



## **Larder report : December 2019**

**The election gives us a clear government - a target for some assertive lobbying!!**

**The real issues remain; a Benefit System in a muddle; Mental Health needing serious improvement; Social Care in crisis. Our politicians and their bureaucrats need to address the mundane issues that affect too many!!**

**Fortunately, the generosity of the Exmouth area community is not changed; The Exmouth Community Larder has supplies and reserves to support the greatly increased demand; we note with pleasure that support workers in EDDC, the CAB and many others remain positive, helping people who are homeless and disadvantaged.**

**So .... THANK YOU !!!!**

**Those seeking help in The Larder do not care about plastic or global warming - and those subjects already have some very awkward statistics - the carbon footprint of thousands of composted Christmas trees is a start! After wars we talk of turning swords into ploughshares - now we should think of trading cars for bicycles; plastic toys for wooden ones! Also, how about chatting with our neighbours instead of using the internet - even the social connection of shopping has become computerised!**

**So .... HAPPY NEW YEAR .... may we all pull back from the brink of individual convenience to rejoin the sense of community and belonging which is so brilliantly shown in support for The Community Larder, but so missing in how we are allowing computers and technology to take over our humanity, with all its faults.**

**People run into a "food emergency" because of some "underlying crisis". The root problem may be an unexpected event, a feeling of isolation leading to bad decisions, ill health including mental health - we hear many instance of Post Traumatic Stress, very often from people stressed while working to help others in emergencies or the NHS.**

**Our newly elected Parliament needs to pay attention to what goes on at the roots of society - to connect with people who are DIS-organised for whatever reason. We need to create a connection between the "organised" parts of our society (which try to govern us) with the real hurly-burly, in which we all experience troubles at some time. Money is a lubricant, but it needs proper thought as to how things really work.**

**After 12th December, we have a fresh face in East Devon, Simon Jupp MP, just waiting to be lobbied about Welfare, Mental Health and Social Services, so as to give support for people who need The Exmouth Community Larder, and the many people of East Devon who are already helping!!! He may seek our vote again one day.....**

*Exmouth Community Larder  
www.exmouthlarder.co.uk, early December 2019*