



# The Parish of the Holy Family

Holy Ghost Church, Exmouth EX8 2JH  
St Peter, Prince of Apostles, Budleigh Salterton EX9 6RZ



DIOCESE OF PLYMOUTH

www.holyghostexmouth.org.uk  
exmouth@prcdtr.org.uk

Registered Charity 213227

The Parish Office  
The Parish Priest  
The Parish Office Manager  
The Deacon  
The Sisters of the Holy Family  
St Joseph's School  
Chaplain to Exeter Hospitals

The Presbytery, 11 Raddenstile Lane, Exmouth EX8 2JH  
Fr. Philip Austen 01395 263384  
Jane Cheyne 01395 263384 fax 263594  
Rev. Terry Enright 07977 446479  
01395 272702  
Mrs Nicky Taylor Bashford 01395 264875  
Exeter 01392 272815



## FIRST WEEK LENT C Ps 1

<b>Saturday 5 March</b>	5.00 pm	Wendy & Nick March Diamond Wedding Anniversary
<b>Sunday 6 March</b>	10.00 am	Parish
<b>Tuesday 8 March at St. Peter, Prince of Apostles St John of God</b>	11.00 am	
<b>Wednesday 9 March St Frances of Rome</b>	11.00 am	Elenita S Dey RIP
<b>Friday 11 March CAFOD LENT FAST DAY</b>	2.00 pm	Maurus Bong Sung Fuk RIP

## SECOND WEEK LENT C Ps 2

<b>Saturday 12 March</b>	5.00 pm	
<b>Sunday 13 March</b>	10.00 am	Parish
<b>Tuesday 15 March</b>	<b>PARISH DAY AT BUCKFAST</b>	
<b>Wednesday 16 March</b>	NO MASS	
<b>Friday 18 March</b>	2.00 pm	Emma Jensine Costello & husband RIP (F)
<b>Saturday 19 March</b>	5.00 pm	

**Please pray for** our parishioners, family & friends, especially those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times.

**The Sacrament of Reconciliation** (Confession) is available by making an appointment with me, via the Parish Office.



**Check out Pope Francis' daily tweets on Twitter**

Let us cry out again from our hearts. Never again war, never again clash of arms, never again so much suffering! We must never stop praying. Indeed, let us pray to God intensely. Come, Lord, Prince of Peace, make us instruments and reflections of your peace! #PrayTogether#Ukraine



## LENT DAY OF REFLECTION AT BUCKFAST ABBEY *'Beyond our Imagining'*

If you would like to join Fr. Philip for a *Day of Reflection at Buckfast Abbey* on Tuesday 15<sup>th</sup> March, **please confirm you place** by dropping a cheque through the Presbytery letter box. Add your name, and the names of those travelling with you. Thank you for making your cheque payable to PRCDTR Holy Family Exmouth for £27.00 per person. The price includes coffees, tea and a lovely lunch!

**LAST DATE FOR BOOKING MONDAY 7 MARCH**



**The 2022 Lent campaign** is focused on the growing number of people in the world exposed to extreme food poverty. 200 million children are at risk of malnutrition, and 2.37 billion people are unable to have a healthy

balanced diet. Reasons for this include conflicts, climate change and the pandemic, The latter has led to disruption of food supplies and income loss. The campaign uses a small child in Sierra Leone who was severely malnourished, but thanks to a feeding programme devised by a nuns in a local hospital, she is now fit, well and very lively.

*Challenge yourself to walk 200k this Lent and help stamp out hunger, one step at a time.*

*You can walk, roll, skip or stroll your way to 200k. You can boldly go it alone and take it on 5k a day for 40 days, or you can smash the target all at once as a team.*

*There are 200 million children in the world whose lives are at risk from malnutrition. So, this Lent, challenge yourself to conquer 200k, and help give hunger its marching orders. Check out the website and sign up at <https://cafod.org.uk/>*

Part of the campaign uses the idea of a Walk Against Hunger in support and solidarity with the poorest people on earth.

*'I would like to offer people a short Parish Walk on the afternoon of Sunday, March 13, approximately 5k along Exmouth seafront. Participants could walk as far or as little as they like - it's totally flat and there are numerous watering points along the way. I would suggest meeting at the Clock Tower on the seafront at 3pm. This would not be a fundraiser but an attempt in spirit to walk with those without food anywhere in the world. I'll lead the walk and participation is at your own risk. Do join me.'* John Ingham Tel 07967 127 274 CAFOD Parish Rep

The CAFOD Lent Family Fast Day is on Friday 11 March. Please see the link to their website to make your donations. Thank you <https://cafod.org.uk/>

**"You are the body of Christ. Each one of you is a part of it." (Corinthians 12:27)**

Join RISE Theatre in your local Deanery for a

# CREATIVE ARTS DAY

for ages 10-16

Come along to one of five days we're running for young people across the Diocese to create a short filmed piece. Explore art, music, drama, spoken word, dance! Your input, your piece!

Have fun and meet other young people from your area!  
All abilities and interests welcome!

2022

5<sup>th</sup> March

10-4.00

St Peter,  
Prince of Apostles church

Budleigh Salterton

EX9 6RZ

To book and for further information contact Saskia at [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)





*On the 5<sup>th</sup> March our young people living in the Exeter Deanery and neighbouring areas will have a chance to join in a day event with Rise Theatre. It is a great chance for our young people to meet others from neighbouring parishes and to simply have fun together. To join in the event, you do not have to be interested in acting, there will be opportunities to express your creativity through art, craft, writing scripts and possibly music. This event will be open to young people in Year 5 through to Year 11. Lunch and snacks will be provided so it is important that you book so we have enough refreshments for all. Please contact Saskia at [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk) for further information.*

## World Youth Day 2023 Lisbon - Portugal

Mary arose and went with haste (LK 1:39 is the moto for next years World Youth Day (WYD). Planning has begun for our trip. Leaders are starting to be recruited and young people are expressing interest. Please contact me if you know anyone who would interested in joining us. Contact: Saskia [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)

**Storm Eunice stops Heatree residential, new dates below.**

When Storm Eunice hit it was decided to postpone the Heatree Residential. The rescheduled dates will be 13th - 15th May. The residential will start after school on Friday and will finish with a family Mass at 2.00 on Sunday 15th May. Priority will be given to those that booked for the February venture but there are spaces for those that did not book. **Contact: Saskia [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)**

# Holy See invites entries for Jubilee 2025 Official Logo

By Benedict Mayaki, SJ

The Pontifical Council for Promoting the New Evangelization launches **a competition open to all**, for the creation of the Official Logo for the Jubilee 2025. The contest begins on Tuesday, 22 February and ends on Friday, 20 May, 2022.

'Pope Francis has charged the Pontifical Council for Promoting the New Evangelization with coordinating the Holy See's preparations for the Holy Year 2025 with the motto: **"Pilgrims of Hope."** As preparations begin within the Church, the Pontifical Council has launched a competition, open to all, for the creation of the Official Logo for the Jubilee 2025.

**The contest begins on Tuesday, 22 February and ends on Friday, 20 May, 2022.**

**A Logo with identity and spiritual theme** In a statement on Tuesday, the Pontifical Council notes that the choice of the official logo, with which the "identity and the particular spiritual theme of each Holy Year is expressed, embracing the theological meaning around which this historic event is developed and realized," is among the first activities to be carried out as part of the preparations for the Jubilee. In this regard, the statement says that Pope Francis's letter on 11 February, addressed to the President of the Dicastery, contains some useful themes that can be used to compose the Logo. More so, the motto, "Pilgrims of hope" is the favored theme from which participants will draw inspiration. The Jubilee's logo, the statement adds, "symbolically conveys a message in an immediate and fitting way, and is an expression both of the universality of the Church's message and of the particular spiritual needs of our contemporaries, who find comfort in this message, inspired by the theme of hope." In addition, the logo "makes official the initiatives, projects, communications and events that will be proposed for the preparation and celebration of the Jubilee 2025."

**Rules for submissions** The Pontifical Council indicates that submissions are subject to acceptance of the Rules and Regulations that contain all the information necessary to turn in one's entry to the selection committee. Further information will be available on a **website** for the Jubilee logo, where it will soon be possible to upload digital files of submissions. Recalling the Jubilee Year 2000, the statement notes that the winner of the competition was a 22-year-old female student of an Art Institute whose entry has become part of history.

## Jubilee year

A Holy Year, or Jubilee, in the Roman Catholic tradition is a great religious event. It is a year of forgiveness of sins and also the punishment due to sin; of reconciliation between adversaries, conversion, reconciliation and solidarity. It is, above all, the year of Christ who brings life and grace to humanity. It is called a holy year not only because it begins, is marked and ends with solemn holy acts, but also because its purpose is to encourage holiness of life. A Jubilee is "ordinary" if it falls after the customary 25-year period, and "extraordinary" when it is proclaimed by for some outstanding event. The last ordinary Jubilee took place in the year 2000 which ushered the Church into the third millennium. In 2015, Pope Francis proclaimed an extraordinary Holy Year of Mercy. The forthcoming 2025 Jubilee will take place in line with the 25-year gap period.'

**For further information see:-**

[https://linkprotect.cudasvc.com/url?a=https%3a%2f%2fwww.vaticannews.va%2fen%2fvatican-city%2fnews%2f2022-02%2fjubilee-2025-official-logo-competition.html&c=E,1,KR6GxkKeTmegOxckSjgDJlnLDRGblEooZyr-ztOFFdM6zZucmi5nPyEgAAe2WpxM61-G95eMqNzUYiJ48szwNkB9Ds4VXt6o\\_6wbzUfXC6YZQBQuIPvC&typo=1](https://linkprotect.cudasvc.com/url?a=https%3a%2f%2fwww.vaticannews.va%2fen%2fvatican-city%2fnews%2f2022-02%2fjubilee-2025-official-logo-competition.html&c=E,1,KR6GxkKeTmegOxckSjgDJlnLDRGblEooZyr-ztOFFdM6zZucmi5nPyEgAAe2WpxM61-G95eMqNzUYiJ48szwNkB9Ds4VXt6o_6wbzUfXC6YZQBQuIPvC&typo=1)

# LENT 2022

We are now approaching the season of Lent. This year, the team at *Caritas Plymouth* is planning to take small actions each week that will make a positive difference in the lives of those around us. We challenge YOU to join us.

Take action to reach out to those in need in our local communities.

We have created two suggestions for each week of lent.

How many of these actions can you complete?

## Week 1

Pray for people who may be alone or isolated.

Leave a nice note for one of your friends or your boss.



## Week 2

Give up a small luxury during Lent and use the money you save to help others.

Pray for refugees around the world trying to make a fresh



## Week 3

Think of ways to care for creation (e.g. recycle more).

Write down a list of all the things you are thankful for in your life.



## Week 4

Donate an item of food to a local food bank to help families in your community.

Write a card to someone special to tell them what they mean to you.



## Week 5

Donate things to a charity shop if you no longer need them.

Notice someone doing a good deed and thank them.



## Week 6

Say something nice to each person in your office or family.

Share a lent prayer with friends or family



## Cardinal to school pupils: Take your family to Church this Lent

Wednesday, February 23rd, 2022

[CBCEW](#)

***Churches are safe and the doors are “wide open,” says Cardinal Vincent Nichols as we prepare to celebrate the prayerful season of Lent.***

In a message to Catholic school pupils, Cardinal Nichols stresses the importance of “coming into the presence of God” to “join in fully in the prayer of the Mass.” The Cardinal encourages young people to be part of the parish community – a family of the faith. “When we come [to Mass], we receive the gifts of God. We receive His compassion; we receive His love. We come to know how to serve others and to give to them what we receive from the Lord.”

*Transcription*

*‘Hello. I’m very glad to have this opportunity to speak with you just for a few minutes.*

*Now, let’s begin by looking at this photograph together. It’s a picture of the locked doors of the cathedral, because during this pandemic, for three months, our churches were closed for safety out of fear of spreading the infection of the pandemic. This touched many people very deeply because they felt cut off from the presence of Our Lord in the Blessed Sacrament, from the opportunity of joining in fully the celebration of Mass.*

*Some people came and prayed at the locked doors. Others left signs of their love of God, their love of the House of God – the love of their Church. But now you know, the doors are wide open because danger and risk from the pandemic has receded. It’s safe to come to church. Actually it’s safer than going to the supermarket and many people are coming back. But not everyone. Now why do they come back?*

*They come back because they want again to join in fully in the prayer of the Mass. They want to come into the presence of God, who gives shape and direction to their lives. They want to come so that they know they’re part of this community, this family of the faith. But others are not coming. Why is that? Well, I think many people have established different patterns of life for their Sunday. There’s so many things to do. And yet this one – coming into the presence of God – is so important. It’s so fundamental, basic to our way of living, our way of staying steady, our way of keeping our poise in life.*

*When we come, we receive the gifts of God. We receive His compassion; we receive His love. We come to know how to serve others and to give to them what we receive from the Lord. Actually, when we come into church, we meet the one person who has conquered death. We meet the Lord of Life, who is our light, who is our risen light. And that’s what we celebrate so joyfully, so fully at Easter. At this moment, we’re just beginning our preparation for Easter, this season of Lent, and it begins with Ash Wednesday. This is an important time when we walk again together to see and meet the Risen Christ. So, here’s what I ask you...*

*When you go home, please tell your family that I have spoken with you today. Please tell them what I’ve said. Please ask if it would be possible for you to go together to church, to Mass this Lent, in preparation for Easter. I would love you to do that, because you see, when you go into the presence of the Lord, into the House of God, which we also call the Gate of Heaven, there is so much for you to receive, and then there is so much more for you to give.*

*Thank you for listening to me. Please do take these words home. And tell your family that I will pray for them and, please, you pray for me too. Because that’s what I need. Thank you.’*

## Donations for votive candles

- please help us by operating a 'credit system' to eliminate coin-counting. May we suggest a minimum £5 note for 6 months (30 candles) or £10 note for 12 months (60 candles)



### Coffee is being served again!

The Parish Halls are now available for use by parishioners. Please contact the parish office for details of how to book the hall. We are working hard towards being a coin-free parish so on occasions where refreshments are paid for, a pre-paid loyalty card (costing £10.00.) will provide for coffee-tea-biscuits for 6 occasions.

**THANK YOU FOR YOUR MONTHLY OFFERINGS** and for your continued generosity to the parish. Many of you know that we are currently not encouraged to count and bank cash donations so the most efficient way for you to give is by standing order. Most of you have now started using this method and we are incredibly grateful. It saves us time and eliminates the need to count cash and make journeys to the bank in these difficult times and it's a coronavirus free transaction!! Mandate forms are available by emailing the parish office. Thank you!

**MASS INTENTIONS** If you would like a Mass said for a particular intention; for someone who is ill or a loved one who has died; in thanksgiving for an answer to prayer or perhaps a private intention, contact Jane in the parish office who will help you find a date and time which suits you. It is traditional to make an offering at the same time. This is simply what you can afford and would like to give. Please note that to comply with GDPR rules we need the permission of the person named if it is to be made public unless they are deceased.

Mass Live streaming from Blessed Sacrament Exeter. Please go to the parish Facebook page Catholic Exeter— see <http://www.blessedsacrament.org.uk/> You don't need a Facebook account to watch the Masses, simply ignore the request from Facebook to log in.

# HOLY FAMILY PARISH LENT APPEAL

## 'Give a tent for Lent'

DETAILS & LEAFLETS SHOWING HOW YOU CAN HELP  
ARE AVAILABLE IN OUR CHURCHES.  
PLEASE PICK ONE UP.



## GIVE A TENT FOR LENT

THIS LENT, WHAT WILL YOU  
GIVE UP TO GIVE SHELTER?

EVERY PENNY WE RAISE TOGETHER COULD  
GIVE A FAMILY A HOME AND A NEW SENSE OF  
HOPE.

### How to get involved:

#### 1 Choose what you want to give up.

- Something as small as a daily chocolate bar could save £24! That's enough to provide a family with a sleeping mat and thermal blankets.
- Or as a group, aim to raise £385, which could provide a family with a tent.

#### 2 Donate what you save.

- Personally donate or ask for support, set up your fundraising page [here](#).

#### 3 Share.

- Share what you are doing with your family and friends.

Please visit our [webpage](#) or get in touch with Hollie at [hollieclements@shelterbox.org](mailto:hollieclements@shelterbox.org) to find out more.



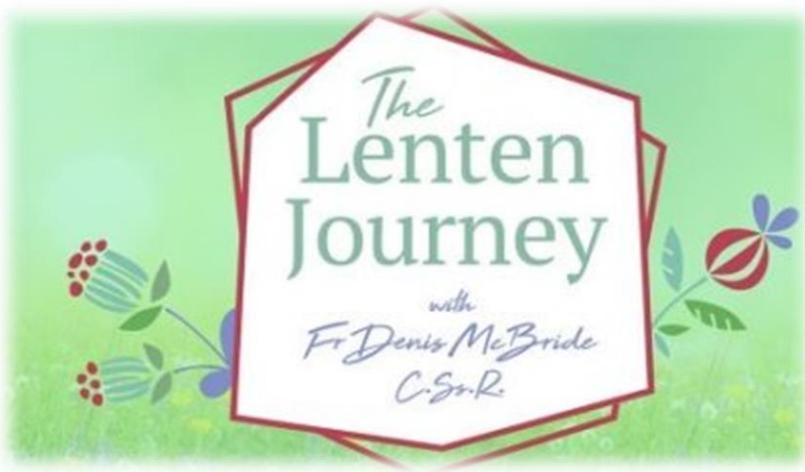
ShelterBox

Rotary



ShelterBox is a registered charity. Charity no: 1096479. ShelterBox and Rotary are project partners in disaster relief. ShelterBox is a charity independent of Rotary International and The Rotary Foundation.





# The Lenten Journey

by **Fr Denis McBride C.Ss.R.**

Starting Sunday 6th March 2022

Join Father Denis McBride who will be leading a FREE online retreat, which will be based on his book *Journeying with Jesus, A Companions Guide*. Fr Denis details the outline of his 6 week retreat below. Each Sunday, starting March 6th, Fr Denis will lead us through his book, ***Journeying with Jesus, A Companions Guide***, each video will be added up each Sunday, but don't worry each of the 6 videos will be added and left up throughout the Lenten season, so you can re-watch at your leisure.

## The Lenten Journey

*'In my book **Journeying with Jesus: A Companion's Guide** I followed seven stations of Jesus' journey beginning in the wilderness and ending in the empty tomb. For the Lenten retreat we shall journey with Jesus from the wilderness to the cross. The planned journey for the six weeks is as follows:*

- 1) In the wilderness**
- 2) At the well**
- 3) On the mountain**
- 4) Along the road**
- 5) At table**
- 6) On the cross**

*I am hoping to make a crossover into people's lives, and that the issues that Jesus faced in these places might, in some way, speak to the challenges we face in our own lives. It might be interesting for you to think of which six stations would stand out in your own journey: which places in particular have helped to define who you are today.*

*I hope that you can carve out some personal time for yourself and think about Jesus' journey and your own. The goal of the Lenten retreat is to promote a conversation between Jesus' story and your own. Although you don't need the book to follow the retreat, it will prove very useful to have alongside you as a full resource.*

*I look forward to welcoming to my Lent Retreat 2022,*

God Bless' **Denis McBride, C.Ss.R**

[https://linkprotect.cudasvc.com/url?a=https%3a%2f%2fwww.rpbooks.co.uk%2fretreat-with-fr-denis-2022&c=E,1,HNIyWixcLGKjqLEK0XryD58Tnxxn6CbGXLm0HsY\\_d50uA7BgYVt0hMHDcFgwXWY\\_u45E2R-YhlofXzTDR7aT6mMX2TbGU6Qbvi5BIU3gu&typo=1](https://linkprotect.cudasvc.com/url?a=https%3a%2f%2fwww.rpbooks.co.uk%2fretreat-with-fr-denis-2022&c=E,1,HNIyWixcLGKjqLEK0XryD58Tnxxn6CbGXLm0HsY_d50uA7BgYVt0hMHDcFgwXWY_u45E2R-YhlofXzTDR7aT6mMX2TbGU6Qbvi5BIU3gu&typo=1)



**Fr. Mark Skelton is inviting you to a scheduled Zoom meeting.**

Topic: Lent Talks 2022

Time: This is a recurring meeting Meet anytime

Join Zoom Meeting

<https://us02web.zoom.us/j/89625462101?pwd=OXpMSUU1TzQ4Z0tJTyt6WFpLaFdTZz09>

Meeting ID: 896 2546 2101

Passcode: 146545

### **Lenten Talks 2022.**

**Each talk will begin at 7pm and the session will run until 830pm but the zoom link will be active from 645pm.**

- |                         |                             |   |
|-------------------------|-----------------------------|---|
| 10 <sup>th</sup> March. | <i>Rev. J.P Thomas</i>      | <i>'The Order of Penitents'</i><br><i>A Pastoral Approach to Reconciliation in a Christian Community.</i> |
| 17 <sup>th</sup> March. | <i>Rev Anthony O'Gorman</i> | <i>'Hope and Risk.</i><br><i>Young people's Spirituality in today's Church.</i>                           |
| 24 <sup>th</sup> March. | <i>Sr Bernadette Reis</i>   |   |
| 31 <sup>st</sup> March. | <i>Mr Jeremy Skelton</i>    | <i>'From the Badlands to the Promised Land'</i>   |
| 7 <sup>th</sup> April.  | <i>Mr Anthony Towey</i>     | <i>'The Trial of Truth.' – Lenten Encounters in John.</i>   |



St Rita's Centre,  
Honiton, Devon

Lent Day of  
Recollection

## “SEVEN LAST WORDS”

Saturday 2<sup>nd</sup> April 2022

9.30am – 4.00pm

with

**FR. TOM DUBOIS**

The day will begin with coffee/tea on arrival at 9.30am. First Talk will start at 10am, second talk will be at 11am. Exposition and Adoration of the holy Sacrament in silence will be at 12pm. Lunch will be served at 1pm, Mass at 2.45pm

Cost per person: £25.00 which includes lunch.

For further information & to register your name contact:  
St Rita's Centre Tel: 01404 42635; Email: [admin@stritascentre.org](mailto:admin@stritascentre.org) or  
<https://www.stritascentre.org/events/lent-retreat-day-seven-last-words>



## **Catholic Children's Society [Plymouth]**

### **Vacancies: Trustee Directors**

The Catholic Children's Society (Plymouth Diocese) is looking for enthusiastic, new Trustee Directors to fill vacancies that have arisen as a result of retirement.

The Society's purpose is to provide help to families in urgent need and to alleviate child poverty, avoid neglect or abuse and prevent homelessness. The Society aims to support parents and carers to enable them to provide a better quality of family life.

We are looking for members of the public to guide the charity and ensure it is managed effectively. We are seeking Trustee Directors who have the ability to think creatively and offer their experience to the Society. We are especially interested in hearing from people with the time, enthusiasm and commitment to take an active role - mentoring our staff and attending events. You may also have valuable experience with other charities.

We are particularly keen to achieve a more diverse board of trustees and we welcome applications from all sections of the community.

The Board meets at least four times a year and whilst the position is voluntary and unpaid, reasonable travelling expenses are paid as per our policy.

To find out more, please contact us by phone **01364 645420** or email [\*\*ccs@prcdtr.org.uk\*\*](mailto:ccs@prcdtr.org.uk) We can send further information about becoming a Trustee for a charity and can arrange for an informal chat with either of our Co-Chair's, Andrea Rodgers or John Larter.

