



# The Parish of the Holy Family

Holy Ghost Church, Exmouth EX8 2JH

St Peter, Prince of Apostles, Budleigh Salterton EX9 6RZ

[www.holyghostexmouth.org.uk](http://www.holyghostexmouth.org.uk)

[holyghost1@btconnect.com](mailto:holyghost1@btconnect.com)



Registered Charity 213227



The Parish Office  
The Parish Priest  
The Parish Office Manager  
The Deacon  
The Sisters of the Holy Family  
St Joseph's School  
Chaplain to Exeter Hospitals

The Presbytery, 11 Raddenstile Lane, Exmouth EX8 2JH  
Fr. Philip Austen 01395 263384  
Jane Cheyne 01395 263384 fax 263594  
Rev. Terry Enright 07977 446479  
01395 272702  
Mrs Nicky Taylor Bashford 01395 264875  
Exeter 01392 272815

## Third week in Ordinary Time B1 Ps 3 Maximum number 35 at Mass

Saturday 23 January	5.00 pm	Fr. A.T. Parsons RIP (F)
Sunday 24 January	10.00 am	Parish
Wednesday 27 January	11.00 am	Eleonora Baker RIP
Friday 29 January	2.00 pm	Henrietta Campbell Ivatt RIP (F)

Please pray for our parishioners, family & friends, especially those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times

**Let us pray for one another.** *Fr Philip*

The Sacrament of Reconciliation (Confession) is available by making an appointment with me, via the Parish Office.

**IS OUR CHURCH STILL OPEN?** In these times of uncertainty, when we can take nothing for granted, please, please, refer to our website at least once a week, where changes will be posted. You will also find other spiritual and devotional material, which is updated every week.

Access to the church will be for the 30 minutes only before each mass to satisfy our 'track & trace' management protocols - hand sanitizing and personal registration and face coverings will be required. **Remember, if you feel ill and have flu-like** or coronavirus symptoms, please do not come to church. Similarly, if you have been in contact with anyone who may have symptoms of coronavirus please stay at home. We are confident that we are taking every precaution to keep you safe and the church is cleaned and sanitized after every opening. Entry to the church is managed very sensitively by our stewards, without whom, I wouldn't be able to open the church for you. We have been advised that there continues to be no access to church halls, kitchens or toilets

**Remember, the obligation to attend Sunday Mass remains suspended.** Masses will continue to be streamed online and there are quick links on our website for you to access from the Cathedral and other churches in the Diocese.

**An Act of Spiritual Communion** My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and "I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen."



## Revision of Arrangements for the Celebration of Mass at Holy Ghost Church

*Dear Parishioners,*

According to the most recent guidelines issued by the *Coronavirus Places of Worship Task Force* and Bishop Mark's response in a letter to clergy, I wish to flag the following from his observations:

- ☞ The Government have indicated that the new variant is as well controlled by social distancing and the other mitigations as the old.
- ☞ The Government has stressed that there would be no blanket closure of places of worship. They asked that each Place of Worship should re-evaluate their own local situation and examine all factors that could affect the good covid security demonstrated by places of worship so far, that is:
  - Sufficient stewarding and management of the Church
  - Sufficient cleaning after acts of communal worship
  - Maintaining good social distancing in the space available along with good ventilation
- ☞ The length of exposure time for an act of worship is critical..... we should aim for Masses to be no longer than 30 minutes, even on Sundays, if at all possible.
- ☞ Those who have gathered for worship should not mingle before or after the service outside of the church. They should disperse immediately.
- ☞ No priest should be made to feel guilty if, for reasons of their own health, Mass cannot be offered. If it is not possible to celebrate Mass in any particular place/community, then please let the Dean and my office know. I am aware that a number of smaller 'chapels of ease' are not open, or having Mass, because of concerns on local numbers rising, or air flow, etc.
- ☞ The Government has updated the Places of Worship Guidance on 11<sup>th</sup> January which can be found here: <https://www.gov.uk/government/publications/covid-19-guidance-for-the-safe-use-of-places-of-worship-during-the-pandemic-from-4-july/covid-19-guidance-for-the-safe-use-of-places-of-worship-from-2-december>

**We have reviewed arrangements here and will be reducing the maximum number at mass from 50 to 35 by seating only two individuals to a pew (or up to 4 if a household/family unit).** Since the **Sunday Mass Obligation** is in suspension, I ask, therefore, that you **do not attend mass on a Sunday** if you are able to come either on a Wednesday at 11.00.a.m., a Friday afternoon at 2.00.p.m. or on Saturday evening at 5.00.p.m.

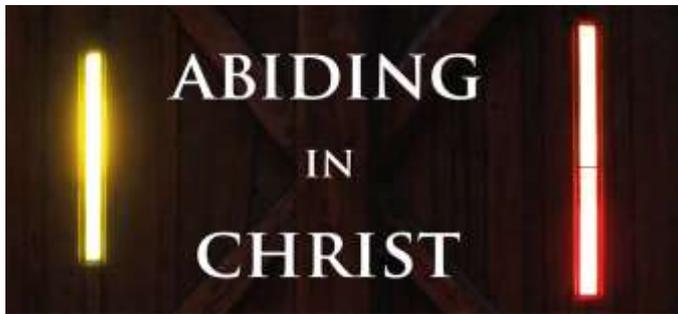
Finally, regarding vaccines and their roll-out in the community all faith communities have been asked by the Government to encourage and support the roll-out of the vaccines. In our case, the fact that Pope Francis will be vaccinated next week is his own personal endorsement for vaccination.

I wish to emphasise again that I shall be eternally grateful to our teams of stewards who have worked, and agree to work, to keep us Covid-safe and our church open.

*May God bless you all.*

*Fr Philip*

**Check out Pope Francis' daily tweets on Twitter...** 'Jesus invites us to abide in Him so as to bear much fruit (see Jn 15:5-9). Abiding in the Lord means finding the courage to step outside of ourselves to take care of others' needs and give a Christian witness in the world. [#Prayer](#) [#UnityOfChristians](#) *Pope Francis @Pontifex*



**Week of Prayer for Christian Unity.** Sadly it has not been possible this year to make arrangements with local churches to act as hosts for the mid-day weekday prayer and lunch meetings, from 18th January 2021, because of the Covid-19 restrictions. Meeting together in one building for the Sunday joint service also is not possible but we can continue to remember our fellow Christians in our

prayers. The theme that has been suggested nationally this year is "Abiding in Christ" with materials provided by a community in Switzerland and these materials can be seen at Christians Together in Britain using this online link: [https://ctbi.org.uk/week-of-prayer-for-christian-unity-2021/?ct=t\(CTBI Monthly Newsletter-Dec2020\)](https://ctbi.org.uk/week-of-prayer-for-christian-unity-2021/?ct=t(CTBI%20Monthly%20Newsletter-Dec2020))

**The Mark 10 Mission.** A small team of lay people, with the help of the Franciscan Friars of the Renewal, have created free virtual Gospel. We would love for you to take a look at the link below.

<https://www.themark10mission.co.uk/theepisodes/seriestwo>

**2021 will once again see Hospiscare** teaming up with local residents who kindly open their gardens in support of what is now a favourite staple in the Hospiscare calendar. Hospiscare Open Gardens will take place for its 17th year in 2021 and registration is now open for local green-fingered residents to join the programme.

Hospiscare is seeking gardeners to share their outdoor spaces with others and is also looking for anyone who would like to run a plant stall, conduct private garden tours or sell their surplus vegetables and flowers for a donation. A huge share of the appeal of Open Gardens lies in the variation that can be found from one garden to the next, allowing visitors with varying tastes to find something they love and can potentially aspire to. From the grandeur of a country estate to the smaller, but equally well cared for, urban gardens on display, Hospiscare Open Gardens lets keen gardeners show off their wares to a knowledgeable and appreciative audience.

Despite the challenges 2020 brought, the gardens raised an amazing £23,662.00 for patients living with a terminal illness and their families. If you would like to join Hospiscare Open Gardens for 2021, please call 01392 688020 or email [fundraising@hospiscare.co.uk](mailto:fundraising@hospiscare.co.uk).

**There are so many ways to support Hospiscare Open Gardens and become part of something special**

- Would your neighbours like to be part of a group opening? A chance to show off what good gardeners you all are!
- Or simply, open your garden for Hospiscare!
- How about an honesty box - a great way to sell off some of your surplus fruit and veg?
- Set up a plant, craft or preserve stall in your close, cul-de-sac or at the end of your drive
- Organise small group tours of your garden in return for a donation to Hospiscare

Find out more TODAY - [fundraising@hospiscare.co.uk](mailto:fundraising@hospiscare.co.uk) / 01392 688020

Because every day matters  
[www.hospiscare.co.uk](http://www.hospiscare.co.uk)  
Hospiscare  
Giving to the heart of Devon



## Larder report: New Year - new lockdown!

"**Good King Wenceslas**" seems to have gone out of favour! The carol describes how he "looked out on the feast of Stephen", the day after Christmas, to find and help the poor - King Wenceslas should be patron saint of Foodbanks!! The need continues and will no doubt increase. Much help is needed, so THANKS to the whole community for your continued support!! The Exmouth Community Larder worked without a break throughout 2020. 2,315 packages were given out, to feed 4,837 people, approximately 58,044 meals!!

King Wencelas' Page in verse two would have been proud! All supplies were derived from the generous donations from the whole of the wider community. Citizens Advice has adapted since the first lockdown, and it is now in a good position to provide help and support. We are all suffering in different ways; being short of food is fundamental, but additionally many are trying to work out their finances in new circumstances; applying for grants and aid is as confusing as deciding how far to drive for a walk .... or walk briskly to where the gym was??

**Hungry children don't learn well**, so school meals are in the news; the Community Larder is aiming to provide sufficient help locally - certainly the ratio of families to individuals has greatly increased. Hopefully everyone who needs support is being referred to The Larder or will contact us direct at "help@exmouthlarder.co.uk" or by phone to 07749 322291. "*Children learning at home need devices*" says Emma Jones, head teacher at Withycombe Primary School. "*The DFE provided us with 5 ipads for vulnerable children - we are a school of 630 children so these 5 ipads don't go very far. We also have families with 1 device, but 3 or 4 children are all trying to access online.*" **Nicky Taylor-Bashford, head at St Joseph's Primary School**, adds: "*teachers and parents are all doing an amazing job, under very difficult circumstances. The news often refers to schools being closed - we are definitely not closed! Teachers continue to put the school children first before their own families and their own anxieties. They continue to teach all day in class whilst also trying to teach and engage children remotely. Parents are trying to support their own children's learning, often whilst juggling working from home and caring for other family members.*"

With more people needing help with issues beyond just food, at The Larder we are returning to the principle of expecting a referral from such as CA, especially for repeated requests. This is not to limit referrals, but to verify that people are getting help with all their problems. Citizens Advice can be reached on 01395 265070 or 01404 42227 and will call back if busy. CA is also starting a scheme to raise funds and supply devices to those who need them for schooling. Food remains our main project, but there is a lot of need all around us, and those who find themselves in a "food emergency" usually have many other troubles too!!

Anthony Bernard, Exmouth Community Larder

[www.exmouthlarder.co.uk](http://www.exmouthlarder.co.uk), mid-January 2021



## Stories of survival, hope and healing

During the coronavirus outbreak, CAFOD has funded the Handmaid Sisters of the Holy Child Jesus to provide personal protective equipment for doctors and nurses in Sierra Leone.

As part of one of the largest aid networks in the world. Our local experts work with some of the most remote and difficult-to-reach people in Africa, Asia, Latin America and the Middle East.

Because of your incredible response, these local experts have been responding to the coronavirus pandemic across the world, in your name, working with some of the most vulnerable communities. While the pandemic has exacerbated many existing challenges, with your support, together we can rebuild.

**Donate to the CAFOD Coronavirus Appeal** In the wake of this crisis we must stand together and help people around the world rebuild their lives.

<https://cafod.org.uk/>



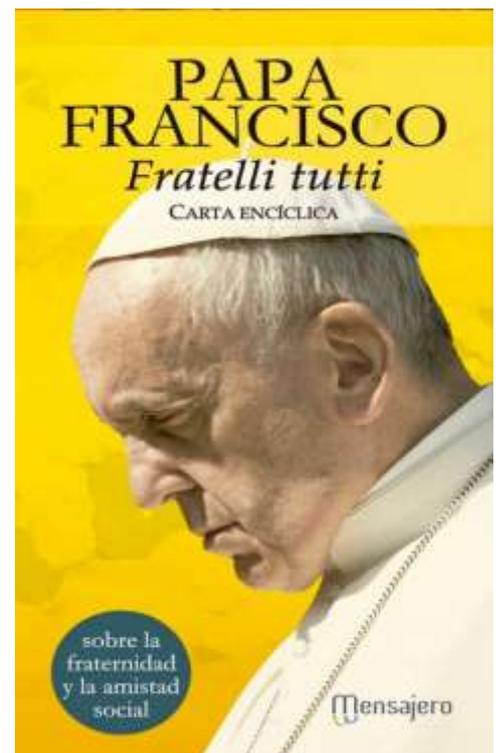
Donate

**Fratelli Tutti: An ecumenical Christian prayer** *This ecumenical prayer for all Christians is from Pope Francis' new encyclical Fratelli Tutti, which was published on 4 October 2020.*

*O God, Trinity of love  
from the profound communion of your divine life,  
pour out upon us a torrent of fraternal love.  
Grant us the love reflected in the actions of Jesus,  
in his family of Nazareth,  
and in the early Christian community.*

*Grant that we Christians may live the Gospel  
discovering Christ in each human being,  
recognizing him crucified  
in the sufferings of the abandoned  
and forgotten of our world,  
and risen in each brother or sister  
who makes a new start.*

*Come, Holy Spirit, show us your beauty,  
reflected in all the peoples of the earth,  
so that we may discover anew  
that all are important and all are necessary,  
different faces of the one humanity  
that God so loves. Amen.*



*Fratelli tutti available to buy on Amazon or download [www.vatican.va>frncesco>encyclicals>documents](http://www.vatican.va/frncesco/encyclicals/documents)*

## From Bishop Mark

### **"A Precious Place of God's Grace"**

Since it was issued on 1 November 2020, "*A Precious Place of God's Grace*", on the development of the pastoral structures in our diocese over the next five years and beyond, has rightly generated a lot of interest amongst our clergy and laypeople, with a number of individuals and parish groups having already fed back their initial thoughts. However, the on-going Covid-19 restrictions have impeded parish communities from being able to engage fully and widely with the document and its accompanying Parish Self-Assessment Tool. Therefore, in order to ensure that the important voice and views of our laypeople and parish communities are heard in this process of discernment, "*A Precious Place of God's Grace*" will be relaunched, with the Parish Self-Assessment Tool, when lockdown restrictions are eased. I hope in this way, we can hear from as many people as possible. Anyone in the diocese is still welcome to send any feedback directly to Canon Kristian Paver ([kristian.paver@prcdtr.org.uk](mailto:kristian.paver@prcdtr.org.uk)), who is collating it on behalf of myself and the Bishops Council. Please also note Saturday 1<sup>st</sup> May in your diaries, when an online event for Clergy and faithful in the Diocese, on "*A Precious Place*", will be facilitated by Michael Dopp, Director of the International Summit on the New Evangelisation. Further details will be sent out by the Vicariate for Evangelisation and Catechesis soon.

### *Prayer for Racial Justice Sunday 31<sup>st</sup> January*

Lord Jesus Christ, in your ministry  
you were approached by people  
of many different nations and cultures.  
You listened to their cry for help,  
treated them with love and compassion,  
and brought them healing and wholeness.

In our own time may we provide to all those who are suffer  
the help that they need  
and the care that they require.

May we respond to the invitation of the Holy Spirit  
to dream of a world made new  
where the poor are not forgotten  
but are given the opportunity  
to live and flourish  
with good health and equal prospects.  
We ask this in the name of Jesus the Lord. Amen.



The latest Caritas newsletter sets out some of the great activities happening across our Diocese as well as upcoming events. [Caritas-Plymouth-Newsletter-Jan-2021.pdf \(plymouth-diocese.org.uk\)](#). We are really looking forward to our celebration of St Bakhita's Feast Day on Monday 8 February, and hope many parishioners will join Bishop Mark and Bishop Declan in celebrating this event online. Full details of how to register are in the newsletter or you can email [caritas@prcdtr.org.uk](mailto:caritas@prcdtr.org.uk).