



The Parish of the Holy Family

Holy Ghost Church, Exmouth EX8 2JH

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Registered Charity 213227



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The Parish Priest
The Parish Office Manager
The Deacon
The Sisters of the Holy Family
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Week 18 in Ordinary Time A2 Psalter week 2

Sunday Readings

First Reading Isaiah 55:1-3
Responsorial Psalm Ps. 144(145):8-9,15-18
Second Reading Romans 8:35,37-39
Alleluia, alleluia! *Man does not live on bread alone, but on every word that comes from the mouth of God. Alleluia!*
Gospel *Matthew 14:13-2 The feeding of the five thousand*

It is so good to see many of you returning to mass now and I am very grateful to the teams of stewards who are facilitating this. For those of you who are still nervous we are confident that we are taking every precaution to keep you safe. The church is cleaned and sanitized after every mass and numbers attending range between 15 and 35. At no time have we had to turn parishioners away and entry to the church has been managed very sensitively by our stewards. Clearly the situation is changing all the time so times may be changed again over the coming weeks so please watch this bulletin and let as many people as possible know. Masses will continue to be streamed online from the Cathedral and other churches in the Diocese for those of you unable to join us. Thank you for your support. May God bless you. Fr. Philip

****MASS TIMES THIS WEEK****

Holy Ghost Church Exmouth
Maximum safe number 49

Saturday 5.00.p.m.
Sunday 10.00.a.m. **Our Parish**
Sunday 7.00.p.m. **Herson family intentions**
Monday 7.00.p.m. **Nicholas & Theresa**
Wed. 11.00. a.m. **John Walker RIP**
Friday 3.00.p.m. **My sister, Faith**

Please Pray For...

Our parishioners and friends, especially those who are long term housebound, those who are sick, those undergoing medical procedures and in hospital and those feeling isolated in these challenging times.

An Act of Spiritual Communion

“My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. Amen.”

We have been advised that there continues to be no access to church halls, kitchens or toilets until further notice.



Check out Pope Francis' daily tweets on Twitter 'On the Day of Judgment we will not be judged for our ideas, but for the compassion we have shown to others'

Pope Francis @Pontifex



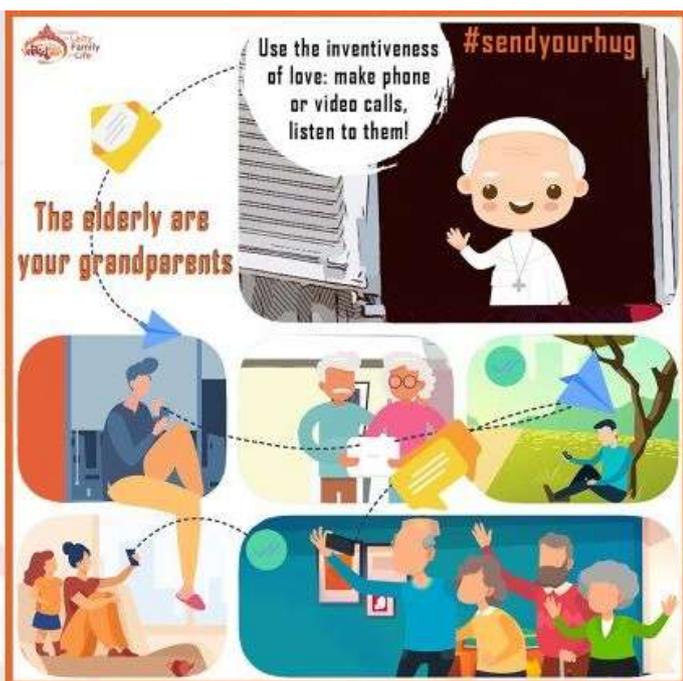
Vatican launches #sendyourhug campaign to support elderly

Pope Francis on Sunday invited young people around the world to perform “gestures of tenderness” toward the elderly, as many are forced into isolation to observe Covid-19 health guidelines.

The Vatican’s Dicastery for Laity, Family, and Life quickly answered that call and launched “The elderly are your grandparents” campaign. In a communiqué released on Monday, the Dicastery invited young people “to do something that shows kindness and affection for older people who may feel lonely.”

“The pandemic has hit the elderly particularly hard and it has disconnected the already weak links between generations,” reads the statement. “However, respecting social distancing rules does not mean accepting a destiny of loneliness and abandonment.”

The Dicastery for Laity, Family, and Life recalled examples of people contacting the elderly by phone and internet, with some even performing serenades to the residents of retirement homes. “Young people,” says the communique, “have been doing this to help alleviate the loneliness being felt by many people who are obliged by the pandemic to stay at home or remain confined in residential care facilities.”



Send a hug ... *Since health regulations remain in place in many areas to protect the elderly, the Dicastery urges young Catholics to send a hug to the older people of their parish or neighborhood who may be experiencing loneliness. They can do so by phone, video call, or by sending an image. “Wherever possible – or whenever the health emergency will allow it – we invite young people to make the embrace even more concrete by visiting elderly in person.”*

Share on social media..... *Young people are encouraged to share their outreach efforts on social media by including [#sendyourhug](#) in the*

post. The best posts will be shared on the social media accounts of the Dicastery for Laity, Family and Life [@laityfamilylife](#). By Devin Watkins



Fr. Philip would be pleased if you can spread the news about telephone masses, particularly to the elderly, sick and housebound you have been in contact with. Offered by the Knights of St. Columba, for the cost of a local call, individuals can listen to a recorded mass from 12.00 midday on Sunday until 11.59 the following Sunday. Tel 01642 130120. The mass tends to be approximately 45 minutes and has proved to work well over the last three months. It may appeal to those who have no internet or Sky access.



Thank you to all of you who have recently contacted the Parish Office to set up new standing orders to support the Parish. It is difficult for us now to manage loose donations, cash handling and banking so this helps us a great deal. If you are a tax payer we could claim *Gift Aid* on your donations too. Please let us know if you would like a *Gift Aid* form and we will be very happy to send one out to you. Thank you for your help.

2020 CCSP Annual Appeal – ‘Stretch out Your Hands’

‘... do good and share what you have, for such sacrifices are pleasing to God.’ Hebrews 13-16

‘This year’s Catholic Children’s Society Annual Appeal, is being launched in a time when great economic hardship has fallen on many families due to the Covid-19 pandemic.

The Society has been responding to a significant increase in the number of families in our Diocese who find themselves in difficulty and who lack essential basic needs. This has meant that the Society’s limited resources available to support such families have been significantly depleted.

So I appeal to your generosity to support the good work of the Catholic Children’s Society (Plymouth) by offering what you can. By doing so, you will enable it to continue offering assistance to those struggling families who are in most need.

May God bless you for responding as generously as you can to this Annual Appeal’

Rt Rev Mark O’Toole
Bishop of Plymouth

Text CCSP16 £5 £10 or £15 to 70070 via your mobile phone Your text will cost you the standard network message rate in addition to your £5 £10 or £15 donation. The CCSP receives 100% of your donation. Thank you for your help.

Vicki Dunstone Fundraiser and Communications officer

Fundraising – but not as we know it! Unfortunately parish finances have been severely affected by the lockdown, hall rental is on hold, and we have not been able to fund raise to boost our income. Our parish has a reputation of being the Diocesan ‘party parish’ and for many years we have gathered as a parish family for numerous events – from Caelids to Ready, Steady, Cook, to Mama Mia etc. etc. etc. Sadly we can’t get together for functions any more but we do still need to raise funds for essential parish running costs. **SO....**

Would you like to join a Virtual Saturday get together with our parish family & friends?

On **Saturday 15 August** on the Vigil of the Assumption of Our Lady, I suggest that we pause at the same time in spirit throughout the day.

Let’s have coffee at 10.30 am



Afternoon tea at 3.00 pm



And raise a toast together at 7.00 pm!

Normally we invite you to contribute £15 per head to our fund raisers and this includes a meal and entertainment – this time you can go ‘A la Carte’ and choose your own menu, make your coffee just as you like it and raise a glass with your favourite tippieand the entertainment options are endless!!



Times are hard but let’s pull together and if you would like to join in please do – if you would like to make a contribution to the fund raising event, please do!



So, if you would like to join the guest list, please email or telephone the office and your name will be added to the list. We will print the guest list in the bulletin there will be a ‘cash prize draw’ for those that are ‘attending’. Fr. Philip will draw a name from the guest list and (assuming we receive enough donations) there will be a prize of £50.00 for the winner.

(Cheques can be made payable to PRC DTR Holy Family Exmouth)

Thank you for your support!!



COVID doesn't determine the numbers for this celebration! The Guest list has limitless space on it.... let us know if you will be joining late comers most welcome!

Fr. Philip will be 'gathering' with;

Our Holy Family Sisters

Fr. Robin & Anne

Anne & Ian Mc.Alpine

Bill & Mary Morrell with Alex, Millie & Harry



Jane, Mike & Elisabeth

Kate & Robbie Sillars

Teresa Walsh

Eric & Philippa Howard

Wendy & Gavin Davis

Rita Field

Jackie & Chris Doak

Anthony & Maureen Barnard



Lucy Malony

John Dawson

Richard & Lesley

Lesley Aston

Eileen & Roy Jenkins

Roni Stevens

Caz & Glenn & family

Richard & Lori Gegg

ADD YOUR NAME HERE.....

We know that many parishioners are do not have access to email or to the website so please share the information in this bulletin with them if you can. Thank you



Jacky Howle has send us a prayer from Walsingham which may be helpful to those who are unable to come to mass at the moment. Please share it with those who do not have access to emails.

'Oh holy angel at my side, go to church for me. Kneel in my place, at Holy Mass, where I desire to be.

At offertory, in my stead, take all I am and own, and place it as a sacrifice upon the altar throne.

At holy consecration's bell, adore with Seraph's love, my Jesus hidden in the host, come down from heaven above.

Then pray for those I dearly love, and those who cause me grief, that Jesus' Blood may cleanse all hearts and suffering souls relieve.

And when the priest Communion takes, O bring my Lord to me, that his sweet Heart may rest on mine, and I his temple be.

Pray that this sacrifice divine, may mankind's sins efface; then bring me Jesus' blessing home, the pledge of every grace. Amen.'

And finally

- Thank you to Richard Stranack for this week's health & safety warning!!!

