



The Parish of the Holy Family

Holy Ghost Church, Exmouth EX8 2JH
St Peter, Prince of Apostles, Budleigh Salterton EX9 6RZ



holyghost1@btconnect.com

Registered Charity 213227

The Parish Office

The Parish Priest

The Parish Office Manager

The Deacon

The Sisters of the Holy Family

St Joseph's School

Chaplain to Exeter Hospitals

The Presbytery, 11 Raddenstile Lane, Exmouth EX8 2JH

Fr. Philip Austen 01395 263384

Jane Cheyne 01395 263384 fax 263594

Rev. Terry Enright 07977 446479

01395 272702

Mrs Nicky Taylor Bashford 01395 264875

Exeter 01392 272815



Fourth week in Ordinary Time B1 Ps 4 Maximum number 35 at Mass

| | | |
|----------------------|-------------|--------------------------|
| Saturday 30 January | 5.00 pm | Fr. A.T. Parsons RIP (F) |
| Sunday 31 January | 10.00 am | Parish |
| Wednesday 3 February | **No Mass** | |
| Friday 5 January | **No Mass** | |

Please pray for our parishioners, family & friends, especially those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times **Let us pray for one another. Fr Philip**

Please pray for the repose of the soul of Dave Clarbull who died this week. We particularly remember Sue and all the family at this sad time.

Please pray for the repose of the soul of Noel Fogarty who died on 27th January. I ask you also to remember his family in your prayers in the days ahead

The Sacrament of Reconciliation (Confession) is available by making an appointment with me, via the Parish Office.

IS OUR CHURCH STILL OPEN? In these times of uncertainty, when we can take nothing for granted, please, please, refer to our website at least once a week, where changes will be posted. You will also find other spiritual and devotional material, which is updated every week. Remember, the obligation to attend Sunday Mass remains suspended. Masses will continue to be streamed online and there are quick links on our website for you to access from the Cathedral and other churches in the Diocese.

Access to the church will be for the 30 minutes only before each mass to satisfy our 'track & trace' management protocols - hand sanitizing and personal registration and face coverings will be required. **Remember, if you feel ill and have flu-like** or coronavirus symptoms, please do not come to church. Similarly, if you have been in contact with anyone who may have symptoms of coronavirus please stay at home. We are confident that we are taking every precaution to keep you safe and the church is cleaned and sanitized after every opening. Entry to the church is managed very sensitively by our stewards, without whom, I wouldn't be able to open the church for you. We have been advised that there continues to be no access to church halls, kitchens or toilets

An Act of Spiritual Communion My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and "I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen."

Check out Pope Francis' daily tweets on Twitter... Each one of us Christians is a branch of the one vine which is Jesus; and all of us together are called to bear the fruits of this common membership in Christ. *Pope Francis @Pontifex*



Prayer for Racial Justice Sunday 31st January

Lord Jesus Christ, in your ministry you were approached by people of many different nations and cultures. You listened to their cry for help, treated them with love and compassion, and brought them healing and wholeness. In our own time may we provide to all those who are suffering the help that they need and the care that they require.

May we respond to the invitation of the Holy Spirit to dream of a world made new where the poor are not forgotten but are given the opportunity to live and flourish with good health and equal prospects.
We ask this in the name of Jesus the Lord. Amen.

From Bishop Mark “A Precious Place of God’s Grace”

Since it was issued on 1 November 2020, “A Precious Place of God’s Grace”, on the development of the pastoral structures in our diocese over the next five years and beyond, has rightly generated a lot of interest amongst our clergy and laypeople, with a number of individuals and parish groups having already fed back their initial thoughts. However, the on-going Covid-19 restrictions have impeded parish communities from being able to engage fully and widely with the document and its accompanying Parish Self-Assessment Tool. Therefore, in order to ensure that the important voice and views of our laypeople and parish communities are heard in this process of discernment, “A Precious Place of God’s Grace” will be relaunched, with the Parish Self-Assessment Tool, when lockdown restrictions are eased. I hope in this way, we can hear from as many people as possible. Anyone in the diocese is still welcome to send any feedback directly to Canon Kristian Paver (kristian.paver@prcdtr.org.uk), who is collating it on behalf of myself and the Bishops Council. Please also note Saturday 1st May in your diaries, when an online event for Clergy and faithful in the Diocese, on “A Precious Place”, will be facilitated by Michael Dopp, Director of the International Summit on the New Evangelisation.

The Season of Lent begins on Wednesday 17 February

‘Hope is a gift, it is a gift of the Holy Spirit. And for this reason Paul would say: “Hope never disappoints.” Hope never disappoints, why? Because it is a gift that the Holy Spirit has given us. But Paul tells us that hope has a name. Hope is Jesus. Jesus – hope – recreates everything. It is a constant miracle. Not only did He work miracles of healing, many things: they were only signs, signs of what He is doing now, in the Church. The miracle of recreating everything: what He does in my life, in your life, in our lives. He recreates. And the fact that He recreates is precisely the reason for our hope. It is Christ who recreates everything more wonderfully than Creation, this is the reason for our hope. And this hope does not disappoint, because He is faithful. He cannot deny Himself. This is the virtue of hope’ (Pope Francis Santa Marta, 9 September 2013)

STATIONS OF THE CROSS TOGETHER....To mark the beginning of our Lenten Journey, please use the 'Stations of the Cross' prayers on the Lent letter, starting on Ash Wednesday. Perhaps, as a parish we may all try to do so at either 12 noon or at 6.00.p.m. Please also pray the Stations each Friday afternoon at 3.00.p.m. so that we can be united in prayer while physically distanced. **THERE WILL BE NO MASS ON ASH WEDNESDAY**

**During Lent you are invited to...
Fr. Philip's 'Distanced - Lenten Book Club'**

'Let's have a **DLB** (DISTANCED-LENTEN-BOOKCLUB) in the parish along the lines St. Benedict proposes in his Rule:



'During the days of Lent, they should devote themselves to reading from the morning until the end of the third hour; and from then until the tenth hour they should do the work assigned to them. In these days of Lent they should each receive a book from the library, to be read straight through in its entirety. These books are to be given out at the beginning of Lent.' (RB 48)

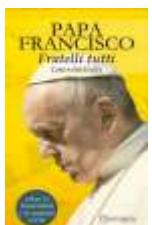
A suggestion is that we all, as far as possible read Fratelli tutti and/or The Alchemist.

There is a Kindle edition of the Alchemist (Amazon £11.49.) and a Mass Market Paperback (Amazon £5.99.) Pope Francis' Encyclical *Fratelli tutti* can be read (in English!) on the Vatican website:

www.vatican.va > francesco > encyclicals > documents

It is also available from Amazon (paperback £8.99.

and Kindle £3.99.)



I will be very interested to hear your comments' *Fr. Philip*

The Mark 10 Mission. A small team of lay people, with the help of the Franciscan Friars of the Renewal, have created free virtual Gospel. We would love for you to take a look at the link below.

<https://www.themark10mission.co.uk/theepisodes/seriestwo>

Fr. Philip has prepared a special Lenten booklet to guide you through Lent. This will be available from next weekend for you to print at home

Holy Family Lent Appeal

In his Angelus address Dec. 27, the feast of the Holy Family, the pope noted that March 19, 2021, would mark five years since the signing of *Amoris laetitia* (The Joy of Love) following the synods on the family in 2014 and 2015.

He said: *"Today's feast reminds us of the example of evangelising with the family, proposing to us once again the ideal of conjugal and family love, as underlined in the apostolic exhortation *Amoris laetitia*, promulgated five years ago this coming March 19. And it will be a year of reflection on *Amoris laetitia* and it will be an opportunity to focus more closely on the contents of the document..... As of now, I invite everyone to take part in the initiatives that will be promoted during the Year..... Let us entrust our journey, with families all over the world, to the Holy Family of Nazareth, in particular to St. Joseph, the devoted spouse and father."*



Our Parish School, as we all know, is under the patronage of '*St. Joseph, the devoted spouse and father*'. I am asking, therefore, that our Parish Appeal, our 'lenten almsgiving' will be for the benefit of our children in St Joseph's, to recognise, as a community, the untiring effort of all the staff, in enormously trying circumstances, to teach '*gospel values*' to those entrusted to us.

It would be an enormous help if you would make your gift to the school directly since, as a parish, we are currently prohibited from processing cash and cheques.

Please, therefore, place your cheque, payable to *St Joseph's School (Exmouth) PTA* in an envelope marked **Holy Family Lent Appeal**. You may then drop it through the Presbytery letterbox. If you wish to *GiftAid* your donation, please add a note to that effect. If you wish to make a direct gift to the school, please telephone the administration for details on 264875



"Walking with Jesus to be the best we can be"

As we in Lent follow *the paths of hope*, let's meet St. Joseph's '*walking with Jesus to be the best that we can be*'.

Thank you!

Sat 27th Feb 2021

11am - 3pm

stay Awake

Adore + Abide + Arise



Free online event!

Includes:

Community + Fellowship + Kids Sessions

Praise and Worship + Keynote Talks by

David Wells and Pippa Baker

For more information, visit www.stayawakejc.com



stayawakejc19@gmail.com



07531266224



@stayawakejc19



@stayawakejc19



Do something different to fight poverty! Walk 10,000 steps every day throughout Lent in

solidarity with people who must walk to collect clean water.

Are you ready to change your life and transform someone else's this Lent? Walk for Water is the only Lent challenge you need: 10,000 steps a day - done your way. Every day. For 40 days. Go the distance this Lent and help to end water poverty. You don't have to get tied in a knot about how to do it: whether you hop it; skip it; slide it; run it; jump it; dance it; stamp it; stomp it. It doesn't matter how you do it, just as long as you put your heart and soul into it.

Sign up now, raise money and do something different to fight poverty. <https://cafod.org.uk/>

Raise £200 to get a free CAFOD neck warmer We are so proud of you, our amazing fundraisers! When your fundraising page reaches £200, we'll send you a free CAFOD neck warmer as a thank you.

From the very start of the coronavirus crisis, we've been humbled by the incredible will of people across England and Wales to brighten this difficult time with a spirit of true togetherness and compassion. We heard from some of you about how you've been keeping faith, hope and kindness alive in lockdown.



"My walks became mini-pilgrimages" Audrey Nengare from Birmingham turned to walking during lockdown as a way to escape daily news reports. "I started to take along my Rosary. My walks became mini-pilgrimages, daily prayer walks around the neighbourhood. "In this unique situation, we must all be generous to our neighbours around the world. So with my parish, I'm part of a virtual pilgrimage to walk two million steps – here to Algeria! "When all you can hear is the wind blowing through the trees, the leaves rustling and the birds chirruping, it's almost impossible to not feel God's presence and return home with a renewed sense of gratitude."

Sign up now, raise money and do something different to fight poverty. <https://cafod.org.uk/>

In the wake of this crisis we must stand together and help people around the world rebuild their lives.

<https://cafod.org.uk/>

Donate



