



The Parish of the Holy Family

Holy Ghost Church, Exmouth EX8 2JH

St Peter, Prince of Apostles, Budleigh Salterton EX9 6RZ

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Registered Charity 213227



The Parish Office
The Parish Priest
The Parish Office Manager
The Deacon
The Sisters of the Holy Family
St Joseph's School
Chaplain to Exeter Hospitals

The Presbytery, 11 Raddenstile Lane, Exmouth EX8 2JH
Fr. Philip Austen 01395 263384
Jane Cheyne 01395 263384 fax 263594
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01395 272702
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Week 19 in Ordinary Time A2 Psalter week 3

Sunday Readings

First Reading 1 Kings 19: 9, 11-13
Responsorial Psalm 84 (85):10 **Mercy and faithfulness have met; justice and peace have embraced**
Second Reading Romans 9: 1-5
Alleluia, alleluia! *Alleluia! My soul is waiting for the Lord, I count on his word*
Gospel *Matthew 14: 22-33 Take courage! It is I! Be not afraid.*



It is so good to see many of you returning to mass now and I am very grateful to the teams of stewards who are facilitating this. For those of you who are still nervous we are confident that we are taking every precaution to keep you safe. The church is cleaned and sanitized after every mass and numbers attending range between 15 and 35. At no time have we had to turn parishioners away and entry to the church has been managed very sensitively by our stewards. Clearly the situation is changing all the time

and times may be changed again over the coming weeks so please watch this bulletin and let as many people as possible know. Masses will continue to be streamed online from the Cathedral and other churches in the Diocese for those of you unable to join us. Thank you for your support. May God bless you. Fr. Philip

MASS TIMES THIS WEEK

Holy Ghost Church Exmouth
Maximum safe number 49

Saturday 5.00.p.m.
Sunday 10.00.a.m. **Our Parish**
Monday 7.00.p.m. **Margaret & Michael McGinley
& Fiona RIP**
Wed. 11.00. a.m. **Eleonora Baker RIP**
Friday 3.00.p.m. **Edward Robert Gudgeon RIP (F)**

Please Pray For...

Our parishioners and friends, especially those who are long term housebound, those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times.

An Act of Spiritual Communion

"My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen."

We have been advised that there continues to be no access to church halls, kitchens or toilets until further notice.





Check out Pope Francis' daily tweets on Twitter #Friendship is one of life's gifts and a grace from God. Faithful friends, who stand at our side in times of difficulty, are a reflection of the Lord's love, His gentle and consoling presence in our lives. *Pope Francis @Pontifex*



Fr. Philip would be pleased if you can spread the news about telephone masses, particularly to the elderly, sick and housebound you have been in contact with. Offered by the Knights of St. Columba, for the cost of a local call, individuals can listen to a recorded mass from 12.00 midday on Sunday until 11.59 the following Sunday. Tel 01642 130120. The mass tends to be approximately 45 minutes and has proved to work well over the last three months. It may appeal to those who have no internet or Sky access.



Thank you to all of you who have recently contacted the Parish Office to set up new standing orders to support the Parish. It is difficult for us now to manage loose donations, cash handling and banking so this helps us a great deal. If you are a tax payer we could claim *Gift Aid* on your donations too. Please let us know if you would like a *Gift Aid* form and we will be very happy to send one out to you. Thank you for your help. The annual report for the Financial Year 2019/2020 have now been approved by the Diocese and are available on request by contacting the Parish Office. My thanks to Aimee Luxton and Wendy Davis for completing the Financial Return and to the Finance Committee for their continued support.

2020 CCSP Annual Appeal – ‘Stretch out Your Hands’

‘... do good and share what you have, for such sacrifices are pleasing to God.’ Hebrews 13-16

‘This year’s Catholic Children’s Society Annual Appeal, is being launched in a time when great economic hardship has fallen on many families due to the Covid-19 pandemic.

The Society has been responding to a significant increase in the number of families in our Diocese who find themselves in difficulty and who lack essential basic needs. This has meant that the Society’s limited resources available to support such families have been significantly depleted.

So I appeal to your generosity to support the good work of the Catholic Children’s Society (Plymouth) by offering what you can. By doing so, you will enable it to continue offering assistance to those struggling families who are in most need.

May God bless you for responding as generously as you can to this Annual Appeal’

Rt Rev Mark O’Toole
Bishop of Plymouth

Text CCSP16 £5 £10 or £15 to 70070 via your mobile phone Your text will cost you the standard network message rate in addition to your £5 £10 or £15 donation. The CCSP receives 100% of your donation. Thank you for your help.

Vicki Dunstone Fundraiser and Communications officer

Fundraising – but not as we know it! Unfortunately parish finances have been severely affected by the lockdown, hall rental is on hold, and we have not been able to fund raise to boost our income. Our parish has a reputation of being the Diocesan ‘party parish’ and for many years we have gathered as a parish family for numerous events – from Caelids to Ready, Steady, Cook, to Mama Mia etc. etc. etc. Sadly we can’t get together for functions any more but we do still need to raise funds for essential parish running costs. **SO....**

Would you like to join a Virtual Saturday get together with our parish family & friends?

On **Saturday 15 August** on the Vigil of the Assumption of Our Lady, I suggest that we pause at the same time in spirit throughout the day.

Let’s have coffee at 10.30 am



Afternoon tea at 3.00 pm



And raise a toast together at 7.00 pm!

Normally we invite you to contribute £15 per head to our fund raisers and this includes a meal and entertainment – this time you can go ‘A la Carte’ and choose your own menu, make your coffee just as you like it and raise a glass with your favourite tippieand the entertainment options are endless!!



Times are hard but let’s pull together and if you would like to join in please do – if you would like to make a contribution to the fund raising event, please do!

So, if you would like to join the guest list, please email or telephone the office and your name will be added to the list. We will print the guest list in the bulletin there will be a ‘cash prize draw’ for those that are ‘attending’. Fr. Philip will draw a name from the guest list and (assuming we receive enough donations) there will be a prize of £50.00 for the winner.



(Cheques can be made payable to PRC DTR Holy Family Exmouth)

Thank you for your support!!



COVID doesn't determine the numbers for this celebration! The Guest list has limitless space on it..... let us know if you will be joining late comers most welcome!

Fr. Philip will be 'gathering' with;

Our Holy Family Sisters

Fr. Robin & Anne

Anne & Ian Mc.Alpine

Bill & Mary Morrell with Alex, Millie & Harry



Jane, Mike & Elisabeth

Kate & Robbie Sillars

Teresa Walsh

Eric & Philippa Howard

Wendy & Gavin Davis

Rita Field

Jackie & Chris Doak

Anthony & Maureen Barnard

Lucy Malony

John Dawson

Richard & Lesley

Lesley Aston

Eileen & Roy Jenkins

Roni Stevens

Caz & Glenn & family

Richard & Lori Gegg



Lorraine & Derek Richards

Susan & Ian Lacey

Wendy & Nick March

Hugh & Eve Gregg

Sandi & Al Forte

Enid Person

Val & Ron Dobree

Richard & Penny

Jenny Carman

Mary Chaplin

Mimi Barton

Helen & Terry

Mary Nash

Jacky Lee

Anna Wicks

Marguerite Duncan

Una Ames

Roni & Alvar Short

Mary Wakefield

Jacky & Chris Doak

Roger & Mary Lawrence

Marguerite Duncan

Pat Dowie

Carol Mustard

Sue Clarbull



Eileen & Alan Jarwood

Karen & Paul Garraway, Benjamin & Lewis

Carol & Gerry Keay

Siobhan Canham & her numerous ZOOM guests

ADD YOUR NAME HERE.....



And thank you to Roni for.....



'WEARING OUR MASKS'

I can't believe what's going on
What's not to understand?
If we go out and go to the shops
I'm sure that this is very clear

What a blinking carry on
We must have our masks to hand.
Then with our masks we must pop
But what a fuss oh dear oh dear!

Many people seem so confused
All it is that we have to do
Some people they have made their own
Two pieces of cloth 25cm square

It was made very clear on the local news
Is wear our masks both me and you.
As on the TV this was shown
Sewn together with great care

Two pieces of elastic one each side
Sew up the sides with a steady hand
Hey presto- there you have your mask
Then off to the shops we can go

Fold over the cloth the elastic to hide
To make what looks like a very long band.
Completion there to this little task.
Because our masks will be on show.

Into the shops we can enter in
There's a talk show on the BBC live
You can text or email or even ring
"I'm don't want to wear my mask

Hurrah hurrah it's a win win win!!
From one o'clock until five
And chat about all sorts of things
I'm not going to do as I am asked"

Well my dear that's just fine
The shop staff they are doing their best
To carry out this simple task
I know some people they will find

Then you must do your shopping on line.
It's up to me and all the rest
And please just do as we are asked.
Wearing a mask of any kind

Will cause them very great distress
People are getting very grumpy
But if we can all pull together
I'll wear my mask to protect you

And this of course has been addressed.
I know the roads been very bumpy
We will get over this stormy weather
My germs I won't pass on to you

You wear your mask to protect me

This virus here for a few weeks yet

Let's stop this virus spreading how good that would
be
Let us remember, and not forget.

JUST WHEN YOU THOUGHT ALL THE FUN WAS OVER.....

You have another date for your social calendars

- with an invitation from Siobhan...



GET IN THE SPIRIT with the BIG PARISH PARTY

You've done the Parish dinner in your real life "bubbles". Now here's a chance for some virtual bubbles.

A parish-wide ZOOM with up to 300 guests! Email sgcanham@aol.com to get the zoom link.

Come to the BIG PARISH COCKTAIL PARTY

on SUNDAY 16 August at 6 -6.30 pm.

Get creative with those COCKTAILS or MOCKTAILS (no alcohol), and make something that LOOKS AMAZING (since we can't taste it!)

Bring yourselves, bring your kids - Dress in your best or come as you are.

Join us and raise a glass to PARISH SPIRIT

Many thanks to Siobhan for organising this for everyone



We know that many parishioners do not have access to email or to the website so please share the information in this bulletin with them if you can. Thank you