hope will overcome Fear** as we 'look to the future through the*

*eyes of Faith'. [Penny Stranack]*

*'Father Philip drew on Holy Scripture, the Wisdom of the Fathers of the 'Early' as well as of the contemporary Church to reflect on our relationship with Past, Present and Future aspects of the Church's life.*

*Illustrated with an imaginative selection of 'power point' images, we were challenged to consider how the Coronavirus pandemic had been an epoch changing experience for the whole of society.*





*Such events as the Norman Conquest, the Black Death, the Reformation and the opening up of the 'New World' and the European Wars of recent centuries, including the current turbulence centred on the Ukraine have has a cataclysmic effect on the Church, as a result of which there can be no going back to the old 'normal'.*

*As the Revelation of Saint John, echoing the words of Isaiah and Jeremiah, quotes the words of the Lord, "I am making all things new".*

*The climax of the Day was, of course, the Mass in the Blessed Sacrament Chapel of the Abbey Church in which our identity in the Body of Christ,*

*with one another and with the Person of Jesus Himself was celebrated. [Richard Stranack]*

**COMING SOON!!**

## **A Parish Day of Reflection for Lent Buckfast Abbey**

**TUESDAY FEBRUARY 28TH. 2023**

**There is the added option of staying overnight at  
Buckfast on The Tuesday evening and enjoying vespers  
with the monks in the Abbey**



The Parish of the Holy Family

Exmouth & Budleigh Salterton

## Use of the Parish Halls

25th November 2022

**Now that we regularly use our hall facilities again after the restrictions of lockdown, we ask that you adhere to the guidelines below to keep everyone safe.**

Under our current arrangements, a LEAD PERSON is held ACCOUNTABLE AND RESPONSIBLE for;

1. booking the hall well in advance and making arrangements for
2. obtaining a key from the Parish Office on a Tuesday, Wednesday or Friday
3. making sure that the hall - kitchen & toilets - is adequately cleaned after use and that the tables and chairs are returned after use as shown in the photographs below.
4. Posting the key, immediately after locking the hall, through the Presbytery letterbox

**We are continuing to work towards being a coin-free parish. Where refreshments are paid for, a pre-paid loyalty card (costing £10.00.) is now available.**

**Pre packed biscuits, milk cartons and sugar sachets are provided to maintain the highest hygiene standards and must be used. Please do not bring your own!**

**Please use the hand-sanitiser** available on entry the building

Anyone who is showing any of the **symptoms of Covid-19**, as well as every other member of their household, and anyone required to self-isolate, should not come to the premises

**Although Face coverings** are optional while you are in the hall, their continued use is recommended. Those who choose not to wear a mask are encouraged to maintain a social distance from people they would not normally mix with.

*Thank you, Fr Philip*

**Please come and help the church cleaning team.** after the morning mass. They aim to come on the 1<sup>st</sup> Wednesday of every month, after the morning mass for about an hour. Everyone welcome, do come and stay for coffee afterwards. Thank you for supporting them.

**THE KNIT & NATTER GROUP meet again on 5th December** in Holy Ghost Hall do pop in and join them. All welcome. No knitting qualifications required!!

**The Craft Club** invite you to join them on Saturday 3rd December, 10.00 am – 12.00 pm in Holy Ghost Hall

**THANK YOU FOR YOUR MONTHLY OFFERINGS** and for your continued generosity to the parish. Many of you know that we are currently not encouraged to count and bank cash donations so the most efficient way for you to give is by standing order. Most of you have now started using this method and we are incredibly grateful. It saves us time and eliminates the need to count cash and make journeys to the bank in these difficult times and it's a coronavirus free transaction!! Mandate forms are available by emailing the parish office. Thank you!

**MASS INTENTIONS** If you would like a Mass said for a particular intention; for someone who is ill or a loved one who has died; in thanksgiving for an answer to prayer or perhaps a private intention, contact Jane in the parish office who will help you find a date and time which suits you. It is traditional to make an offering at the same time. This is simply what you can afford and would like to give. Please note that to comply with GDPR rules we need the permission of the person named if it is to be made public unless they are deceased.